



President's Message

Gordon Hall



Happy New decade! What is the future of Asian American Pacific Islander psychology in this new decade? This is exactly what we will be considering at the AAPA Convention on August 11 in San Diego. Consistent with my presidential theme, the theme of the AAPA Convention will be “**Expanding Our Horizons: The Next Decade in AAPI Psychology.**” What do you see for the next decade? Please plan to participate in the Convention and in the future of AAPI psychology by submitting programs for the Convention or attending the Convention or both.

AAPA Vice President Sumie Okazaki and Convention Co-Chairs Anneliese Singh and Richelle Concepcion are planning a wonderful convention. A new feature of this Convention will be **Asian American Jeopardy**, pitting psychologists against graduate students in a friendly competition. Who would you like to see as psychologist contestants? What about graduate student contestants? What kinds of questions would you like to have asked? Please send me your ideas at gnhall@uoregon.edu.

A highlight of every AAPA Convention is our Awards Banquet. Among the awardees we will honor is **Dr. Doris Chang**, the inaugural winner of the APF Okura Mental Health Foundation Fellowship. I will also present a check at the banquet for **\$500** to the AAPA member who has recruited the most new members this year, so keep recruiting new members!

In an issue relevant to the AAPA Convention, one of the American Psychological Association (APA) hotels contracted for the 2010 Convention in San Diego is the **Manchester Hyatt Hotel**. This hotel is owned by Doug Manchester, who helped finance California Proposition 8, which amended the California Constitution to restrict the definition of marriage to opposite sex couples. Because Proposition 8 restricts the civil rights of persons in same sex relationships, there has been a range of reactions to APA's contract with the Manchester Hyatt from a boycott and public protest to honoring APA's financial obligations to the hotel by holding meetings there and using the hotel's rooms and services.

None of AAPA's convention activities will take place in the Manchester Hotel. However, because the AAPA Convention will occur the day before the APA Convention in San Diego, AAPA members may consider staying in the Manchester Hyatt Hotel. The issues involving the Manchester Hyatt are specific to this hotel and do not apply to all Hyatt hotels.

I would like to share my personal perspective on the Proposition 8/Manchester Hotel issue. I see the restriction of civil rights for same sex couples as similar to historical restrictions of civil rights for Asian Americans. In 1942, my mother and 120,000 other Japanese Americans were incarcerated in internment camps solely because of their Japanese ancestry. After World War II in 1949, my mother and my father, who was a European American, were married in the state of Washington. This wedding could not have taken place in my mother's

Features

Mentoring Across Generations	2
How to become Happy	3
Patrick and Lily Okura	5
New Editors	7
Finance Report	8
Announcement	8
Advertisements	8
Membership Application	9

native California nor in Oregon, where I live now, because interracial marriage was illegal at that time in all but a handful of U.S. states. Over time, most of the public has come to recognize these civil rights violations as wrong and that expanding the scope of civil rights benefits everyone. I believe that someday restrictions of civil rights for same sex relationships will be viewed in the same manner.

I realize that some of you may have moral or religious objections to same sex relationships. My graduate work was at Fuller Theological Seminary in the late 1970s and early 1980s, where I earned a masters degree in theology and a Ph.D. in clinical psychology. Fuller is an evangelical seminary. But even at Fuller, my Ethics professor, the late Dr. Lewis Smedes, considered the importance of stable, committed relationships, even among same sex couples. I am currently a member of the First United Methodist Church of Eugene. The congregation has voted to be a reconciling congregation, which means that we are inclusive, and welcoming and supportive of persons in same sex relationships. Thus, my faith guides me to stand in solidarity with persons in same sex relationships. Extending civil rights to same sex couples in no way diminishes the rights of different sex couples, but benefits everyone just as the extension of civil rights to people of color and to interracial couples has.

The AAPA Executive Committee has voted to boycott the Manchester Hyatt Hotel and not to use the hotel's services. We encourage each AAPA member to thoughtfully consider how to respond to this issue.

