

Stephen C. Rose Scholarship – Jean Abigail Saavedra

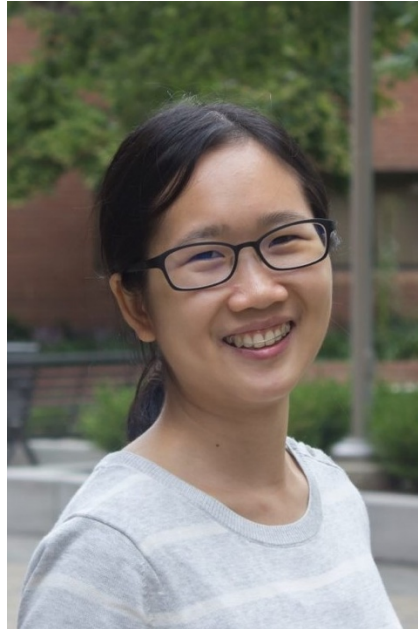
Project: “The Psychological Impacts of Ethnic Studies Courses on Asian American College Students”



Jean Abigail (Abby) Saavedra (she/her) is a second-year Ph.D. student in the Family and Human Development program at Arizona State University. She uses mixed methods to research the psychological impacts of diversity and ethnic studies education, particularly in relation to critical consciousness development, activism, racial identity, and mental health. Abby’s scholarly praxis is rooted in her identity as a Filipina American daughter of immigrants, her 11 years of experience in student and community organizing with Filipinx American communities and students of color, her academic background in Clinical Psychology, and her commitment to integrating Asian American Studies and Liberation Psychology. She envisions and seeks to contribute to a world where community care is prioritized and youth of color readily gain the tools and social support to fiercely celebrate themselves and resist the oppressive systems that attempt to diminish their worth. Abby previously earned her M.S. in Clinical Psychology at the California State University, Fullerton, and her B.S. in Human Development and Psychology (Biology emphasis) at the University of California, Davis.

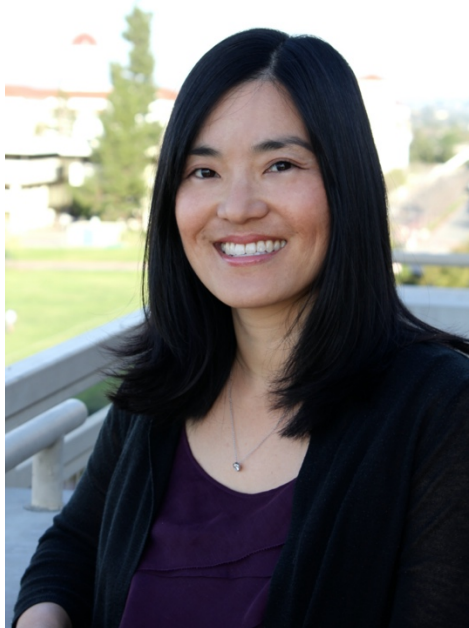
**Dissertation Research Grant –
Xiaoli Zong**

Dissertation Title: "Experiences of racial discrimination and Chinese American children's adjustment: The roles of parenting, ethnic-racial identity and acculturation".



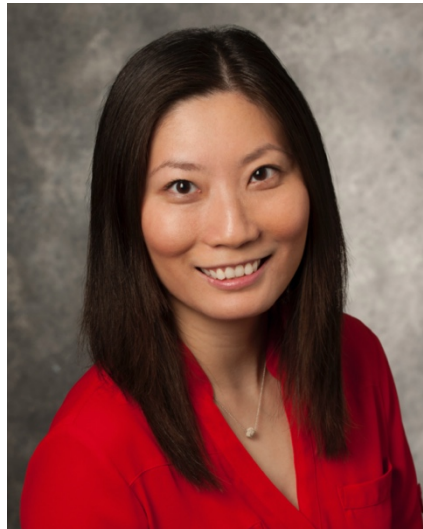
Xiaoli Zong is a doctoral student in the Applied Developmental Psychology program at the University of Maryland, Baltimore County. She received both her Bachelor's degree in Psychology and Master's degree in Developmental and Educational Psychology from Beijing Normal University, China. She is interested in how cultural and contextual factors interact with individual factors to impact the adjustment of Chinese immigrant families, especially their parenting practices and children and adolescents' socio-emotional development.

Early Career Contributions to Service – Koko Nishi, Ph.D.



