

Asian American Psychological Association 2010 Annual Convention



*“Expanding Our Horizons:
The Next Decade in AAPI Psychology”*

**August 11, 2010
University of San Diego
Joan B. Kroc Institute for Peace & Justice
San Diego, California**

*Co-Sponsored by The University Of San Diego Department of Psychological
Studies*

**Conference Co-Chairs:
Anneliese A. Singh & Richelle Concepcion**

*Program Co-Chairs:
Richard Q. Shin & Yuying Tsong*

Welcome to San Diego and to the 2010 AAPA Convention!

We are so pleased you have joined us. Thanks to the efforts of a great AAPA 2010 Convention Planning Committee, we have created a stellar convention program exploring how we can best focus AAPI psychology's efforts over the next decade. The Joan B. Kroc Institute for Peace & Justice provides a beautiful backdrop for our convention, and we hope you each are reminded of the legacy of world leaders and advocates who have met in this very place before us.

In celebration of our convention theme, *"Expanding Our Horizons: AAPI Psychology in the Next Decade"*, we are excited to present a variety of special offerings. Our day begins with talks by three keynote panelists – *Cecilia Chung, Yen Le Espiritu, and Huma Ahmed-Ghosh* – who will each inspire us to consider our individual and collective roles as AAPI students, professionals, practitioners, researchers, community organizers, and advocates as we work in the next decade for social change and justice within and outside of our communities.

Then, you will have the opportunity to attend conference sessions addressing a range of topics, from how cutting-edge research, practice, and advocacy approaches with AAPI individuals and communities may help inspire your own vision of your role as an AAPI helping professional over the next decade. We have also organized networking opportunities throughout the day, including lunch meetings and a mentor-mentee reception (and Jeopardy game!) at the end of the day. The Joan B. Kroc Institute is a wonderful setting for all of our activities. Throughout the day, if you would like to center yourself or find a quiet place to talk, sit near the reflection pool at the "Garden of the Sea" in the back of the institute – or just grab some fresh air in the "Garden of the Sky" Front Plaza.

Our annual awards banquet will be held this year at the *Banquet Room in the Horton Grand Hotel (311 Island Avenue)*. We will honor Dr. Stanley Sue and Dr. David T. Takeuchi for their significant contributions to AAPI psychology over the past three decades, in addition to honoring our AAPA Fellows and Awardees. We will also be celebrating our banquet with a South Asian themed-dinner complete with delicious food followed by South Asian bhangra dancing (with special dance lessons from the Division on South Asian American leaders!) to a mix of traditional and modern Indian music with modern pop and hip hop.

We have an extensive "thank you" list on the next page, and we would like to extend a special recognition to our AAPA Executive Board Convention Contact and Vice-President, Sumie Okazaki, and Gordy N. Hall, AAPA President, for their efforts in supporting this convention. Thanks Sumie and Gordy for your support and vision!

Again, we truly hope that you enjoy these events and find many opportunities to reconnect with old friends and make new connections. May the experiences you have and connections you make sustain you in your work over the next decade!

*Anneliese A. Singh and Richelle Concepcion
AAPA 2010 Convention Co-Chairs*

2010 AAPA Convention Committee

Convention Co-Chairs:	<i>Anneliese A. Singh & Richelle Concepcion</i>
Program Co-Chairs:	<i>Richard Q. Shin & Yuying Tsong</i>
Session Co-Chairs:	<i>Anjuli Amin & Miki Lasher</i>
Poster Co-Chairs:	<i>Kimberly Langrehr & Yung Chi-Chen</i>
Banquet Co-Chairs:	<i>Jacki Mac & Minji Yang</i>
Volunteer Co-Chairs:	<i>Nellie Tran & Anju Kaduvettoor</i>
Book Sale Co-Chairs:	<i>Cathy Lee & Ivan Wu</i>
Mentor-Mentee Co-Chairs:	<i>Stephanie Pituc & Nicole Rider</i>
Registration Chairs:	<i>Agnes Kwong & Sheetal Shah</i>
Vice-President:	<i>Sumie Okazaki</i>
Awards Committee:	<i>Karen L. Suyemoto (Chair), Asuncion M. Austria Wei-Chin Hwang, Donna Nagata & Meifen Wei</i>

AAPA 2010 Convention Program Reviewers:

Anjuli Amin, Jocelyn Buhain, Nadine Chang, Edward Chang, Yung-Chi Chen, Simon Chung, Richelle Concepcion, Diane Hayashino, Que-Lam Huynh, Chu Kim, Grace Kim, Selena Kohel, Christine Kwan, Kimberly Langrehr, Mikaru Lasher, Stephanie Lee, Ya-Shu Liang, Kelly Yu-Hsin Liao, Zeb Lim, Phylice Ban Hong Lim, Stephen Wei-yang Loke, Susana Lowe, Fernand Lubuguin, Winnie Pei-Wen Ma, Jeffery Mio, Hannah Nguyen, Eliza Noh, Frances Shen, Richard Shih, Anneliese . Singh, Pei-Chun Tsai, William Tsai, Yuying Tsong, Meifen Wei, Tsui-Feng Wu, Xin Yuen

AAPA 2010 Convention Poster Session Judges:

Jocelyn Buhain, Michi Fu, Grace Kim, Mikaru Lasher, Richard Lee, Mathew Miller, Kevin Nadal, Neha Navasaria, Nita Tewari

AAPA 2010 Convention Volunteers:

TBA

Special Thanks to the following publishers and individuals for donations to the Book Drive to support student travel awards:

ABC CLIO Publishing, Champion Press, Harper Collins, Hey Day Books, HUP Publicity, Indiana University Press, Information Age Publishing, Intervarsity Press, NASW Press, NYU Press, Pamela Hays, Ph.D., Paradigm Publishers, Pearson Columbus, Prentice Hall, Stylus Publishing, Taylor and Francis, Teacher's College Press, Temple University Press, University of Minnesota Press, University Press of New England, Wiley Publishing, Wiley, Wiley (New Jersey), and Wiley & Sons.

Special Thanks to Louis Capella (Director of Operations and Events, Joan B, Kroc Peace & Justice Institute), Jeffery Middlebrook (USD Banquets and Catering) and Lindsay Sudul (USD Hospitality Services) for their wonderful support and help in preparing for this year's conference. Louis, Jeffery and Lindsay have been a tremendous resource and key to successful conference planning – thank you so much!

Special Thanks to Michael Ichiyama for his assistance with acquiring our convention site.

Thank you also to local AAPA Division on Women (DoW) members Yosh & Marleen Kawahara, Marichu Magana, Jeffery Mio, Mary Ann Takemoto and Jaye Van Kirk who were instrumental “taste testers” in selecting a caterer for this year's banquet.

About the Joan B. Kroc Institute for Peace and Justice – Mission and History

Through education, research and peacemaking activities, the Joan B. Kroc Institute for Peace & Justice (IPJ) offers programs that advance scholarship and practice in conflict resolution and human rights. The Institute for Peace & Justice at the University of San Diego draws upon Catholic social teaching that sees peace as inseparable from justice and acts to prevent and resolve conflicts that threaten local, national and international peace.

The Joan B. Kroc Institute for Peace & Justice (IPJ) at the University of San Diego was founded in 2000 with a generous gift from San Diego philanthropist Joan B. Kroc, who stipulated that the Institute not only "talk about peace, but make peace." Beginning with a Dedicatory Conference in 2001, which was attended by former Presidents Jimmy Carter of the United States and Oscar Arias Sanchez of Costa Rica, along with many other peacebuilders and representatives from four conflict-affected states, the IPJ has worked to bring together the powerful and the marginalized to build strong peacebuilding coalitions.

Founding Executive Director Joyce Neu, Ph.D., came to the IPJ from The Carter Center, where she assisted Jimmy Carter in peace negotiations around the world. When she left the IPJ in 2008 to join a United Nations negotiating task force, the IPJ had grown to 9 staff members supported by many other university departments, was working on four continents, had been recognized as an NGO with Special Consultative Status with the Economic and Social Council of the United Nations, and offered over 40 events per year, including conferences serving large international delegations as well as local audiences.