**Mentoring Across Generations:
Division on Women and Division of Students Collaboration**

Kai Kok "Zeb" Lim



Norman Vincent Peale once said, *"The more you loose yourself in something bigger than yourself, the more energy you will have."* With that quote in mind, the first ever-official collaboration between AAPA's Division on Women (DoW) and Division of Students (DoS) got started during the AAPA 2009 convention in Toronto. Leaders from DoW, Debra Kawahara, Elayne Chou and Natacha Foo Kune and leaders from DoS, Judy Tan and Michelle Wang worked together to serve as discussion leaders to brainstorm and discuss ideas for the establishment of a possible mentor-mentee program between members of DoW and DoS. During the interactive session, participants working in two groups each answered one critical question.

Question 1: *Conceptually what guidelines can you suggest for creating ideal mentoring relationships?*

Question 2: *Logistically, how would a formal ongoing mentoring program work?*

Thoughts in bullet form are as follows:

Question 1: Guidelines for ideal mentoring relationships

- Good match between mentor and mentee
- Reciprocal relationship - mentor and mentee benefits from a mentoring relationship
- Transition from mentee to mentor to other individuals occurs as time passes
- Expectations/Ground rules are set-up up-front
- Motivating factors for practitioners to be mentors need to be explored
- Be clear about mentoring needs (e.g. licensure, research, teaching)

Question 2: Logistics of a formal ongoing mentoring program

- Match process happens electronically to facilitate communication between mentors-mentees
- Match based on gender, interests, age, stage in career, time commitments or expectations
- Match based on shared topics of interest
- Mentoring guidelines are clear to all parties involved
- Gender issues were raised, would female mentors be available for male mentees (the answer is yes, it's not limited to same gender mentoring relationships)
- Being aware of other concerns and issues from parties that are not present during this brainstorming session

From the points made pertaining to Question 1 above, it is apparent that an ideal mentoring relationship depends on a good fit between the parties involved. It follows that a mentoring relationship is a two-way street relationship, whereby the collaborative energy enriches everyone involved. However, as with any relationship, a transition for mentees to be future mentors also needs to occur so that new mentees are mentored and nurtured professionally. An important point was raised during the discussion; given that most mentoring relationships tend to occur in academia, mentoring relationships between practitioners and aspiring practitioners need to be explored more.

There are some elements of overlap between the points made for Question 1 and Question 2. Being clear about mentoring goals, setting clear guidelines for the mentoring relationship along with finding a good match between mentors and mentees are important issues to be addressed. Now, given the advent of technology, use of telephones, emails and other electronic communication devices might be in play to fos-

ter smoother communication between mentors and mentees. And, just like mentoring is a process, developing a formal mentoring program between DoW and DoS should also be a process where continual feedback would be actively solicited so that the program runs smoothly.

Special thanks to all members of the interactive session who participated actively to contribute ideas to what would work in an inter-division collaboration. For the members of the session, you know who you are, may the words of Helen Keller, "*The unselfish effort to bring cheer to others will be the beginning of a happier life for ourselves*" continue to inspire you to do great things in the future!

For readers of this column, if you have any ideas to contribute to the development of a mentor-mentee program for Division on Women and Division of Students, feel free to contact leaders of any of these two divisions (DoW or DoS) within AAPA.

How to become Happy

Darcy S. F. Ing



Most of us want to be happy. Some people think happiness is their inalienable Constitutional right. Unfortunately, this is not exactly true. As Benjamin Franklin once wrote, "The Constitution only gives people the right to pursue happiness. You have to catch it yourself." Many people spend a lifetime in this pursuit. The path to happiness can reveal itself in a dazzling epiphany. Other times stubborn persistence through numerous obstacles is needed. Seeking happiness can be like chasing a rainbow, tantalizingly close, yet always out of reach.

What makes people happy? Is it money? There is no doubt that in these difficult times, having enough money for basic needs can make a big difference for struggling families. However, after the necessities are taken care of, the more money people have, the more things they seem to want. Some celebrities are very rich and always spending huge amounts of money. While they seem to take pleasure in their purchases, to the outside observer, these material things do not seem to be enriching their lives emotionally or enabling fulfillment. If not money, what does make people happy?

What about achieving a long sought-after goal? Some people keep moving forward, checking things off the list, finding the perfect house, car, life partner, or career. When one item is achieved, they add something else to the list. I do not know if these people are truly happy. What I do know is that they are always busy. When asked about their happiness, these people would say, "Well, I have what I always wanted." When asked if this is all there is, they may just look at you blankly or say, "Yes, this is all there is." Is it?

