

Asian American Psychological Association

2018 AAPA ANNUAL REPORT



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In my last year as member of the Executive Committee, I mainly utilized my time in assisting our current AAPA president and vice president, Dr. Helen Hsu and Dr. Richelle Concepcion, with a smooth transition into their roles, while also helping to nurture some of the projects I had initiated in my years as President and Vice President. Below are a sample of the few tasks I completed.

Prior to our convention in Las Vegas in 2017, I participated in the leadership retreat, which was offered to select current AAPA graduate students who we deemed to become future leaders of AAPA. I was able to speak with the very diverse and energetic group, and to facilitate a very meaningful session on challenging our own internalized oppression and imposter phenomenon.

As one of the founders of the AAPA Policy and Legal Cases Committee, I continued to support the current co-chairs Dr. Helen Hsu and Dr. Devika Srivastava on keeping abreast of political issues affecting Asian Americans, particularly Asian American mental health.

As one of the founders of the AAPA Education Committee, I helped to assemble a fantastic group of leaders who will be responsible with providing educational and training materials on issues related to our AAPA mission of advancing mental health in Asian American communities. I am so happy that Alexandra Rivera and Kari Tabag agreed to serve as first co-chairs of this committee, and that Kari and Gabriel Rodriguez have continued to serve as chairs for the committee's second year.

This past year, I also aimed to support AAPA Divisions as best as I could. As one of the founders of the Division on LGBTQQ Issues, I worked with Dr. Saeromi Kim and Dr. Nic Rider on promoting mental health issues for AAPI LGBTQQ people on a national level. As one of

the founders of the Division on Filipino Americans, I participated in the second biennial Filipino American Psychology conference in San Francisco and served as their closing keynote speaker. I thank Dr. Krista Chronister, Dr. Christine Catipon, and their team for an amazing conference. Finally, as a longtime friend of the Division on South Asian Americans, I assisted incoming DoSAA chair Dr. Devika Srivastava on their first ever South Asian American Psychology conference, which is being held on my campus John Jay College of Criminal Justice in September.

I chartered the search committee for our incoming Editor for the Asian American Journal of Psychology. I am pleased that Dr. Gordon Hall served as the Search Committee Chair and that Drs. Richelle Concepcion, Sumie Okazaki, Usha Tummala-Narra served as Search Committee Members.

I am pleased that they selected Dr. Chu Kim-Prieto who has agreed to serve as Editor. Not only would Dr. Kim-Prieto be our first woman editor, but she also is our first social psychologist to serve in this role.

I represented AAPA on two national projects – focusing on Asian American and Pacific Islander Boys and Men. First, as an Advisory Board Member for Forward Promise (which is part of the Robert Wood Johnson Foundation), I assisted in selecting grant recipients for funding to promoted mental health issues for Asian American boys and young men. Second, as an Advisory Board Member for RISE for Boys and Men of Color, I engaged in many discussions with national thought leaders on ways to address trauma among AAPI boys and men (and other boys and men of color). For RISE, I authored a publication entitled *Filipino American Boys and Young Men: Culturally-Responsive Recommendations for Policy and Practice*; this brief is expected to be released in Fall 2018.





I represented AAPA in a number of ways at national and regional conferences. Most notably, I was the keynote speaker of the Centers for Disease Control and Prevention (CDC)'s annual Asian Pacific Islander Heritage Month celebration in Atlanta, Georgia. I was honored to speak in front of many policymakers and researchers, with my main messages focusing on data disaggregation and cultural competencies for AAPI communities.

I was also the keynote for the National Council of Schools & Programs of Professional Psychology in Las Vegas in January 2018, in which I advocated for more social justice activism in psychology and training (Special thanks to AAPA Member Dr. Alicia del Prado was the programs coordinator). Lastly, I emceed the gala for the Filipino Veterans who received their Congressional Gold Medals in Washington DC in November 2017 and continued to represent AAPA as a member of the National Council of Asian Pacific Americans (NCAPA).