In 2007, the IPJ became part of the newly-established Joan B. Kroc School of Peace Studies, which was made possible by a gift from Mrs. Kroc's estate which was the largest gift in University of San Diego history. The School offers a Master's Program in Peace and Justice Studies and also encompasses the Trans-Border Institute, which was founded in 1994 and focuses on Mexico-U.S. border issues.

The Joan B. Kroc Institute for Peace & Justice is housed in a 90,000 square foot building that was completed in December 2001. It includes an auditorium for 280-person conference space, a boardroom, classrooms, break-out rooms, a production studio, faculty offices and state-of-the-art technology. The "Casa de la Paz," a residence that is located next to the Institute, houses visiting scholars, speakers and dignitaries.

We are excited to be holding our 2010 AAPA convention at the Joan B. Kroc Institute for Peace and Justice at the University of San Diego! This special setting is not only beautiful, but has also been the backdrop for many meetings with world leaders on peace and justice who have aimed to make the world a better place. We hope you consider how this legacy may inspire your own leadership in AAPI psychology over the next decade as you participate in the 2010 AAPA Convention activities.

Convention Housekeeping Details

Connecting to the Internet:

Complimentary wireless access is available for the AAPA Conference.

1. Connect to the wireless network “usdguest”
2. Open any browser to connect to the Internet
3. Click on the link “Need to create an account click here!” on the right side of the page
4. Select a user name
5. Select payment type: “Promotional Code”
6. Enter kspsother875635, Click “next”
7. Complete the form with your full name, password, and e-mail address
8. Click “Complete Registration”
9. View confirmation of account information
10. Click “Proceed to Login Page”
11. Enter the user name and password you created and click “login”

USD Campus Shuttle & Disability Access

AAPA will provide a complimentary shuttle from the San Diego’s Metropolitan Transit System (MTS) Old Town Transit Center stop to the University of San Diego’s Joan B. Kroc Institute for Peace & Justice between the hours of 6:45 a.m. and 10:15 a.m.

Ride the MTS trolley to the Old Town Transit Center stop, then board the University of San Diego Shuttle.

First pick-up at Old Town 6:45 am. Last Pick-up at Old Town 10:15am.

Note: There is no return ride from USD to the Transit stop after the conference. The distance is 1.7 miles or a 15-20 minute walk.

For trolley schedules and information visit: www.sdcommute.com

Parking

Enter the University of San Diego campus from the west entrance off Linda Vista Road. Stop at the security kiosk and obtain a parking permit. Proceed up the hill. The garage entrance is on the right just before the top of the hill. **You must display a parking permit and park in white lined spaces ONLY or you may be fined/towed.**

For directions and a map of the campus visit: <http://www.sandiego.edu/peacestudies/venue/directions.php>

Convention Housekeeping Details (cont.)

Food throughout the Day and On-Campus Dining

AAPA will provide a continental breakfast and afternoon snack break at the convention venue, Joan B. Kroc Institute for Peace & Justice. For those who have ordered a boxed lunch in advance, bring your lunch ticket to the *Garden of the Sky Plaza* to pick up your lunch.

For those who have not ordered a boxed lunch in advance, the following dining options are available on the USD campus:

La Paloma Coffee Cart at the Institute for Peace & Justice.

Hours: 8:00 am - 2:00 pm.

Features coffee, tea, espresso drinks, juices, soda, muffins, yogurt, snack bars and pre-made sandwiches.

Pavilion Dining at the Student Life Pavilion

Hours: 7:00 - 9:00 am, 11:00 am - 2:00 pm and 5:00 - 8:00 pm

Features a variety of unique dining concepts that fuse distinct ingredients to create delicious menus every day.

La Gran Terraza Restaurant at the University Center

Hours: 11:30 am - 2:00 pm and 5:00 - 9:00 pm

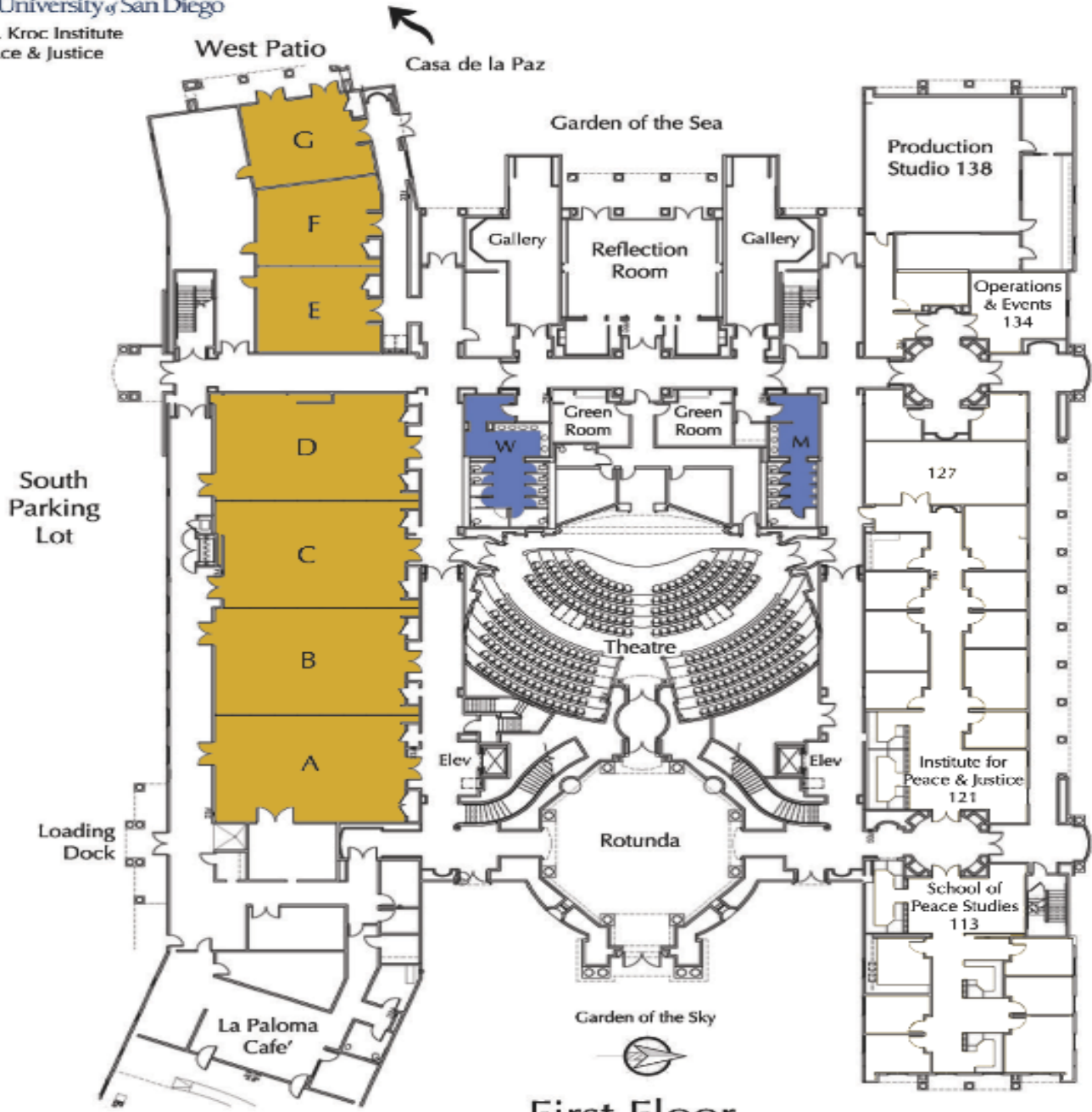
USD's new fine dining restaurant features California bistro cuisine and an extensive wine list.

More information including maps, are available at:
<http://www.sandiego.edu/dining/campusdining.php>

Map of the University of San Diego

Joan B. Kroc Institute for Peace & Justice





First Floor

Operations & Events Office
619.260.7808
ipjopers@sandiego.edu

2010 AAPA Convention Breakout Session Schedule - “At a Glance”

We are proud to present a extensive variety of programming on the future directions of AAPI psychology over the next decade. To assist you in selecting amongst the high quality programs, we have structured this year’s program according “tracks”, which organize convention programming around a particular theme. Please feel free to attend any session within any track throughout the day!