Happiness can occur while we are doing something we love. Mihaly Csikszentmihalyi describes a state of effortless concentration and joy that he calls "flow." Flow is complete immersion, the oneness of self and the

experiences through which you are engaging in, such as running, singing, hiking, painting, or any other activity. Flow occurs also in intense moments of life. When we are fully challenged in a way that matches our abilities, we are “in the zone,” even in an ecstatic state. Csikszentmihalyi describes flow as an essential ingredient of happiness. Paradoxically, people often realize that this is happiness only after the event is over. To realize your feelings and experiences during the flow, you would have to stop what you were doing, and therefore no longer be in the moment. Does this mean you cannot be happy and realize it at the same time? Maslow described a hierarchy of needs, in which happiness could only be realized when other biological, social, or psychological needs were met. I am not so sure that is correct. Many troubled people can find moments of happiness, regardless of whether or not their basic needs are met. Though carrying difficult burdens, people may still find pleasure in nature, sharing a meal with a friend, or time alone. These happy moments do not mean troubles go away entirely, that poverty is gone or chronic depression alleviated. The happy moments do make bearing one's problems a little easier. As Helen Keller once wrote, “A happy life consists not in the absence, but in the mastery of hardships.”

Research shows us that optimists tend to be happier than pessimists are, especially during hard times. Optimists see obstacles as minor setbacks; they would take more risks, seek opportunities and have faith in themselves. They have a more balanced lifestyle, internal locus of control, fewer distorted thoughts, and appropriate boundaries. In an essay I wrote for the book *Women's Paths to Happiness*, (available at www.amazon.com and at www.womenspathstohappiness.com), I described some ways to find happiness during difficult times. These include spending time with supportive others, enjoying nature, unstructured playtime, and allowing time for beauty. Viewing the glass as half-full instead of half-empty, finding joy in special moments, making time and appreciating these special moments, all make life a little easier.

Research also tells us that cultivating a positive attitude can actually bring more things that are positive into one's life. Positive people are healthier, have stronger relationships, better coping mechanisms, job satisfaction and overall well-being. Changing perspective and being more grateful for what you already have makes a big difference. When you look for more things that are positive in your life, you tend to find them. The only thing we can truly control is ourselves. We cannot control what happens to us, and often times cannot even predict it, but we can control our reactions. Ultimately, this means that your happiness depends on you. Happiness comes down to how we live in the world, how we approach living. Happiness comes from a positive outlook on life and how this is put into practice. You can become happier by choosing to be.

AAPA Listserv

To signup for the AAPA listserv,
send an email to
majordomo@sfsu.edu.
In the body of the email type (minus
the quotes) “subscribe aapa”

To send a message to the entire
listserv email your contribution to
aapa@sfsu.edu.

Midwestern University in
Downers Grove, IL
Opening for Program Director in
Behavioral Medicine Program

Candidates must have a doctoral degree in clinical psychology from an APA-accredited program with at least 5 years of clinical and academic experience; should possess relevant experience in and demonstrated commitment to teaching, a record of scholarly activity, excellent communication skills, and the ability to lead the Behavioral Medicine Program through the APA-accreditation process. The Program Director should have the academic credentials commensurate with the faculty rank of Associate Professor; this is a tenure-track position. Salary and benefits are competitive.

Please go to www.midwestern.edu for a full description of position. - EOE m/f/d/v -

Patrick and Lily Okura: Story of a Social Activist Couple

Kai Kok "Zeb" Lim



It is hard to understand what makes some people overcome adversity while others crumble under it. Nonetheless, it is always inspiring and beneficial to learn from those who made the most out of their life challenges. Patrick and Lily Okura, Japanese Americans who were interned in relocation camps during World War II, used their experience as grist for social justice for Asian Americans and African Americans in the country.

Kenji Miyazawa, a social activist in Japan once said, *"We must embrace pain and burn it as fuel for our journey."* We are privileged that the Okura couple used their challenges to blaze a path for many Asian American psychologists in the country.

For being World War II wartime internment survivors, they each received a \$20,000 reparation payment from the federal government and a letter of apology from President George H. W. Bush. The Okuras used their combined \$40,000 compensation, along with personal savings to set up the Okura Mental Health Leadership Foundation.