I conclude by expressing my gratitude to AAPA for all your support these past 8 years that I have served as an AAPA officer. I have been delighted to witness all of the great things that Dr. Helen Hsu and the current AAPA EC have been doing, and I am excited to see all of the wonderful directions that they take the organization. I am also hopeful to see all of the potential in our younger generations and I trust that they will continue to uplift and embody the spirit of AAPA for years to come.





AAPA 2018 Annual report

How remarkable to realize another year is winding down! Every one of the nuts and bolts tasks and actions of the Presidency is supported by our tireless secretary/historian, executive committee, division lead teams and all of our respective families, communities, and partners whose sacrifices and contributions render us whole.

I have had the privilege of serving as Vice President with both AAPA past presidents Sumie Okazaki and Kevin Nadal. A consistent thread throughout all of our terms is a vision for AAPA to become a more inclusive place for all members, while allowing for a widening of alliances and perspectives so all members can find or create support and growth. As AAPA President, this value continues to underlie my decisions and processes.

Overseeing Executive Committee and Managing General Operations

Regular tasks of the presidency include: facilitation of Quarterly executive committee planning meetings, via conference call as well as in-person meetings at APA and AAPA conventions.

Behind the scenes, there are almost weekly email and phone contacts between AAPA EC members and committees as we navigate current events, policy issues and questions, respond to membership and coordinate with our colleagues in other professional organizations and communities.

AAPA Annual Convention

As many of you will recall, AAPA's first stand-alone multiday conference took place in Las Vegas, October of 2017. Many members felt that format ought to continue as it allowed more time for sessions, socials, and bonding than the one day tradition. However, other members preferred to blend their AAPA convention travel with their APA travel, or liked the idea of meeting in San Francisco for 2018.

A decision was made by the Executive committee and the convention co-chairs to compromise thusly:

Our 2018 convention would resume a 1 day format before APA in San Francisco, and the 2019 convention would once again be planned as a stand-alone convention, location TBD.

Bravo to Nic Rider and Justine Fan for their efforts as co-chairs to convene our 2018 annual convention at City College of San Francisco. Throwing Rocks, Building Bridges emphasized centering and uplifting our Intersecting voices. Attendees survived the brisk San Francisco "summer" and contributed to active dialogues and shared learning.

The very day after 2018 convention, AAPA EC and Convention co-chairs were already meeting to review lessons learned and prepare for AAPA 2019. We are very pleased that Jennifer Hsia has stepped up to contribute her talent and time, joining Justine Fan as the next convention co-chairs.

Asian American Journal of Psychology

Thank you to Bryan Kim for his guidance and work as AAJP has continued to grow in success! Bryan will continue in his role as outgoing editor of AAJP this coming year.

Thank you to the AAJP Editor Search committee Gordon Hall, Richelle Concepcion, Sumie Okazaki, and Usha Tummula-Nara for assisting us with recruiting and screening a truly outstanding pool of applicants.

Congratulations to Chu Kim Prieto who has accepted a role as the new incoming editor of the AAJP and is already at work recruiting new assistant editors as our journal continues to grow.

AAPA elections and committees

Thank you to our outgoing EC members Drs. Glenn Masuda, Frances Shen, Marcia Liu, Andy Paves, Monique Shah Kulkarni, and Amy Kobus. Also to Karen Suyemoto for fiercely representing AAPA as our liaison to APA Council. I could not imagine a more responsive and devoted team and I know we have all benefited from their expertise and advisement for these past years. Let us also recognize some shifts- Ming Tu who has earned his Ph.D. and also shifted from AAPA student representative to the AAPA communications officer. Also Nellie Tran has completed her role as Finance Officer and will assist Devika Srivastava and Matt Lee as they both take on roles as Co-Finance Officers, and Nellie assumes the role of AAPA Vice President.

We welcome Leilani Crane, Gagan "Mia"Khera, Gloria Wong-Padoonpatt, Kim Langrehr, Swapandeeep "Swap" Mushiana and Kavita Atwal into their new roles guiding AAPA, as well as Richelle Concepcion as our President-elect. I look forward to our bi-annual AAPA EC and division lead retreat in February of 2019 as an opportunity for us to align our vision and simply to gather and enjoy getting to know one another better.