Programming Tracks	Session 1 11:00 a.m. – 12:00 p.m.	Session 2 1:30 p.m. – 2:30 p.m.	Session 3 2:45 p.m. – 3:45 p.m.
Track 1 Student-Focus	Building communities for Asian International Students (AIS): The process of creating effective university campus outreaches	Asian American/ Pacific Islander Student Advocacy within the Graduate Institution: Overcoming Barriers and Mobilizing Change	DoS Sponsored Advocating for Asian American/Pacific Islander Concerns at Predominantly White Universities
Track 2 International	A phenomenological look at the experiences of Filipina correspondence or Internet brides	Exploration of the Benefits of Integrating Traditional Chinese Medicine with Western Psychotherapy	Development of Bicultural Clinical Psychology Curricula in Hong Kong and Japan
Track 3 Leadership, Research & Outreach	DoW-Sponsored AAPI Women Psychologists in the Next Decade: Identity, Mentoring, and Networking	Clinical Application Dissertations: Future formats for providing specialized treatments to underserved populations	DoSAA-Sponsored Creative and Culturally Responsive Outreach with South Asian American Populations
Track 4 Supervision and Training	The Future in the Field: Effective Techniques and Programs in the Clinical Training of API serving clinicians	Adopting Asian American Psychology in High-Impact Classroom Activities	API Diversity Challenges in Supervision and Training: Dry Style or Wet Style?
Track 5 Special Groups	Stigma and Community Intervention for Chinese Immigrants in New York City	Gifted Asian Americans and Pacific Islanders: The Past, the Present, the Future	The Contexts of Racial/Ethnic Discrimination Among Asian American and Pacific Islander Youth: Family, Peers, and School
Track 6 Multiculturalism & Social Justice	Building a Social Justice Community – Expanding and actualizing AAPI psychology	Moving Towards Innovative Multicultural Training, Practice, and Scholarship	Microaggressions Research: Envisioning a Future of Expansion, Collaboration, and Innovation
Track 7 Clinical Issues and Research	Suicide Prevention in Asian American Communities: New Directions in Research and Practice	Gambling among Asian Americans	Post-Partum Depression Among Asian and Asian American Women: Cultural Considerations and Treatment
Track 8 AAPA-sponsored	AAPA-Sponsored Fellows Presentation <i>AAPA Leadership: Reflecting on the Past and Looking Towards the Future</i>	AAPA-Sponsored <i>Look Again Film Screening with Filmmaker Jennifer Lin</i> <i>Queer and immigration focus</i>	AAPA Dissertation Awardees <ul style="list-style-type: none"> ◦ <i>Young Adult Children of Filipino Immigrants</i> ◦ <i>Psychological processes behind the ethnic match effect</i> ◦ <i>Dating Violence among South Asian and White Males</i> ◦ <i>Public Stigma towards Mental Illness among South Asians in the US and India</i>

AAPA: Asian American Psychological Association
DoS: Division on Students

DoSAA: Division on South Asian Americans
DoW: Division on Women

2010 AAPA Convention Schedule

Registration: Starting 7:00 am, Rotunda
Early Bird Meet & Greet Breakfast, 7:30 am, "Garden of the Sky" Front Plaza

Start your conference day out with good food and good company! Come mingle with current and past leaders of AAPA in a relaxed environment. The AAPA breakfast is an excellent networking opportunity for students and early career professionals. Come meet and greet to discuss your academic and career goals.

Book Drive for Student Scholarships: 8:00 am - 5:15 pm
Rotunda

Get the latest books related to Asian American/Pacific Islanders, multicultural psychology, and social justice and support our student travel scholarships! Expanded book offerings this year include children's books, fiction titles, journals, and other professional resources. *All proceeds benefit the Student Travel Fund* – so buy a book for yourself and others!

Posters on display: 8:00 am - 5:15 pm
"Garden of the Sky" Front Plaza

Although the formal poster session and opportunity to speak with the presenters is from 4:00 - 5:00 pm, the posters themselves will be on display all day in the plaza at the front of the John B. Kroc Institute for Peace and Justice. Take a moment to walk outdoors, get some fresh air, and check out the poster presentations.

Welcome and Announcements: 8:45 am - 9:10 am
Keynote Panel: 9:15 am - 10:45 am
Auditorium

"Expanding Our Horizons: The Next Decade in AAPI Psychology"

We are pleased to bring together a multidisciplinary panel of speakers who will discuss their personal and professional efforts with diverse AAPI families and communities. Panelists Cecilia Chung, Yen Le Espiritu, and Huma Ahmed-Ghosh will offer various perspectives and approaches to issues important for AAPI psychology to address over the next decade based on their professional and personal experiences. The Keynote Panel will be moderated by current AAPA President, Gordy Hall:

- **Cecilia Chung**, Cecilia attended City College of San Francisco and was later transferred to Golden Gate University in 1987 where she pursued her undergraduate studies in International Management. Cecilia was amongst the transgender advocates who sat on the Transgender Discrimination Task Force in 1994 when the Human Rights Commission wrote the report on transgender discrimination. She has served on the Board of Directors and Executive Committee of San Francisco Lesbian Gay Bisexual Transgender Pride Celebration. In 2001, Cecilia became the first Asian and first transgender woman elected as President of the Board and led the organization to a new standard of inclusion and

excellence. Cecilia has served on the Board of Directors of Asian and Pacific Islander Wellness Center where she once received direct services. Cecilia was one of the founders and producers of the annual Trans March. Cecilia was first appointed to the Commission by Mayor Gavin Newsom in September 2004, and reappointed in December 2006. She was elected Vice Chair by the Commission in September 2006 and was elected Chair subsequently in October 2008.

- **Yen Le Espiritu**, Yen Le Espiritu received her PhD in Sociology from the University of California, Los Angeles in 1990. She is currently Professor of Ethnic Studies at the University of California, San Diego. Her latest book, *Home Bound: Filipino American Lives Across Cultures, Communities, and Countries* (UC Press, 2003), received two national book awards. Her current research projects explore public and private “rememoration” of the Vietnam War and Vietnamese and Vietnamese American transnational lives.
- **Huma Ahmed-Ghosh**, Huma Ahmed-Ghosh is a Professor in the department of Women's Studies at San Diego State University. Her research focuses on women in Afghanistan, Muslim immigrant women to the USA, and Islam and feminism. Ahmed-Ghosh travels frequently to Afghanistan where she is looking at how Afghan women-run non-government organizations strategize women's rights within an Islamic state. She has published extensively on her research on Muslim women's issues and on women in Afghanistan. Ahmed-Ghosh has also published articles on gendered ageing in India, widowhood, domestic violence and women's representations in beauty pageants in India.
- **Gordy N. Hall**, Gordon C. Nagayama Hall is Professor of Psychology at the University of Oregon. His research interests are in the cultural contexts of psychopathology. Dr. Hall is a co-investigator in the National Institute of Mental Health Asian American Center on Disparities Research and is studying cultural moderators of psychotherapy effectiveness with Asian Americans. His most recent book is the second edition of *Multicultural Psychology*. He was Editor of *Cultural Diversity and Ethnic Minority Psychology* and is an associate editor of the *Journal of Consulting and Clinical Psychology*. He is a Fellow of the American Psychological Association, the Association for Psychological Science, and the Asian American Psychological Association. Dr. Hall received the Distinguished Contributions Award from the Asian American Psychological Association and the Stanley Sue Award for Distinguished Contributions to Diversity from the American Psychological Association Division of Clinical Psychology. He was President of the American Psychological Association Society for the Psychological Study of Ethnic Minority Issues (Division 45) and is President of the Asian American Psychological Association.

SESSION ONE
11:00 am -12:00 pm

**Rm A Building communities for Asian International Students (AIS):
The process of creating effective university campus outreaches**

Yoko Mori (Lehigh University) & Anju Kaduvettoor (University of Delaware)

Authors of this interactive discussion focus on outreach programs for Asian International Students (AIS) at three different universities. This discussion will reflect the experiences of conducting these outreaches and highlights outreach topics, factors that contributed to the success of the outreaches (e.g., location, food, collaboration), and barriers in providing services for AIS. Authors will facilitate a discussion on how to develop and implement effective services for AIS. Outcomes and future directions will be discussed.