Only a few months into their marriage, the Okura found themselves sleeping on straw mattresses in an 8-by-8-foot horse stable at Santa Anita Race Track, at Arcadia, CA. Yet, when jobs opened up at Father Flanagan's Boys Town outside Omaha, Nebraska, the Okura couple helped identify suitable individuals for those positions, almost missing out on the opportunity to leave the internment camp themselves. As Daisaku Ikeda says, *"A person, who no matter how desperate the situation, gives others hope, is a true leader."*

Who is Kiyoshi Patrick Okura?

Kiyoshi Okura was born September 26, 1911 in Los Angeles to first-generation Japanese American parents. Growing up, he was outstanding in both school and sports. After earning his bachelor's degree in psychology at the University of California, Los Angeles (UCLA), he continued his master's degree in psychology at UCLA, given that only one Asian American was admitted to each medical school in West Coast schools back then. He was the first person of Japanese ancestry to do graduate work in Psychology at UCLA. After graduation, he worked as chief personnel examiner for the Los Angeles Civil Service Commission, serving as the city's highest-ranking Japanese American public servant. He was given the name "Patrick" because his colleagues thought that Okura was similar to the Irish O'Kura last name, hence, he should have an Irish first name too.



Lily and Patrick Okura
Photo reprinted with the permission by the NAPAFAASA.

While at the internment camp, Patrick and Lily Okura eventually were able to move to join the staff of Father Edward Flanagan's Boys Town in Nebraska, an integrated orphanage for troubled youths. Patrick became the Boys Town's staff psychologist, and stayed on at Boys Town for 17 years after the war. While in Nebraska, Patrick worked for the state as mental health planner and started five mental health centers. In addition, he helped develop Nebraska's juvenile court system and was a county chief probation officer. Furthermore, he founded a Nebraska state chapter of the Japanese American Citizens League (JACL) and became the organization's national president in 1962. In 1963, when the March on Washington took place with Dr. Martin Luther King, Jr., Patrick encouraged JACL participation in the event and stood side by side with African Americans fighting for social justice.

In 1970, Dr. Bertram Brown, a psychiatrist and head

of NIMH offered Patrick a job in Washington as his executive assistant. Although the pain of the internment camp and social injustice by the federal government still stung, this offered the opportunity to plan programs to help minorities and other members of underprivileged groups. The next 15 years at NIMH included assessing the mental health needs of Vietnamese refugees after the Vietnam War, creation of ethnic task forces and scholarships for minorities to become mental health professionals, and initiatives to establish community-based training programs for Asian American social workers. Patrick Okura's position at National Institute of Mental Health (NIMH) also opened many opportunities for ethnic minority psychologists, and he was responsible for helping found the Asian American Psychological Association.

Who is Lily Arikawa?

Lily Arikawa was born on January 20, 1919 in Santa Barbara to first-generation Japanese American parents. Growing up, she was a beauty queen of Long Beach, CA. She was talented in Japanese dancing, *koto*, and the *samisen*, and also in piano and ballet lessons. Lily completed her bachelor's degree in business administration at Long Beach Business College (now Long Beach State College).

At the Santa Anita racetrack, she was secretary to the director of education and recreation of the center. In Omaha, Nebraska, she was first secretary at Boys Town, then the Young Women's Christian Association (YWCA), progressing upwards all the way to Acting Director of the YWCA. These early positions enabled her to become the administrator of the C. Louis Meyer Therapy Center, a rehabilitation center for children with various types of disabilities on the University of Nebraska College of Medicine campus. In Washington, Lily was the Director of Personnel Services at the Corporation for Public Broadcasting. Lily continues her involvement with JACL, Altrusa Club, and YWCA in various capacities in Washington.

Okura Mental Health Leadership Foundation

The mission of the Foundation is to foster and promote education, research and services in the areas of mental health and human services. Through the provision of fellowships, scholarships, stipends, and grants for Asian American and Pacific Islanders professionals, students, and related organizations, future leaders are groomed and supported. In fact, Dr. Wei-Chin Hwang, clinical psychology professor at Claremont McKenna College and AAPA member, recipient of the 2009 AAPA Early Career Award for Distinguished Contributions, was an Okura Mental Health Leadership Foundation Fellow back in 2002.

The Okura couple, through their estate, has generously provided the Asian American Psychological Association and American Psychological Foundation with a new \$75,000 grant that will be disbursed in three awards of \$20,000 each over 3 years for proposals that emphasize research, training, and service respectively. Ford Kuramoto, vice president of the Okura Foundations says that he hopes the grant will help fund ideas that will improve culturally competent research and service to people in the Asian American and Pacific Islander community.