Our Policy committee continues to respond to policy matters which impact our communities and allies, voting on sign on agreements and electing to draft our own statements as needed.

AAPA continues our relationship of as a member of National Advocacy for Asian American and Pacific Islander Mental Health (NCAPA) where current events has kept our partner agencies in law, health, and labor extremely busy. We will be joining NCAPA in 2019 for the annual leadership retreat in Washington D.C.

Partnerships and Collaboration

AAPA continues as a member of The Alliance (NLPA, AbPsi, APA, with an invitation to AMENAPsy). We met at in San Diego this year to present on a long term collaborative research project funded by the Annie E. Casey Foundation. Look for the Color of Justice report to be released soon.

We also continue to serve as cultural experts and consultants within the California Reducing Disparities Project (CRDP). CRDP studies community based culturally adapted interventions at sites located throughout California. Sunjung Cho, Lauren Berger and I began work on this project more than a year ago and are awaiting current state review before proceeding.

AAPA is a longstanding member of the Council of National Psychological Associations for the Advancement of Ethnic Minority Interests (CNPAAEMI). Goals of the council are to promote the professional/career development of ethnic/racial minority psychologists, advance multicultural competence of psychologists, promote culturally competent service delivery models of psychological care, increase the recruitment and retention of ethnic/racial minorities in the profession of psychology, liaison and collaborate with other appropriate organizations interested in ethnic/racial minority issues and/or projects, promote research and understanding using alternative cultural paradigms.

One of the most consistently valuable aspects of CNPAAEMI is the Leadership Development Institute (LDI) which we are fortunate to have AAPA Past President Alvin Alvarez

Many of you will remember Saeromi Kim for her closing session at the AAPA 2018 convention, and I expect you will hear even more as she completes her presidential residency.



I continue to serve as Training Advisory Committee member for the American Psychological Association Minority fellowship program, and was thrilled that AAPA Board Member Ulash Thakore Dunlap also become a member of the APA MFP TAC this past year! In addition, another esteemed AAPA member, Nadine Nakumura has been selected to join the APA MFP TAC in Spring of 2019. Congratulations to Nadine!! encourage all our eligible student members to apply for the highly competitive (but well worth it) APA - MFP fellowships and all advanced grad students and early career professional to consider applying for the APA MFP Psychology Summer Institute.

AAPA continues our relationship of as a member of National Advocacy for Asian American and Pacific Islander Mental Health (NCAPA) where current events has kept our partner agencies in law, health, and labor extremely busy. We will be joining NCAPA in 2019 for the annual leadership retreat in Washington D.C.

Promoting representation and leadership development within AAPA

Presently our membership numbers at almost 1000 nationwide. I encourage all of you to consider taking leadership or initiative as to pursue and grow what you hold dear, what matters most in your work and communities. Our strong emphasis on mentoring and leadership development is in recognition of the fact that the majority of our members are students and ECP's. You are the future of our field and have increased the breadth, depth, applicability and representation of matters pertinent to Asian American Psychology.

The EC is making plans for another Leadership Development Institute in 2019.

It continues to amaze and humble me each time I learn about the important research and community and clinical and educational work of our members. Your contributions are unique and precious in our field which remains 83% white, and at a time of hostility toward underserved populations.

As I near the halfway point of my presidency, I will keep pushing for all of you to see yourselves as influencers with key perspectives. I am so proud to see more of you applying for fellowships, awards, and positions of influence and I thank you for allowing me the honor of serving and representing AAPA.



I noted in my previous Vice Presidential annual report that my goal for the year was to transition in my role from a passive observer to an active role player. I believe that in the past year, I've made strides toward that transition, particularly in the roles and tasks which I've taken on.

In early 2017, our Executive Committee attended a Leadership Retreat in Portland, OR which provided ample opportunities for us to define our goals as an organization and develop strategies for implementation. I was part of the group of members who were involved in planning for the retreat, specifically identifying locations, planning ice-breaker activities, and purchasing some of the sustenance.