**Rm E A phenomenological look at the experiences of Filipina correspondence
or Internet brides**

Donna Demanarig (Alliant International University–Fresno)

The current phenomenological study examines the experiences of Filipina correspondence or internet brides. The study attempts to extract the essence of this population's experiences as "mail-order brides" through qualitative research and to switch from an outsider's viewpoint to the lens of a Filipina woman. Preliminary results show that the influence of friends and family to find an American husband was one of the main forces that drove some of the participants to become correspondence or internet brides; although, these same friends and family also expressed their concerns for potential abusive mates as they had seen through the media. Additionally, participants have discussed experiencing differences in culture (e.g., food, individualistic vs. collectivistic beliefs and practices). The women also discussed their difficulty transitioning to the lifestyle in the United States such as learning how to drive rather than relying on public transportations and utilizing modern inventions (e.g., kitchen appliances) for greater efficiency in completing chores. The majority of the women reported an overall positive experience with their decisions to become a correspondence or internet bride; however a few reported having a negative experience, which resulted in a separation and divorce.

**Rm B AAPI Women Psychologists in the Next Decade: Identity, Mentoring, and
Networking – DoW-Sponsored**

Catherine Hsieh (University of Missouri), Dhara Thakar (University of Massachusetts–Amherst), Khanh Dinh (University of Massachusetts–Lowell), Diane Hayashino (California State University–Long Beach), Ivy Ho (University of Massachusetts–Lowell), Phi Loan Le (Santa Ana College), Susana Lowe (Argosy University–Hawaii), & Yuying Tsong (Pepperdine University)

As the field of AAPI psychology transitions into the next decade, Asian Pacific American women psychologists and psychologists-in-training are likely to become increasingly prominent contributors to the profession as researchers, educators, and practitioners. In this interactive session, our panelists of graduate students and psychologists at various stages of their career will pose questions and facilitate discussion pertinent to Asian Pacific American feminist identity now and in the future. Participants will have the opportunity to discuss and

share perspectives on how mentoring and networking could support and strengthen the experience of Asian Pacific American female psychologists over the coming years.

Rm F The Future in the Field: Effective Techniques and Programs in the Clinical Training of API serving clinicians

Helen Hsu (Frugé Psychological Associates), Jennifer Lee (Asian Americans for Community Involvement) & Katherine Eng (Richmond Area Multi-Services)

The symposium will present best practice techniques and programs in the training of clinicians to work effectively with Asian American Pacific Islander (API) populations. The presenters are Clinical supervisors and Directors of Training at three distinct Northern California community based clinics primarily serving API clients of all ages, each training a class of clinicians annually. Key areas include: cultural adaptations of evidence based practices (EBP), cultural adaptations of assessment measures, the impact of identity issues, API history, and intra-group transference/counter-transference, clinical training methods, tools, and techniques used in community based organizations serving API communities.

Rm G Stigma and Community Intervention for Chinese Immigrants in New York City

Grace Lai (New York University), Szuyeh Chen (Columbia University), Eve Chang (Columbia University), Lawrence Yang (Columbia University) & Graciete Lo (Fordham University)

Stigma of mental illness is particularly severe among the Chinese-American group due to deep cultural and historical factors that interfere with access to services and recovery. To address these harmful effects, we present a stigma intervention created specifically for Chinese immigrant relatives of patients with psychotic disorders. This symposium will be presented in three parts to describe the cultural context, research, and development of this intervention. In the first presentation, the presenters will examine the distinct cultural characteristics of this specific Chinese immigrant community of Fuzhounese migrants. The second presentation focuses on empirical stigma findings among 51 relatives and patients from this community on which the intervention is based. In the last presentation, the presenters will discuss an innovative, short-term anti-stigma intervention designed for this minority group to counter the particular negative attitudes and discriminations they encounter.

Rm C Building a Social Justice Community – Expanding and actualizing AAPI Psychology

Ellen Lin (San José State University), Wei-Chien Lee (San José State University) & Jorge Wong (Asian Americans for Community)

Improving social justice is an ethical and social responsibility of psychologists. Maximizing the effectiveness and efficiency of social justice work requires inter- and intra-group collaboration across various disciplines and systems. However, in doing social justice work and building a community, AAPI psychologists have to overcome several unique challenges: The model-minority myths and stereotypes, intercultural group dynamics, power dynamics, misperceptions of psychologists, and within-group diversity. The main objectives of this presentation are to address these issues and share tools and experiences in building a

socially just community within diverse AAPI groups and in building collaborative relationships across groups.

Rm D Suicide Prevention in Asian American Communities: New Directions in Research and Practice

Joel Wong (Indiana University Bloomington), Yu-Chen Chiu (Indiana University Bloomington), Jinbye Park (Indiana University Bloomington), Carolyn Kwok (Indiana University Bloomington), Yujie Yan (Indiana University Bloomington), Kimberly Tran (The University of Texas at Austin), Jannice Ka Yan Cheng (University of California, Davis), Tonya Fancher (University of California, Davis), Debora Paterniti (University of California, Davis) & Kelly Koo (University of Washington)

This symposium presents research and practice on Asian American suicide prevention from multidisciplinary perspectives. Studies include (a) a longitudinal study of Asian American adolescents' suicidal behavior (developmental psychology), (b) a mixed methods study of Asian American college students' suicide ideation (counseling/clinical psychology), (c) a content analysis of internet resources on Asian American suicide (social psychology/sociology), and (d) a qualitative study of suicide prevention among Hmong American immigrants (psychology/ sociology/medicine).

AUD AAPA Leadership: Reflecting on the Past and Looking Towards the Future – AAPA-Sponsored

Grace Kim (Wheelock College) & Nadine Nakamura (Simon Fraser University)

In this session, the 2009-2010 AAPA Leadership Fellows will present on their activities, reflections, and knowledge gained in the past year and engage the audience in a discussion about continuing to develop leadership pipeline in AAPA. The formal presentation will be comprised of two parts: (1) the fellows' participation in preparing a grant for CNPAAEMI Leadership Development Institute and (2) the professional development through mentoring and training.

LUNCH & NETWORKING

12:15 pm - 1:15 pm

Pick Up Pre-Ordered Boxed Lunches in “Garden of the Sky” Front Plaza
Lunch Meetings in Break-Out Rooms

In response to member feedback requesting more opportunities to network, connect, and discuss common interests and experiences, we are hosting lunch time social hours for our three Divisions, three Task Forces, and two additional work groups. Everyone is welcome!

If you have signed up for a box lunch, you may pick it up “Garden of the Sky” Front Plaza before proceeding on to one of the meeting rooms listed below. Please see “On Campus Dining Section” on p. 5 of this convention program if you have not pre-ordered a boxed lunch.

- Rm A **Division of Students (DoS):** Students! Please come join the DoS lunch meeting and get to know fellow students in AAPA, share your experiences, and discuss what you would like to see in the coming year. DoS Student award winners will be honored during the lunch meeting. Come join us to congratulate them. Also, meet the new DoS Board for 2010 - 2012!
- Rm B **Division on Women (DoW) Social Hour/Luncheon:** Have you been wondering who you will sit with at lunch today? Are you looking for a smaller, more manageable, home within a home at AAPA? If so, the Division on Women is serving lunch and warmly welcome you to join us!
- Rm C **Division on South Asian Americans (DoSAA) Luncheon:** DoSAA would like to invite all interested in realizing our vision to impact change for the betterment of South Asian mental health to a luncheon. Treat yourself to some masala-infused dialogue!
- Rm D **Social Justice & Advocacy:** Representing interests in community advocacy, public policy, and social justice oriented research, practice & teaching issues.
- Rm E **Practice:** If you are a practitioner, this meeting is for you! We would like to hear your ideas on accomplishing some of our goals that include: developing a Clinician Referral and Consultation section on the AAPA website, developing a referral resource of AAPA clinicians and their specialties that are accessible to all AAPA members, formulating clinician network through AAPA conference, writing practice-oriented articles for the AAPA newsletter, learning how we can collaborate to serve underserved Asian American communities, and clinical training and mentoring of students/early career psychologists who are interested in a practice career.
- Rm F **Meeting with the Editorial Board of the *Asian American Journal of Psychology*:** Come and meet the Editorial Board members of the *Asian American Journal of Psychology*, the new journal of AAPA. This will be a great opportunity to learn about the journal and ask questions!
- Rm G **Early Career Professionals:** Representing interests in Asian Americans and racial minority experiences in higher education related to Student Affairs, University/College Counseling, connections between academics and mental health in college students.