Dr. Doris Chang, clinical psychology professor at New School of Social Research at New York City is the winner of the new grant for a proposal that emphasizes research. Congratulations!

It is important to have inspirational tales of Asian Americans leaders and productive community members: those who manage to help us thrive amidst challenges and serve a community beyond themselves. I hope that the story of the Okura couple inspires you do the same in your own ways.

Further readings:

Kugel, R. B. (2009). *Victory without Swords: The Story of Pat and Lily Okura - Japanese American Citizens in 1941 America*. Westminster, MD: Heritage Books, Inc.

Munsey, C. (2010). *A continuous gift: A foundation started by K. Patrick and Lily Okura focuses on improving the lives of Asian Americans and Pacific Islanders*. APA Monitor, 41, pp. 70.

Internet link:

Okura Mental Health Leadership Foundation description:

<http://www.columbia.edu/cu/ssw/projects/pmap/okura.htm>

AAPA Okura Community Leadership Award:

<http://www.aapaonline.org/membership/okura.shtml>

Welcome to Our Three New Editors!!

Tigerson Young

The success of the AAPA Newsletter, Asian American Psychologist, depends on a team of dedicated individuals. We are privileged to have three new addition members to our team. Please join us and extend a big, warm welcome to our three new editors!!



Bai-Yin Chen is a licensed counseling psychologist in the state of California. Bai-Yin works in the Counseling and Psychological Services (CAPS) at University of California, Davis (UCD). She received her Ph.D. in Counseling Psychology from Ball State University. Bai-Yin completed her pre-doctoral internship at Texas A&M University's Student Counseling Services. Prior to her employment with UCD, she worked in the Counseling Center at Bowling Green State University. Bai-Yin enjoys working with college students from diverse backgrounds. Her areas of clinical interests include issues of multiculturalism/diversity, women's health and well-being, development, identity, and interpersonal relationships. In addition to the provision of individual counseling, Bai-Yin runs a Women's Group at CAPS. She is also the Coordinator of Group Services at CAPS. Bai-Yin has a strong interest in training and supervision as well. In her leisure time, she hikes in the Sierra and San Francisco Bay Area. She looks forward to working with the AAPA Newsletter team and all AAPA members!



Hannah Nguyen is a 3rd year doctoral student in Social Welfare at the University of California, Los Angeles. Hannah has worked with various API communities in areas of health outreach and education, counseling, program development, and community partnerships. She served as the Vietnamese program coordinator for the Racial and Ethnic Approaches to Community Health 2010/ U.S. - Health Access for Asian Pacific Seniors Project in Los Angeles and Orange Counties. Her research interests include cross cultural considerations in mental health services, community-based participatory research, and collaborations between mental health agencies and spiritual leaders in the Asian American community.



Jane Yang is a licensed psychologist and the Coordinator of Outreach and Consultation Programs at the Emory University Student Counseling Center. Dr. Yang received her Ph.D. in Counseling Psychology from the University of Southern California. Her clinical interests include: (1) The identity development of racial/ethnic minority individuals. (2) Women's issues, including intimate partner violence, with particular focus on the experiences of racial/ethnic minority women. (3) Spiritual concerns. Dr. Yang's research interests include: (1) Do-

mestic violence in Asian ethnic communities. (2) The impact of migration on family functioning and family relationships. Dr. Yang is passionate about working in under-served communities and in assisting individuals and families with building upon the strengths they already possess, as well with developing new strengths to meet life’s unexpected challenges. As such, her work at Emory’s Counseling Center and in the community focuses on prevention education and early intervention in managing mental health concerns.

Finance Report

Krista M. Chronister



As the Finance Officer, I am pleased to report the continued excellent fiscal health of our organization! As of January 21, 2010, we have \$55,568.38 in a savings account and \$11,660.95 in a checking account with E*Trade Bank, for a total of \$67,229.33.

I would again like to encourage members to consider making a tax-deductible donation to AAPA. We are a non-profit organization run completely by dedicated volunteers whom you elect. We strive to offer quality programming and opportunities for mentoring and networking throughout the year as well as at our annual conference. We keep registration costs as low as possible to help us cover our expenses for hosting the convention. Any profits we generate are applied toward student awards or other programming.