I continued to serve as a member of the AAPA policy committee which affords me the opportunity to vote/support initiatives and petitions which concern AAPIs (NCAPA). Some of the initiatives supported during my involvement with the policy committee include: opposition to family separation affecting immigrants and asylum seekers, support of the Health Equity and Accountability Act, and signing of a letter to support protection of the DREAM act.

I have had the opportunity to participate in several conference calls for the Alliance of National Psychological Associations for Racial and Ethnic Equity (The Alliance). I learned a great deal about the endeavors that the Alliance supports such as the Anne Casey Foundation, the California Reducing Health Disparities Project (CRHDP) and the Community Violence Project. Additionally, I had the opportunity to

attend a CNPAAEMI meeting which took place in Oakland, California prior to the ABPsi convention. During this meeting, I had the opportunity to learn more about how the respective EMPAs (Ethnic Minority Psychological Associations) collaborate.

I am currently serving as the student awards committee chair, overseeing the evaluation process for the student dissertation award as well as the Stephen C. Rose Scholarship. I was responsible for also overseeing the student travel awards as I delegated several individuals to rate and rank order the respective student applicants prior to selecting the winners among them. In my role, I also created the award certificates and presented them to the winners during the convention.

I also served on the search committee for the new AAJP editor. I spent time reviewing the application packets for a number of superb candidates. Additionally, I consulted with my fellow committee members and reflected on each of the applications before arriving at the decision to select the next editor Dr. Chu Kim-Prieto. The time spent in discussion and review was a great experience as I learned about what qualities of great editors, but also learned about the tasks entailed with producing a great journal such as AAJP.

I have been working alongside Dr. Nellie Tran as Co-Chair for the AAPA Leadership Fellows program. In our roles as Leadership Fellows Co-Chairs, we planned professional development calls with the new fellows in order to facilitate their mentoring relationships with their respective mentors. Additionally, we assigned project mentors to current fellows Jan Estrellado and Susan Han. Additionally, Dr. Tran and I worked together to propose, create and plan the first ever AAPA Student Leadership Institute. The 2 day institute aimed at creating mentoring and training opportunities for students who strived to be leaders in numerous capacities (e.g., schools, community, AAPA, and APA). Dr. Tran and I, as well as the mentors who participated in the institute, are very proud of the accomplishments of the participants who've gone on to serve in various leadership roles.

I recently transitioned in the President-elect role, yet still believe I have much to learn. Although I am satisfied with what I've accomplished so far, I am hungry for more opportunities to learn and contribute to our organization. I am looking forward to what the next year has in store.

Over the past year, I have been involved with the AAPA Education Committee, serving as both a committee member and liaison to the AAPA Executive Committee. Our group is comprised of students, educators, researchers and mental health professionals whose mission is to increase public awareness of mental health, disseminate research, promote education, enhance training, and empower AAPI communities.

Our team is currently working on developing a database for our Archival Project, which we plan on making available on the AAPA website. Our goal is to amass resources (such as important articles, statistics, and other educational materials) that may be useful for (a) educators when preparing course materials, (b) mental health professionals needing up-to-date research findings to help inform practice/treatment or other community resources for clients, (c) researchers needing statistics and data on AAPI population, and (d) students/trainees looking for important literature on AAPIs.

I have also had a small role in the past two AAPA conventions, serving on the awards committees and on the committee reviewing continuing education applications.

As I look ahead to the next year, my hope, with the help of the Education Committee, is to put together/generate resources for younger members of our communities (high school and college students) so they can get an early introduction to Asian American Psychology or be more informed about issues relevant to AAPI mental health. I welcome anyone from AAPA who may be interested in joining me and the Education Committee on this venture!