SESSION TWO
1:30 pm - 2:30 pm

Rm A Asian American/Pacific Islander Student Advocacy within the Graduate Institution: Overcoming Barriers and Mobilizing Change

Simon Chung (University at Albany, State University of New York) & Michelle Yu Wang (The Wright Institute)

Asian Americans and Pacific Islanders often find they are underrepresented and at times overlooked as members of largely White student bodies. AAPI in graduate institutions have been shown to experience more decline in psychological well-being, increased levels of stress, higher attrition rates, and more difficulty with academic adjustment due to their perception of a poor alliance with peers, faculty, and staff. In this session, we will discuss the challenges, potential obstacles, and responsibilities of advocating for social justice awareness within graduate institutions. Additionally, the session will offer the opportunity for students to empower and collaborate with peers, faculty, and like-minded professionals to mobilize social change.

Rm E Exploration of the Benefits of Integrating Traditional Chinese Medicine with Western Psychotherapy

Betsy Chung (Alliant International University) & Erica Holmes (Alliant International University)

Research continues to indicate that Asians are under-served in the mental health field and under-utilizing psychological services. Stigmatization and lack of knowledge about mental health issues is a major barrier for help-seeking. In order to increase mental health service utilization rates in Asian communities, the mental health benefits of several Traditional Chinese Medicine (TCM) treatments are examined with hopes of creating a bridge to encourage more people in Asian communities to utilize western psychotherapy for emotional problems when seeking TCM treatment. A review of related research and feedback from relevant professionals suggest that more research into the marriage of TCM and western psychotherapy is worthwhile.

Rm G Clinical Application Dissertations: Future formats for providing specialized treatments to underserved populations

Holli Eaton (Azusa Pacific University), Sally Chung (Azusa Pacific University), Vanessa Fontes (Azusa Pacific University) & Nicole Robello (Azusa Pacific University)

This symposium will introduce the concept of Clinical Application Dissertations and how they may be effective in providing specialized treatments to underserved populations. Three doctoral students will then present their dissertations, which are at different stages in the process. They will include a training manual for increasing psychotherapy retention rates in Latino Adolescents, a cultural identity exploration workshop for first and second generation Chinese Americans, and clinical interventions with Native Hawaiians diagnosed with Type II diabetes. These three dissertations address the need for specialized treatments for family- and community-oriented cultures in psychology while incorporating research from sociology, medicine, and anthropology.

Rm F **Adopting Asian American Psychology in High-Impact Classroom Activities**

Matthew Lee (James Madison University)

In this interactive session, a recent APA Division 2 Society for the Teaching of Psychology Award winner for Infusing Diversity in Teaching will share some challenges and successes in teaching concepts and issues from Asian American psychology at a predominantly White institution. Time will be spent during the session engaging in simulations of high-impact classroom activities, and discussing the challenges of delivering multicultural content. The author will also briefly describe the theoretical and practical bases of applying cognitive moral education and intergroup dialogue techniques to the classroom.

Rm B **Gifted Asian Americans and Pacific Islanders: The Past, the Present, the Future**

Zeb Lim (University of Kansas), Jenny Yi-Chen Wu (University of Georgia-Athens), Barbara Kerr (University of Kansas), Deana Desa (University of Kansas), Stephen Loke (University of Kansas) & Phyllice Lim (University of Kansas)

In education and psychology, educators and psychologists often times decry the model minority stereotype as a catchall stereotype that fails to meet the challenges and understand the needs of under-performing Asian American and Pacific Islanders (AAPI) ethnic groups (Lee, Wong & Alvarez, 2008). In this symposium, the presenters will argue for the needs of gifted and talented AAPI. Drawing from the extant literature in psychology and through critical analysis of national data sets in education, we will present the issues and challenges facing gifted/talented AAPI, a group inadvertently marginalized in the move to illuminate issues facing underachieving AAPI.

Rm C **Moving Towards Innovative Multicultural Training, Practice, and Scholarship**

Amanda Davis (University of Illinois Springfield), Anjali Amin (Southern Illinois University-Carbondale), Lisa Lim (Southern Illinois University-Carbondale), Chun-Chung Choi (University of Florida) & Frances Shen (University of Illinois Springfield)

The current proposal is for a conversation hour focused on providing a space for faculty, clinicians, and students to dialogue on current limitations in multicultural scholarship, training, and practice, and to identify innovative ways to overcome barriers and enhance multicultural development. Topics include: (1) the next decade of AAPI research, (2) overcoming limitations in multicultural curriculum, (3) enhancing multicultural experiences in counseling practicum, and (4) overcoming cultural barriers faced by interns and young professionals. Presenters are of various cultural backgrounds, and include faculty, clinicians, and undergraduate/graduate students from across the U.S. who have strong interests in multicultural issues.

Rm D **Gambling among Asian Americans**

Nolan Zane (University of California, Davis), Alan Chan (University of California, Davis), Anna Song (University of California, Merced) & Anne Saw (University of Illinois at Urbana-Champaign)

Gambling has been cited as a major community problem among Asian groups. Anecdotal evidence suggests that gambling is highly prevalent among Asians, and research suggest that Asians are over-represented among problem gamblers in countries outside Asia. This symposium presents a conceptual framework for the comparative study of addictive behaviors among Asian Americans, and three studies on gambling: a secondary analysis

of epidemiological data on Asian American gambling, family and social factors of gambling among Asian American and White college students, and an expectancies and psychosocial risks model of gambling involvement and problems among Asian American and White college students.

AUD

“Look Again” Film Screening with Filmmaker Jennifer Lin– Queer and Immigration Focus *Facilitated by Natacha Foo Kune (University of California-Davis)*

Look Again is an innovative short film (7 minutes) by Jennifer Lin that explores the intersections of immigration and queer-ness with an AAPI character. In the film, June and Kelly are a bi-national couple living in a small town. Kelly defies the limits of the law when her work visa runs out. In a defining moment of rebellion, the couple risks the life that they have built together. The filmmaker, Jennifer Lin, will join us via Skype to facilitate an important and powerful discussion of how immigration and LGBTQ issues intersect in the AAPI community. Facilitated by DoW Co-Chair, Natacha FooKune.

SESSION THREE
2:45 pm - 3:45 pm

Rm A Advocating for Asian American/Pacific Islander Concerns at Predominantly White Universities

Jocelyn Bubain (University of North Carolina Wilmington), G. Nicole Rider (Pacific University), Grace Kim (Wheelock College), Karen Cone-Uemura (University of Utah Counseling Center), and Michelle Wang (The Wright Institute)

Asian Americans and Pacific Islanders (APIs) are often underrepresented on university campuses. Research indicates that cultural isolation, microaggressions, and race-related stress negatively impacts APIs' adjustment, retention, satisfaction, and academic/career success. This program addresses issues facing APIs at predominantly White institutions. Our presenters will discuss challenges, explore coping strategies, and review collaborative projects that assist in promoting the API agenda. The AAPI conference provides a unique opportunity for this dialogue to occur. It is beneficial to have an environment permitting exchanges of ideas, encouraging support, and providing assistance for individuals who have limited resources in their home communities.

Rm E Development of Bicultural Clinical Psychology Curricula in Hong Kong and Japan

Diane Zelman, Morgan Sammons, Alex Leung, and Reiko True (California School of Professional Psychology of Alliant International University)

This symposium presents innovations in American educational institution development of clinical psychology curriculum in Hong Kong and Japan. The presenters are administrators or professors in a master's level clinical psychology program in Japan or a doctoral level clinical psychology program in Hong Kong. They will show how they adapt curriculum to the service needs of the local community, to the local professional "guild" identity of psychology, and to student learning styles. The discussant will provide a theoretical model regarding how American psychology education might both enrich and be enriched by partnerships with Asian countries.