Donations of any amount are always much appreciated and are tax deductible! We accept donations in the following categories: **AAPA General Fund, Dissertation Grant, Best Poster Award, Student Travel Award, and Division on Women Fund.** If you have any questions about these funds or would like more information on how the money is used in each fund, please do not hesitate to contact me.

As always, please feel free to contact me at kmg@uoregon.edu for donations, questions, concerns, or suggestions for improvement.

ACCOUNT	Amount
Checking	\$11,660.95
Savings	\$55,568.38
TOTAL	\$67,229.33

Announcement

Promoting Psychological Research and Training on Health Disparities Issues at Ethnic Minority Serving Institutions Grants (ProDIGs)

The ProDIGs Initiative seeks to increase the capacity of faculty at ethnic minority serving postsecondary institutions to engage in health disparities research. It also encourages student involvement in health disparities research training at early levels of the educational pipeline. Five to seven awards are given each year to early career faculty for highly focused research or program/curriculum development activities that are preliminary to the preparation of a federal or foundation funding proposal. Each award includes a small grant, approximately \$5000 to \$6500, and attendance at a professional development, mentorship, and networking workshop. All applicants should submit a detailed concept paper describing the proposed project. For more information, visit http://www.apa.org/pi/oema/programs/prodigs_home.html.

2010 AAPA Membership Application

Please check one: New Member Renewing Renewing, but new category (e.g., Student to Early Career)

If you were referred by an AAPA member, please list person: _____

ALL MEMBERS PLEASE COMPLETE THE FOLLOWING:

Name: _____ **E-mail:** _____

Mailing Address: _____ **City** _____

State _____ **Zip** _____ **Phone:** _____ **Gender:** _____

Highest degree earned: _____ **Year degree earned:** _____

Institution from which this degree was earned: _____

Ethnicity: _____ **Languages (other than English)** _____

Research/Practice Interests (5-6 words):

Areas in psychology in which you received or will receive your degree (e.g., clinical, I/O, social, etc)

I permit AAPA to release my contact information (name, address, email) and/or research interests:

To professional organizations? _____ YES _____ NO

In AAPA member directories (e.g., print or on the website)? _____ YES _____ NO

To prospective employers? _____ YES _____ NO

Professional & Retiree/Emeritus Members--Please complete these items:

Institutional/Organizational affiliation (if employed, current; if retired, previous and year retired):

Position Title (current/previous):

Student Members only--Please complete these items:

School where you are enrolled: _____

Degree objective (e.g., Ph.D., Psy.D., MA., M.S.W.) : _____ **Expected graduation date:** _____

Please Note: Membership in AAPA runs January 1 – December 31 yearly, regardless of when membership dues are received. However, dues received after September 30 will be applied to the following year's membership. Checks not honored by your financial institution will be subject to a \$25.00 fee. If you wish to use a credit card to pay for your membership dues, please use the on-line form available on our website, www.aapaonline.org. The form is found in the membership area of the website.

Please make check out to **AAPA** and send this entire form with your payment to:
Asian American Psychological Association, 5025 North Central Avenue, PMB #527, Phoenix, AZ 85012

Description of Membership Statuses

Professional Members - Persons with a master's or doctorate degree in psychology, mental health, health, or related fields and/or professionals whose work and interests are consistent with the purposes of the Association.

Early Career members - Professional members who are within 2 years of receiving their terminal degree and who hold positions as post-doctoral interns, post-doctoral fellows, assistant professors, or comparable level positions. Members can remain in this status for a maximum of two years.

Retiree/Emeritus members - Professional members who are retired from their positions. These persons must have been a member of AAPA for at least 5 years before paying dues at this level. Retiree/emergitus members pay dues at one-half the rate as professional members.

Student members - Undergraduate or graduate students in psychology, counseling, mental health, or related fields. *Student members of AAPA also automatically become members of the Division on Students with no additional fee.* Six dollars in dues support the Student Division, while the remaining monies support AAPA.

Associate Organization members - Include, but are not limited to, organizations interested in the purposes and objectives of the Association.