**Ulash Thakore-Dunlap, LMFT**

It has been a pleasure to serve my second term as AAPA Board of Directors and supporting the President's vision. Regarding projects and activities, we are in the final draft stages of the AAPA Therapy Referral Board. I am working with the Division on Practice (DoP) executive committee members to launch the AAPA referral board (by end of 2018) where the public and our members can search for AAPA licensed Asian American clinicians. Initially we will pilot this project to current DoP members who are licensed clinicians to list their clinical services, with the long term goal of all AAPA members who are licensed can list their clinical services.

Other AAPA projects I have had the honor to participate in is working with Drs. Sumie Okazaki, Cixin Wang and Munyi Shea on creating and disseminating guidelines on bullying and victimization among Asian American and Pacific Islanders (AAPI) K-12 students to school professionals and parents. We received the American Psychological Association PILC award to address the lack of knowledge and resources on AAPI students experiencing bullying in the community. The goal is to create a practical resource for teachers and parents on AAPI bullying and to disseminate the materials online in ways that are accessible by school administrators, academic counselors, school based mental health professionals, teachers, and to parents. We are in the final stages of the

project and hoping it will be ready by the end of 2018. In addition, I have enjoyed my role as Co-Chair of the Division of Practice (DoP) and working with the DoP EC team to bridge the gap between academics, researchers and clinicians within AAPA.

Within the field of counseling and psychology, I have been active in increasing visibility of AAPA, Asian American psychology and reducing mental health stigma. I am the first South Asian to be on the Mental Health Board of San Francisco. As Co-Chair I work with other board members in advising the Behavioral Health Director, Board of Supervisors and Mayor about mental health funding, policy and services. As Training Advisory Committee Member for American Psychological Association Minority Fellowship Program I have the honor of working with Dr. Helen Hsu our AAPA President and other TAC Members to support our minority fellows. As Board of Directors at the San Francisco Mental Health Education Funds I support and advocate for trainings needs in our city, and as Board Member at MySahana I work with the board members, staff and volunteers to reduce mental health stigma in the South Asian community.

I look forward to continuing to connect with many of our AAPA members, the wider AAPI and counseling psychology community in meet our goals!



As of 8/14/18, there are a total of 1060 AAPA members. The improved functionality and convenience of our website has continued to result in a marked increase in our membership. Note that since we

moved to the new AAPA website and membership system, the membership categories are currently divided into professional, student, and retiree members only. Early career/first-year, lifetime, and associate organization members are all grouped under professional membership. Thus, as evident in the table above, it is no longer possible to examine changes in membership renewals for these three membership categories from prior to 2013.

The continued increase in membership is likely due to the various improvements in the website and membership system over the last few years. First, members are able to easily and conveniently join or renew their membership online using a credit card payment. Second, the new AAPA website processes automatic renewal of membership using the credit card on file in the membership system upon its expiration. Members are automatically enrolled in automatic renewal of their membership when they join the AAPA, but they can email me directly to let me know if they would like to opt out of automatic renewal and I can manually change this setting in their account. There are still instances in which members were not aware of this automatic payment feature, and I have to clarify this feature with members on a case-by-case basis and process refunds of their memberships if requested. We have attempted to make this language on the membership application page more visible by highlighting and underlining this text. Finally, members who join the AAPA are added to the organization's Googlegroups listserve. This listserve is limited only to current AAPA members. Unfortunately, since the Googlegroups listserve is not synchronized with our membership system, the listserve has to be manually monitored by the Membership Officer. In addition, I periodically check the listserve membership against the AAPA membership lists to identify expired memberships and manually remove these members from the listserve.