Rm B Creative and Culturally Responsive Outreach with South Asian American Populations – DoSAA-sponsored

Nima Patel (University of Illinois at Champaign-Urbana), Anjuli Amin (Southern Illinois University, Carbondale), Ulash Thakore-Dunlap (Richmond Area Multi-Services Inc. (RAMS)) & Razia Kosi (Howard County Public Schools)

Therapists will facilitate a discussion focused on building bridges to South Asian (SA) communities through the use of outreach services. Many settings have engaged in outreach as an opportunity to increase awareness and use of mental health resources. Given the importance of outreach, coupled with the under-utilization of mental health services by South Asians, it is necessary to develop culturally sensitive outreach interventions to more fully address the needs of this population. This session will address a) multicultural awareness; b) community relationships; c) accessibility of mental health services; and d) psychoeducation strategies as they relate to outreach services for SAs.

Rm C

API Diversity Challenges in Supervision and Training: Dry Style or Wet Style?

Glen Masuda (Asian Pacific Family Center), Michi Fu (California School of Professional Psychology, John Wu (Asian Pacific Family Center) & Paul Wang (Asian Pacific Family Center)

Factors such as age, race, country of origin, age of immigration, spirituality, sexual orientation, language, region differences, political affiliations, experiences with trauma, professional guilds and others can potentially be a source of disagreement and conflict. They can also be a source of exceptionally rich diversity and can enhance clinicians' therapeutic work with API clients as well as with colleagues. How these issues typically present in clinical work and supervision, along with a discussion of how to address and integrate a diversity competency training model will be presented. Key constructs such as self awareness, therapeutic and supervisorial countertransference, parallel process, power dynamics in an Asian context will also be discussed.

Rm G

The Contexts of Racial/Ethnic Discrimination Among Asian American and Pacific Islander Youth: Family, Peers, and School

Linda Juang (San Francisco State University)

Although there is a growing literature documenting the negative effects associated with experiencing racial/ethnic discrimination among Asian Americans, little is known about the particular contexts of discrimination--how adolescents' perceptions of discrimination relate to their parents' perceptions of discrimination, how youth understand and narrate their experiences of discrimination within school, and how adolescents' identities shift in response to discrimination across contexts. This symposium focuses on three populations: Chinese American adolescents, Pacific Islander adolescents and Asian American college students. Further, this symposium combines both quantitative and qualitative analyses to better understand experiences of discrimination among Asian American and Pacific Islander youth.

Rm D

Microaggression Research: Envisioning a future of expansion, collaboration, and innovation

Nellie Tran (University of Illinois at Chicago), Khanh Dinh (University of Massachusetts-Lowell), Ivy Ho (University of Massachusetts-Lowell), Kevin Nadal (John Jay College of Criminal Justice – CUNY), Derald Wing Sue (Teachers College - Columbia University), Matthew Lee (James Madison University), Yung Chol Yoo (Arizona State University School of Social Reform) & Alvin Alvarez (San Francisco State University)

Racial microaggressions create hostile environments that have very real unintended negative consequences for people of color. This interactive session provides participants an opportunity to exchange ideas and build collaborations for the purpose of addressing microaggressions and advancing research in a progressive and innovative manner. We will focus on issues related to (1) the intersection of race, gender, sexuality, age, adoption status, and religion, (2) creating a supportive infrastructure within and across academic settings for addressing systemic microaggressions, and (3) best practices for advancing the study of microaggressions, particular to the experiences of Asian Americans, in systematic and innovative ways.

Rm F

Post-Partum Depression Among Asian and Asian American Women: Cultural Considerations and Treatment

Juli Fraga (Independent Practice) & Ulash Thakore-Dunlap (Richmond Area of Multi-Services, Inc. (RAMS))

This session will explore ways that mental health providers can provide better screening, early intervention, and clinical support for Postpartum Depression (PPD) among Asian and Asian American women. Cultural variables that affect rates of PPD among this population will also be discussed and explored. Culturally sensitive therapeutic interventions will also be discussed.

AUD

AAPA Dissertation Awardees

Noriel Lim (University of Illinois) Satisfaction with Parental Upbringing: A Study on Family Dynamics, Depression and Suicidal Ideation in Young Adult Children of Filipino Immigrants

Oanh Meyer (University of California-Davis) Understanding the psychological processes behind the ethnic match effect: A proposed model for therapeutic outcomes

Manveen Dhillon (University of California-Davis) The Role of Cultural Values and Motives in Dating Violence among South Asian and White Males

Natasha Olmos (University of California-LA) Public Stigma towards Mental Illness among South Asians in the US and India"

Karen L. Suyemoto (AAPA Awards Chair and Past-President - Discussant)

AAPA POSTER SESSION&AUTHOR BOOK SIGNING
SNACKS PROVIDED
4:00 pm – 5:00 pm
“Garden of the Sky” Front Plaza

Enjoy an Afternoon Coffee/Tea Social Hour while Participating in the Events Below!

Announcement of Student Travel Award Winners

Author Book Signing:

In this effort to support the achievements and promote the work of our AAPA members, we are pleased to provide an opportunity to meet the editors and authors of three recently published books!

Dr. Fred T. Leong

Asian American and Pacific Islander Children and Mental Health,

2 volumes [2 volumes]: Vol 1: Development and Context; Vol 2: Prevention and Treatment (Child Psychology and Mental Health) (Hardcover)

Frederick T. Leong (Editor), Linda Juang (Editor), Desiree B. Qin (Editor), Hiram E. Fitzgerald (Editor)
Scheduled for release January 2011

Dr. William M. Liu

Culturally Responsive Counseling with Asian American Men (The Routledge Series on Counseling and Psychotherapy with Boys and Men) (Hardcover)

William Ming Liu (Editor), Derek Kenji Iwamoto (Editor), Mark H. Chae (Editor)
Published February 19, 2010

Dr. Kevin L. Nadal

Filipino American Psychology: A Collection of Personal Narratives (Hardcover)

Kevin L. Nadal (Editor)

Published July, 2010

Congratulations to our Book Authors!

Please meet the authors, purchase your own copies of the books, and get them signed!

Poster Presentation Titles

1. A Cultural Analysis of Antecedents and Consequents of Emotions in Asian American and European American Women and Men (*Teresa Nguyen, Donna Nagata, & Cynthia Yuen*)
2. A Test of the Service Learning Model: Predicting Social Justice Advocacy (*Na-Yeun Choi, Matthew J. Miller, & Karen Kurotsuchi Inkelas*)
3. Acculturation Status, Filial Piety, and Work-Family Conflict in Chinese Americans (*Vanna Vuong*)

4. Acculturative Gap and Quality of Parent-Child Relationships in Asian American Adolescents (*Elizabeth Lin & Lisseth Rojas-Flores*)
5. An Exploratory Study on the Influence of Ethnic Match and Ethnocultural Characteristics on Critical Counseling Processes for Asian Americans (*Oanh Meyer & Nolan Zane*)
6. Asian American Mental Health: The Role of Acculturation, Enculturation and Acculturative Stress (*Minji Yang, Na-Yeun Choi, Robert H. Lim, Kayi Hui, & Matthew J. Miller*)
7. Asian-White Biracial Identity Strength, Organization, and Influence on Adjustment: Preliminary Findings (*Lauren Berger & Nolan Zane*)
8. Binge Drinking with a “Feminine Touch”: The Role of Gender Socialization and Normative Social-Cognitive Processes on Binge Drinking among Asian American Women (*Stephanie Takamatsu, Derek Iwamoto, & Jeanett Castellanos*)
9. Body Objectification in Asian American Women (*Marenda Tran*)
10. Colonial Mentality and Family Conflict Among Filipino Americans (*Salvacion Barquin, Collie Conoley, Rafael Hernandez, & Yong Park*)
11. Comparing Internalized Stigma and Experiences with Stigma Among Chinese Immigrant Patients (*Daisy R. Singla, Qi Zhao, Grace Yeh, Diana Tingying Liu, & Lawrence H. Yang*)
12. Creation of Facilitator’s Manual for a Community-Based Depression Support Network in Hong Kong (*Hypen Hoi-man Wong, Ruby Kam-Seung Mui, & Diane Zelman*)
13. Cultural Factors Impacting Asian Americans’ Attitude toward Seeking Professional Psychological Help (*Kayi Hui, Robert H. Lim, Na-Yeun Choi, Minji Yang, & Matthew J. Miller*)
14. Cultural Issues and PTSD Severity in Chinese American Adults (*Jocelyn Pan, Paula Johnson, & William Chien*)
15. Cultural Value Orientations of Children and Parents from European American and Korean Backgrounds: Implications for Ethnic Minority Development (*Heejung Park, Jenna Joo, Patricia Greenfield, & Blanca Quiroz*)
16. Cultural Variations in Responsiveness to Cognitive Behavior Therapy in an Outpatient Private Practice (*Janie Hong, Howard Liu, & Ariane Ling*)
17. Dealing with Sexual Issues as it Arises in Treatment with Asian American Adolescents and their Families (*Paul Song Wang*)
18. Defying Expectations: The Effects of Chinese American Bicultural Identity on Self-Esteem, Emotion, and Personality (*Carmel Gabriel, Veronica Benet-Martinez, Richard Robins, & Stanley Sue*)
19. Demography and Clinical Characteristics of Asian Survivors of Torture Seeking Services at a Torture Treatment Center (*Ann Tran*)

