

Resource List by Region

Contact Nida Mirza, PsyD ([DoSAA](#) Co-Chair) to add any resources or to submit changes: dr.nida.mirza@gmail.com

West Coast:

- Narika (SF Bay Area): <https://www.narika.org>
- Maitri (SF Bay Area): <https://maitri.org/>
- North American Islamic Shelter for the Abused (NISA): <https://asknisa.org/>
- SAHARA (Southern California): <https://saharacares.org/>
- South Asian Women's Empowerment & Resource Alliance (SAWERA): <https://www.dvrc-or.org/wp-content/uploads/2017/12/SAWERA-Tear-Off-English-June-2016.pdf>
- API Chaya (Washington): <https://www.apichaya.org/>
- South Asian Network (SoCal): <https://southasiannetwork.org/>

Midwest:

- Asha-Ray of Hope (Ohio): <http://asharayofhope.org/>
- Apna Ghar (Chicago): <https://www.apnaghar.org/>

Northeast:

- Saheli (Boston): <https://saheliboston.org/>
- Manavi (New Jersey): <http://www.manavi.org/>
- Saathi (Rochester): <https://www.saathiofrochester.org/>
- Ashiyanaa (Maryland): <https://ashiyanaa.org/>
- Sneha (Connecticut): <https://sneha.org/>
- Asian Task Force Against Domestic Violence (Massachusetts): www.atask.org
- Sakhi for South Asian Women (New York): <https://www.sakhi.org/>
- Service and Education for Women Against Abuse (SEWAA): <http://www.sewaa1.net/>

South:

- Kiran (North Carolina): <http://www.kiraninc.org/>
- Asian Family Support Services of Austin (AFSSA): <https://www.afssaustin.org/>
- Daya (Houston): <http://www.dayahouston.org>
- Asians Against Domestic Abuse (Houston): <https://www.aadainc.org/>
- Raksha, Inc. (Georgia): <http://www.raksha.org>
- Chetna (Dallas-Fort Worth): <https://chetna-dfw.org/>
- Arizona South Asians For Safe Families (ASAFSF): <https://asafsf.org>