Improvements to the AAPA Membership System

At the request of the AAPA divisions, a new function was added to the AAPA membership system in 2015 to allow members to add or remove their division memberships at any point in the year. This allowed members to join or leave the divisions as needed. Once joined, the division membership automatically renew with their membership renewals upon expiration. This helps to encourage continued membership within the divisions along with their AAPA membership. If members leave the division, their automatic renewals will no longer include their previous division fees, so that members will no longer have to request for a refund of their division fees every year that their AAPA membership automatically renews. However, if a member chooses to add or remove a division membership before their current AAPA membership expires, they will have to renew their membership for a full year and request a prorated refund from me for their remaining membership from the previous renewal. In addition, when a member leaves a division, I must manually remove their division membership from their account afterwards to ensure that they do not continue to be listed as a division member despite no longer paying for division fees. The AAPA divisions expressed that this process has been cumbersome over the past two years for members to join new divisions, and they were concerned that this discourages new division memberships. Thus, we were able to work with our web developers over the past year to customize our website to allow for members to join and leave a division at any time without the need to process a prorated refund. Once a member joins a new division, their automatic renewals in subsequent years will also result in automatic renewals of their division membership. This new customization was implemented in spring 2018.

Current Membership Numbers for 2018 and comparison with previous years:

Membership Category	2018 (on 8/14)	2017 (on 7/18)	2016 (on 7/21)	2015 (on 7/20)	2014 (on 7/19)	2013 (to 6/30)	2012 (to 8/15)	2011 Total	2010 Total
Professional	416	342	301	265	205	190	169	152	117
Early Career & First Year	N/A	N/A	N/A	N/A	N/A	N/A	54	45	26
Student	633	500	423	339	237	180	168	210	145
Lifetime	N/A	N/A	N/A	N/A	17	17	17	17	17
Retiree	11	11	11	8	9	7	5	5	4
Organization	N/A	N/A	N/A	N/A	N/A	N/A	1	1	1
Total	1060	853	735	612	468	394	414	430	310

During my second and final year as Secretary/Historian for AAPA, I assisted President and Vice-President, Dr. Helen Hsu and Dr. Richelle Concepcion with scheduling the quarterly EC meetings, recorded and disseminated meeting minutes throughout the year, and archived important documents. I also utilized my time with assisting our incoming Secretary/Historian, Dr. Gloria Wong-Padoongpat make a smooth transition into her role and facilitating projects initiated in 2018. For example, with the assistance of Ulash Thakore-Dunlap, as members of the Archiving Sub-Committee, we reviewed and archived many AAPA materials. We are in the final states of this archiving project. We hope to complete this project in 2018-2019 and make any recommendations to the EC of the remaining AAPA historical documents. In 2018, as Secretary, I took over a number of additional administrative tasks previously managed by the president. These include monitoring of our virtual mailbox with iPostal1 and managing of the EC Listserv.

Another important operational role of my position is to organize voting of various EC matters (e.g., approval of spending initiatives, votes for positional statements) and election of new EC officers. For the third consecutive year, we used Election Buddy, a user-friendly electronic voting system. Our AAPA 2018 election concluded with the election of the following new EC members (term begins August 31, 2017):

President-Elect: Richelle Concepcion (2018-2020)

Vice President-Elect: Nellie Tran (2018-2020)

Division Council Representative (CoR): Gagan “Mia” Khera (2018-2020)

Board of Director: Kim Langrehr (2018-2020)

Student Director: Swapandeeep “Swap” Mushiana (2018-2020)

AAPA DELEGATE TO APA COUNCIL

Leilani Salvo Crane, Ph.D.



Perhaps the most exciting outcome of the work of the Council Diversity Work Group (CDWG), chaired by the EMPA delegates from SIP, NLPA, and AAPA, was the inclusion of our predecessor EMPA delegates, Dr. Karen Suyemoto, Dr. Melinda Garcia, and Dr. Fred Millan, in New Member Orientation for APA Council. All three were instrumental in advocating for culture shift in Council and hiring Dr. Stephani Fryberg, a member of the Tulalip tribe, to bring a new orientation and ways of seeing and process to new Council members. Thanks especially to Dr. Milton Fuentes, NLPA delegate, Dr. Fryberg will bring her process to Council as a whole in February of 2019.