20. Depression and Face Loss Concern in Chinese Women (*Lauren Anastasia Adams*)
21. Discrimination, Acculturative Stress, Family Cohesion and its Association with Suicidality and Depression among Asian Americans (*Jenny Zhen-Duan, Fredrick Leong, & Brittany Lannert*)
22. Double-Barreled Discrimination: An Investigation of the Double-Jeopardy Hypothesis in an Asian Sample (*Danny Ngo, Jenna Lee, & Sula Lee*)
23. Empowering All Students Through Asian American Studies (*Jennifer Abokas, Amanda Ressin, & Matthew Lee*)
24. Ethnic Differences in Parent Disciplining Practices of Asian, African, Latino/a and White American College Students (*Bahareh Abhari, Phillip Akutsu, Ho Man Cheung, E-Ting Lee, Jeannie Scroggins, & Brittany Purdy*)
25. Ethnic Variation in Emotion Regulation Among Asian Americans and White Americans (*Helen Ku & Nolan Zane*)
26. Examining Differences Between Asian Americans and Whites for Problem Gambling Amongst Emerging Adults (*Gloria Wong, Nolan Zane, & Alan Chan*)
27. Experiences of Adult Korean Adoptees: Implications for Mental Health and Counseling (*Kimberly Langrehr, Eunju Yoon, Jason Hacker, & Kathy Caudill*)
28. Facing Challenges of Serving International Students (*Bong Joo Hwang*)
29. Family Transmission of Internalized Stigma between Caregivers and Chinese Immigrant Patients with Severe Mental Illness (*Jonathan Lam, Olivia Wu, Grace Lai, Li yen Wu, & Lawrence Yang*)
30. God Image, Shame, and Psychological Adjustment among College Students: A Korean-U.S. Cross-Cultural Study (*Hwacha Kim & Keith Edwards*)
31. Help-Seeking Intention and Psychological Well-Being among Chinese Victims of Same-Sex Intimate Partner Violence in Hong Kong (*Eddie S. K. Chong & Winnie W. S. Mak*)
32. Intergeneration and Acculturation in Chinese Americans: A Pilot Study (*Kin Cheung Lee & Richard Mendoza*)
33. Internalized Stigma and Stigma Emotions among Chinese-American Patients with Schizophrenia (*Olivia Wu, Ashleigh DeFries, Meredith Chapman, & Lawrence Yang*)
34. Intersections of Discrimination, Depression and Somatic Symptoms for Asian Immigrants (*Marcia Liu, Ethan Meredith, & Shradha Sundaram*)
35. Korean Immigrant Social Support Networks within a Christian Church Community (*Min Ah Kim, Karen Kyeunghae Lee, Lucian Song, Seung Daniel Lee, & Ann-Marie Yamada*)
36. Linguistic Accents, Depression and Anxiety (*Konstantin Tskbay, Angela-Minh, Tu Nguyen, & Veronica Benet-Martinez*)

37. Lost in Translation: Asian Value Integration and the Perfect Self (*Irene Wiles & Kelly Morton*)
38. My Momma Told Me: Filipino Americans' Racial-Ethnic Socialization and Coping with Racism (*Alvin Alvarez, Leslie (Jaeyoun) Shin, & Christina Louie*)
39. Niam Txoj kev txhawb: Hmong Mothers' Support of Hmong Undergraduate (*Pa Her, Sheeyee Chang, Douachong Lee, Asia Thao, Paboua Thao, & Alberta Gloria*)
40. One-year Follow-up of a Community-based Depression Support Network in Hong Kong (*Ruby Kam-Seung Mui, Diane Zelman, Hyphen Hoi-man Wong, Paul Chi-wai Lam, Rika Suk-ye Lee, Rebecca Yuen-yung Wong, & Wan-tung Chan*)
41. Parenting Practices, Cultural Values, and Child Mental Health in Immigrant Families (*Melissa Donovick & Melanie Domenech Rodríguez*)
42. Predictors of the Cultural Idiom "Excessive Thinking" as an Explanation for Schizophrenia among Chinese Americans (*Szuyeh Chen, Ming Tu, & Ting-Ying Liu*)
43. Qualitative Analysis of Thematic Stereotypes In Interviews with Immigrant Chinese Individuals with Schizophrenia and Their Families With Implications for Community Psychoeducation (*Kathleen Janel Sia, Lawrence Yang, Hong Ngo, Katherine Lam, & Jonathan Lam*)
44. Relations Between Rumination and Psychological Adjustment in Asian and European Americans: Evidence for Ethnic Differences in the Impact of Emotional Happiness (*William Tsai, Abbey J. Herringshaw, Edward C. Chang, Lawrence J. Sanna, & Natalie Lin*)
45. Relationships between Internalized and Experienced Stigma among Chinese-Americans with Schizophrenia (*Yi-peng Eve Chang, Joyce Yung, & Larry Yang*)
46. Religiosity, Coping, Self-acceptance, and Purpose in Life among LDS Samoans (*G. E. Kawika Allen*)
47. Secrecy as a Self-Protective Response to Stigma (*Ming-Che Tu, Charlene Y. Chen, Rub Fure Yiu, Rebecca Frantz, & Vanessa Ai-Hua Li*)
48. Self Silencing, Cultural Values, Cultural Value Conflict and Psychological Health among Asian American Women (*Jane Oh & Terece Bell*)
49. Sense of Belonging in Multiracial Individuals as Compared to Monoracial Individuals (*Rachelle Aiello*)
50. Sexual Harassment, Sexual Harassment Attitudes, and Sexual Objectification among Asian Women in the United States (*Ivy Ho, Khanh Dinh, Sarah Bellefontaine, & Amanda Irving*)
51. Social Spheres, Family Lives: Hmong Family Racial/Ethnic Socialization and Perspectives (*Aliwia Tran & Richard Lee*)
52. Suicide in South Korea with Specific Focus of GLB Individuals (*Mayumi Nakamura & Eunba Kim*)
53. Testing the Acculturation Gap-Distress in Korean American Families: Mediating and Moderating Effects (*May Kim & Irene Park*)