Koko Nishi, Psy.D (she/her/hers) is a licensed, tenured clinical psychologist in her sixth year at SDSU's Counseling & Psychological Services. Her clinical work focuses on issues related to multiculturalism and social justice, racial/ethnic identity development, Asian/Asian American mental health, as well anxiety disorders, depression, trauma and women's issues. In 2016, Koko co-founded (along with fellow SDSU alumna Kathy Nguyen) the (AAPI)phany workshop series, a program that focuses on the intersection of Asian American identity and mental health. She also has specialized experience in working with first-generation students and former foster youth through the Guardian Scholars program and co-facilitates the Womxn of Color Empowerment group at SDSU. Koko is a proud member of the 2017-2019 AAPA Leadership Fellows program/family and is passionate about creating programs that continue to raise awareness and promote resources to help reduce mental health stigma, particularly within underserved and historically marginalized populations.

Early Career Contributions to Research – Priscilla Lui, Ph.D.



Dr. Priscilla Lui is an Assistant Professor in the Department of Psychology at Southern Methodist University. She received her Ph.D. in Clinical Psychology from Purdue University. Her research focuses on ethnic minority mental health and health disparities. She is interested in how people from diverse sociocultural backgrounds make sense of the world, and how their lived experiences associated with culture, ethnicity, and race affect their psychopathology symptoms and addictive behaviors. Dr. Lui has published 50 peer-reviewed journal articles and book chapters/encyclopedias. Her research has appeared in top mainstream and specialty journal outlets in psychology, including *Psychological Bulletin*, *Assessment*, *Journal of Counseling Psychology*, *Psychology of Addictive Behaviors*, *Cultural Diversity and Ethnic Minority Psychology*, and *Asian American Journal of Psychology*. Dr. Lui has received several national awards for her research contributions to the discipline, including a Rising Star designation from the Association for Psychological Science. She has served as a consulting editor for *Asian American Journal of Psychology* and provided other professional service to the Asian American Psychological Association.

Distinguished Contributions to Leadership/Service – Nita Tewari, Ph.D.



Dr. Nita Tewari is a Commissioner for the Orange County Behavioral Health Advisory Board, Board Member at the University of California Irvine (UCI) School of BioSci Dean's Leadership Circle and Inaugural Board Member for UCI's Black Thriving Initiative. As a former Staff Psychologist in the UCI Counseling Center and lecturer in Social Sciences and Asian American Studies, Dr. Tewari has been attending AAPA, presenting and providing services to diverse populations since 1993 and has published chapters on Indian American, South Asian and Asian American mental health, including co-editing *Asian American Psychology: Current Perspectives* (2009) and *Counseling South Asian Americans (In Progress)*. She served as the Co-Chair for Asian American Psychological Association (AAPA) Division on Women (DoW), Chaired Southern California Regional AAPA Conferences, Co-Founded the South Asian Psychological Networking Association (SAPNA) and AAPA's first ethnic division, the Division on South Asian Americans (DoSAA) as AAPA Vice President in 2008. More recently, Dr. Tewari Founded the Psychology SPACE Lab investigating the impact of screen time on mental health and has a consulting practice focused on students and young professionals of color invested in leadership, career planning and impression management.

Distinguished Contributions to Research – Meifen Wei, Ph.D.



Meifen Wei is currently a Professor in the Department of Psychology at Iowa State University (ISU). She received her doctoral degree in Counseling Psychology from the University of Missouri-Columbia. She worked as a psychologist at the University of Texas-Austin for 2 years before joining ISU. She holds her psychologist licenses in the states of Texas and Iowa.

To date, Dr. Wei published 82 peer-reviewed empirical articles and over 130 professional conference presentations. Over half of them (44 articles) are related to Asian/Asian Americans. Dr. Wei developed several new scale (e.g., Coping with Discrimination Scale, Language Discrimination Scale, Concerns about Seeing a Minority Scale, etc.) to move research forward or create a new research line. She advanced the literature to have a more sophisticated understanding about how Asians cope with stress related to being Asians in the US. Dr. Wei also advanced the emotion regulation literature by adding cultural context and extending the literature to group counseling interventions for Taiwanese children and adolescents. Additionally, she has served on students' thesis/dissertation committees for over 100 students. She served as the Associate Editor and International Forum Editor of The Counseling Psychologist (APA Division 17 Journal). The Journal of Counseling Psychology (JCP) is the premier publication outlet in her field of counseling psychology. Dr. Wei was the most frequently published author in JCP over an eleven-year span (1999-2010; Buboltz, Deemer, & Hoffman, 2010). Eleven years later, Dr. Wei is the second most published author in JCP in the past 22-year span (1999-2021; Web of Science). Dr. Wei received 4 awards from her university for research productivity and excellence on the early-career, mid-career, and senior-career levels. In addition, Dr. Wei is a Fellow of the American Psychological Association (APA) and received 3 prestigious national early career awards from APA Division 17, APA Division 45, and the Asian American Psychological Association.