In addition, CDWG accomplished and/or aspires to the following:

- Council Diversity Work Group was approved as an ongoing committee for the year 2018
- CDWG was assigned a liaison from the Council Leadership Team, Dr. Jean Lau Chin
- Council representatives have been invited to provide correct pronunciation of their names
- CDWG is partnering with the Diversity and Inclusion Committee to offer recommendations and feedback regarding the Diversity Implementation Plan
- CDWG succeeded in adding to the New Business Item (NBI) form a requirement that every NBI consider the Diversity impact of the motion
- The CDWG report developed under the leadership of Karen Suyemoto, Melinda, Garcia, and Fred Millan, will be considered in creating the job description of the Chief Diversity Officer (CDO) to guide the hiring process
- CDWG will determine a process for tracking and addressing microaggressions
- EMPA delegates met privately with Dr. Kumea Shorter-Gooden, the psychologist hired to consult on the hiring of the CDO. Dr. Shorter-Gooden confirmed that the input of the EMPA delegates and CDWG are critical to the creation of the job description of the CDO, as well as to be available for consultation by the CDO.

Thank you for allowing me to represent AAPA on APA Council. Please let me know about issues that are of concern to you. Please also weigh in on APA matters that affect AAPI peoples, such as the Race-Related Stress training video and the Treatment Guidelines for Depression, as well as any other treatment guidelines that come out of Council. To date those guidelines have not taken context into account, nor have they adequately considered communities of color.



This is the Annual Report for the *Asian American Journal of Psychology*, which is to be presented at the AAPA executive committee meeting in San Francisco.

1. Published Issues of the Journal and Manuscripts in the Pipeline

This is my fifth year leading AAJP (four years as editor and one year as editor-elect). We have successfully published, on schedule, four issues last year and two issues this year (the March issue was a Special Issue on qualitative methods). Things are continuing smoothly in terms of the editorial team, the assignment of manuscripts, and the review process.

We continue to seek high quality manuscripts for publication and I have been impressed with the quality of manuscripts that have been submitted during the past five years. I would like to thank my Associate Editors, Drs. Chu Kim-Prieto and Lisa Kiang, for their tremendous efforts in helping us to produce a high quality journal. I also want to express my gratitude to our very capable editorial assistant, Sonya Volsky.

2. New Editor Search

I served as an ex-officio member of the new AAJP editor search committee with Drs. Gordy Nagayama-Hall (Chair), Richelle Concepcion, Sumie Okazaki, Usha Tummala-Narra. The committee received three applications and selected Dr. Chu Kim-Prieto as the new editor. Dr. Kim-Prieto's term will begin as editor-elect on January 1, 2019 at which time she will begin handling new submissions. I will continue to serve as editor in 2019 during which time my accepted submissions will be published. My term will end on December 31, 2019 and Dr. Kim-Prieto will become the editor on January 1, 2020. I am looking forward to working closely with Dr. Kim-Prieto to achieve a smooth transition.

3. Special Features

We have continued several special features in the journal including a Book Review section (Dr. Gayle Iwamasa continues to as the Book Review editor), a section on Case Studies (Dr. Doris Chang continues to serve as the section editor), and an International Section (Dr. Winnie Mak continues to serve as section editor). I want to express my gratitude to Drs. Iwamasa, Chang, and Mak for their excellent contributions to AAJP.

4. Special Issues

We currently have two special issues in progress, one titled "Asian Americans and Suicide" and the other titled "Culturally Responsive Prevention Research for Native Hawaiians, and Other Pacific Islanders." Drs. Fred Leong, Joyce Chu, and Shashank Joshi are serving as guest editors for the suicide special issue and we received 14 manuscripts. Three of these submissions have been accepted, three have been rejected after external review, and the rest are in the review pipeline (three with minor revision and five with major revision). I am looking forward to publishing this special issue, hopefully in December or March. For the special issue on prevention research for Pacific Islanders, Drs. Bobbie Yee, Joseph Keawe'aimoku Kaholokula, and Scott Okamoto are serving as action editors. We have received five submissions thus far and are looking forward to receiving more.

5. Changes to the Editorial Board

Four new members were added to the editorial board and we now have 63 board members. I would like to take this opportunity to thank our editorial board members for their excellent contributions. We continue to add more ad hoc reviewers to our roster. If you know of colleagues interested in serving as ad hoc reviewers or as a board member, please refer them to me.