54. The Bamboo Ceiling: Exploring the Influence of Acculturation, Self-Promotion and Ingratiation Tactics on Asian American Career Advancement (*Desiree Sun & Patricia Denise Lopez*)
55. The Coming Out Process of Asian American Lesbians (*Natanya Glezer & Debra Kawabara*)
56. The Effects of Family Obligation on College Degree Attainment for Filipino American Students (*Anthony Benigno & Yuki Okubo*)
57. The Experiences of Asian American Women Whose Husbands Had an Extramarital Affair (*Lisa Ho, Debra Kawabara, Marina Dorian, & Gary Lawson*)
58. The Impact of Asian Americans' Perceived Parent-Child Cultural Gaps on Family Conflicts and Mental Health (*Minkyong Shin & Joel Wong*)
59. The Moderating Effects of Cultural Self-Constraint on the Link between Emotional Suppression and Well-Being (*Jenny Su & Richard Lee*)
60. The Psychological Impact of Colonialism and Enculturation on Help-Seeking Attitudes among Filipino Americans (*Charisma Agonoy Bartlett & Paula Johnson*)
61. The Relation of Time in the United States and Gender in Race-related Stress and Race-related Empowerment in Asian Americans (*Fanny Ng, John Tawa, & Karen Suyemoto*)
62. The Relationship among Ethnic Identity, Self-Efficacy, and Violence with Asian American and Latino Youth (*Cara Maffini & Greg Kim-Ju*)
63. Training Asian American Psychologists for the Real World: Integrating Program Evaluation and Clinical Training in a Community Mental Health Setting (*Tai Chang, Eddie Chiu, Yuki Okubo, Kavous Bassiri, Christina Shea, Kwong-Liem Karl Kwan, & Stacy Adams*)
64. Understanding AAPI College Students' Loneliness—An Exploratory Study (*Raisa Garcia & Wei-Chien Lee*)
65. Understanding Alcohol-involved Rape-Reporting among Asian American College Women (*Kelly Koo, Junny Kim, & William George*)
66. Use of Excessive Thinking Label among Relatives of Chinese-American Schizophrenia Patients (*David Lee, Mingfei Li, Benjamin Trachik, & Daisy Singla*)
67. Using Positive Psychology Interventions with Asian American University Students (*Chelsea Nagata, Marla Pontrelli, & Collie Conoley*)
68. Valuing Parents: An Expressive Writing Intervention for Family Conflict (*Mary Joyce D. Juan, Richard M. Lee, & Joyce P. Lee*)
69. Cultural Idiom of Distress Assessment May Improve Suicide Risk Detection among Filipino American Adolescents (*Jelyn Bernardo & Jelyn Young*)

MENTOR-MENTEE JEOPARDY GAME & RECEPTION

5:00 pm – 6:00 pm

We will kick off this year's Mentor-Mentee Reception with the first AAPA Jeopardy! Game. During the first half of the hour, a team of faculty and students will face off in a series of questions about AAPA History and other Asian American-related trivia. The annual Mentor-Mentee Reception will immediately follow in the same location.

A great way for students to find and connect with mentors is to attend the AAPA Mentor-Mentee Reception! The purpose of this reception is to connect Asian American students or young professionals with more established faculty or mental health professionals. Students and professionals are matched according to similar areas of interest.

This year's event will be a new semi-structured social hour format. Mentors will be stationed at tables designated with a professional development topic. Mentees and mentors are free to mingle from table to table. This new format is aimed to better meet the multifaceted interests of our members and provide opportunity for self-initiated matching.

AAPA AWARDS BANQUET & DANCE

6:45 PM – 10:00 pm

Horton Grand Hotel, 311 Island Avenue, San Diego, CA 92101

The banquet will be held at the Banquet Room in the Horton Grand Hotel located at 311 Island Avenue, about a 20-25 minute drive from the University of San Diego's Joan B. Kroc Institute for Peace & Justice. One-way shuttle service to the banquet site will be provided from the AAPA convention beginning at 6:00pm. Transportation vouchers for people with disabilities will also be available beginning at 6:00 pm at the "Garden of the Sky" Front Plaza.

The banquet has a South-Asian theme this year. We will be presenting our 2010 AAPA Fellows and Awardees during the banquet. Immediately following the banquet, the Division on South Asian Americans will lead us in dance lessons "bhangra" style to a DJ spinning both traditional Indian and hip hop/pop music.

Shuttle Schedule

6:00 p.m. Buses arrive at Joan B. Kroc Institute for Peace and Justice, load up for first run

6:15 p.m. First bus leaves for the restaurant

6:30 p.m. Second bus leaves for the restaurant

Driving Directions from Joan B. Kroc Institute for Peace and Justice to Banquet Room in Horton Grand Hotel

1. Start out going SOUTH on MARIAN WAY toward LINDA VISTA RD. (.5 mi)
2. Turn RIGHT onto LINDA VISTA RD (.2 mi)
3. Turn SLIGHT LEFT onto MORENA BLVD (.3 mi)
4. Merge onto I-5 S. (3.7 mi)
5. Take the FRONT ST exit, EXIT 17, toward CIVIC CENTER.
6. Take the 2ND AVE ramp (.3 mi)
7. Turn SLIGHT RIGHT onto CEDAR ST. (.1 mi)
8. Turn RIGHT onto 4TH AVE. (.8 mi)
9. Turn RIGHT onto ISLAND AVE. (.0 mi)
10. 311 ISLAND AVE is on the LEFT.

Asian American Psychological Association

www.aapaonline.org

History and Her-Story

The Asian American Psychological Association (AAPA) was founded in December 1972 by a group of Asian American psychologists and other mental health professionals in the San Francisco Bay Area. With the leadership of Dr. Derald Sue (AAPA's first President) and Dr. Stanley Sue, the first core group was formed and included educators, social workers, master's level psychologists and other mental health professionals. The group was vitally interested in Asian American psychology and mental health issues, in the training and education of Asian American mental health professionals, and in collaborating and networking with their peers. Psychologists in this early group included Roger Lum, Marion Tinloy, Tina Tong Yee, and Reiko True. From these beginnings in the 1970's, the AAPA struggled in its growth from a handful of active members located in California to a national organization with nearly 400 members in 1995.

Since its inception, the Association advocated on behalf of Asian Americans as well as advancing Asian American psychology. In the 1980's, for example, the AAPA pressed the U.S. Bureau of the Census to include Asian American subgroups in its census data, and fought against the English-only language movement in California. The development of Asian American psychological theory, research and practice was shaped by members such as Derald Sue, Stanley Sue, Harry Kitano, Richard Suinn, Frederick Leong and others. Throughout its history, AAPA has published journals and newsletters focused on the education and training of Asian American psychologists, Asian-American psychological topics, and methods of improving mental health services for Asian Americans. The Association leads and guides other professional organizations on Asian American psychology and is in the forefront of the multicultural psychology movement.

A highly visible and influential organization, AAPA has many distinguished members who hold key positions of national importance: Dr. Stanley Sue served on the NIMH Advisory Board for the Asian American Mental Health Research Center in Chicago, IL and nurtured the AAMHRC in its growth. He is currently Director of the (renamed) National Research Center for Asian American Mental Health, now located at the University of California at Davis. Dr. Richard Suinn was one of the early chairpersons of the American Psychological Association's Board of Ethnic Minority Affairs (BEMA) and served as the first Asian American elected member of the APA Board of Directors. In 1995, Dr. Suinn was appointed chairperson of APA's Committee for Ethnic Minority Recruitment, Retention, and Training (CEMRRAT). In 1999, Dr. Suinn was also the first Asian American psychologist in the 103-year history of the APA to serve as President of APA.

Dr. Alice F. Chang served on APA's BEMA, the Committee on Ethnic Minority Affairs (CEMA), the Committee of Structure and Function, and other APA governance groups. She is also the first ethnic minority woman member of the American Psychological Association Board of Directors and recently is a nominee for APA President-elect. Another outstanding Asian American woman psychologist is Dr. Reiko F. True, former Director of Mental Health, Substance Abuse and Forensic Services for the city of San Francisco, CA. Dr. True served on APA's Minority Fellowship Committee, worked on the planning and creation of BEMA as well as the Board for the Advancement of Psychology in the Public Interest, and served as AAPA President from 1997-1999.

Join us on Facebook!

2009-10 Asian American Psychological Association Executive Board

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** Rotating off in 2010 – Thanks to all of our Executive Board for your service to
AAPA!*

AAPA Past Presidents

Derald W. Sue	1972 - 1974
Robert Chin	1975 - 1976
Albert Yee	1979 - 1982
Harry Yamaguchi	1982 - 1984
Herbert Wong	1984 - 1988
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David Goh	1990 - 1991
Nolan Zane	1991 - 1993
S. Andrew Chen	1993 - 1995
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Reiko Homma True	1997 - 1999
Gayle Iwamasa	1999 - 2001
Jun-Chih Gisela Lin	2001 - 2003
Frederick T. L. Leong	2003 - 2005
Alvin N. Alvarez	2005 - 2008
Karen L. Suyemoto	2008 - 2010