DUES & DONATIONS		AMOUNT	ENCLOSED
A. General Membership (1year)	Professional Member	\$70.00	\$
	New Professional Member (1st year)	\$50.00	\$
	Retiree/Emeritus Member	\$20.00	\$
	Early Career Professional Member	\$50.00	\$
	Student Member	\$35.00	\$
	Associate Organization Member	\$70.00	\$
B. Division on Women¹	Professional Member	\$15.00	\$
	Student Member	\$6.00	\$
C. Division on South Asian Americans¹	Professional Member	\$15.00	\$
	Early Career Professional	\$10.00	\$
	Student Member	\$6.00	\$
D. Donations²	General Fund	\$25 \$35 \$50	\$
	Dissertation Grant	\$25 \$35 \$50	\$
	Best Poster Award	\$25 \$35 \$50	\$
	Student Travel Award	\$25 \$35 \$50	\$
	Division on Women	\$25 \$35 \$50	\$
	Division on South Asian Americans	\$25 \$35 \$50	\$
TOTAL AMOUNT ENCLOSED			\$

¹Membership in the Division on Women or Division on South Asian Americans is optional, but you must be a member of AAPA to join DoW or DoSAA.

²AAPA is a tax-exempt organization under IRS code section 501c (3) and all donations to AAPA are tax deductible. As a non-profit, AAPA and its Division on Women accepts donations to help finance activities. Please consider donating.



**Asian American
Psychological Association**
(602) 230-4257
www.aapaonline.org

2009-10 Officers

President

Gordon Hall, Ph.D.

Vice President

Sumie Okazaki, Ph.D.

Finance

Krista M. Chronister, Ph.D.

Membership

Debra Kawahara, Ph.D.

Communications Officer

William Ming Liu, Ph.D.

Secretary/Historian

Jonathan Kaplan, Ph.D.

**Past President and
Awards Chairperson**

Karen Suyemoto, Ph.D.

Council Representative

Alvin Alvarez, Ph.D.

Board of Directors

Szu-Hui Lee, Ph.D.

Richard Q. Shin, Ph.D.

Paul Wang, Ph.D.

Stephanie Pituc (Student Rep.)

**Asian American Journal of
Psychology Editor:**

Frederick T.L. Leong, Ph.D.

**Newsletter Staff
Co-Editors**

Bai-Yin Chen, Ph.D.

Chun-Chung Choi, Ph.D.

Cirleen DeBlaere, Ph.D.

Chia-Wen (Winnie) Hsieh,
Ph.D.

Hannah Nguyen, M.S.W.

Romina Romero, M.P.H.

Frances Shen, Ph.D.

Yuying Tsong, Ph.D.

Jane Yang, Ph.D.

Kathleen Young, Ph.D.

Tigerson Young, Ph.D.

Columnists/Reporters

Darcy Ing, Ph.D.

Zeb Lim, M.S.

Neera Puri, Ph.D.

Amee Velasco, Psy.D.

Contributing Photographers

Zeb Lim, M.S.

Graciete Lo, M.A.

**ASIAN AMERICAN
PSYCHOLOGIST
Advertising Policy**

Asian American Psychologist, the official newsletter of the Asian American Psychological Association (AAPA), is published 3 times yearly (Fall, Spring, Summer) and distributed to over 500 members of AAPA. For information on specific publication dates and advertising submission deadlines for upcoming issues, please contact the advertising editor. AAPA is a federally recognized non-profit organization.

Advertising Rates and Typesetting

Typical display advertising rates are based on column length (see below). Each advertising column is approximately 2 & 1/4 inches wide. There are 3 columns per newsletter page. The advertising rates are:
3-inch column ad = \$60.00
6-inch column ad = \$90.00
9-inch column ad = \$120.00

Requests for alternative typesetting for an ad can most often be accommodated at no extra cost. The rate billed will be based on the page area covered that corresponds to the advertising rates shown above.

Submission of Ads

It is recommended that text-only ads be submitted via email MS Word format to the advertising editor (see below). If special graphics are desired to appear in the ad, submission of camera ready copy which conforms to the ad sizes described above is required. The name and complete mailing address of the person or institution to be billed must accompany the submission of the ad.

Submit ads by email to:

Tigerson.Young@gov.bc.ca

Billing

A billing statement will be sent after an ad is successfully submitted. It is the policy of AAPA that in the event there is a delay in the publication of the newsletter such that your application deadline is missed, you will not be charged or we will fully refund your payment. Payment must be a check or money order made payable to "AAPA" (we cannot process credit card payments).