6. Best Paper Award

Continuing with the tradition of the AAJP Best Paper Award, I led a review by the editorial board of the published papers in 2017. The 2017 Best Paper Award will be presented to Joanna J. Kim (University of California, Los Angeles), Joey Fung (Fuller Theological Seminary), Qiaobing Wu (Chinese University of Hong Kong), Chao Fang (University of Science and Technology of Beijing), and Anna S. Lau (University of California, Los Angeles) for their article titled "Parenting Variables Associated with Growth Mindset: An Examination of Three Chinese-heritage Samples" (2017, Vol. 8, No. 2, Pages 115-125). The Award will be presented at the annual AAPA convention in August. It also will be announced in the December issue of the journal.

7. Journal Citation Reports

AAJP received an Impact Factor of 1.452 in 2017, which is a slight decrease from 2016's 1.528. AAJP is ranked fifth in the ethnic studies category (out of 15 journals). We will continue to strive to increase our impact factor by publishing high quality articles that will be cited by many authors.

8. Strategic Goals for the Future

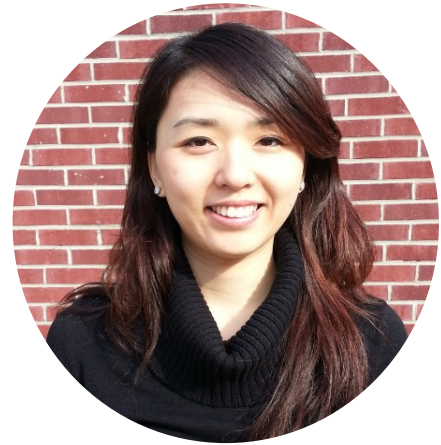
Similar to past goals, we are endeavoring to publish high quality articles and ensure that the AAJP remains the go-to source for information on Asian American psychology research and knowledge. In an additional effort to increase the journal's visibility, we have been selecting one article in each issue as the Feature Article. The lead author of the article is then invited submit a brief biography and a note about any interesting events that occurred during the research process. This document is disseminated via the social media outlets (e.g., Facebook, Twitter, listservs) of Asian American Psychological Association.

9. Submission and Acceptance Data

The number of submissions this year for the first seven months: January 1, 2018 – July 27, 2018: 55 (during the last year for the same period, 53 submissions were received)

Rejection rate YTD: 49%; Acceptance Rate YTD: 51%

Given that there has been no change to the level of review rigor by the editorial board, the decrease in the rejection rate is likely due to the higher acceptance rate of submissions for the special issues and the overall improvement in the quality of the regular submissions.



Division on Practice Executive Committee Members 2017-2018

- Frances Shen (Chair)
- Ulash Thakore-Dunlap (Co-Chair)
- Thuy Truong (Chair-Elect)
- Susan Han (Secretary-Historian)
- Anjuli Amin (Membership/Nominations/Elections Chair)
- Kelly Liao (Treasurer)
- WonYoung Cho (Communications Chair)
- Meiyang Kadaba (Student Representative)

GENERAL POINTS:

The Division on Practice (DoP) was originally initiated by an interest group in 2014 as a Practice Task Force and formally recognized as a division of AAPA in 2016. This is the second year since the establishment of the DoP. The main mission of the DoP is to promote collaboration between researchers, practitioners, and educators, to foster collaborations between researchers and practitioners on research that truly informs practice within the API community and on current practice trends that can guide future research on AP mental health issues. In addition, DoP aims to provide the networks, support, resources and institutional visibility for AAPI practitioners within the AAPA and larger community.





ACTIVITIES IN 2017-2018:

The DoP is still in the initial development and building stage. However, in the two years since its establishment, the DoP has grown in membership to over 90 members. In the past year, the division has worked to develop and establish a new website (aapadop.wordpress.com) to serve as a hub for all division activities. The website was launched in July 2018 and contains information about the mission and purpose of the division, the history of its establishment, the current executive committee members, how to join the division and the membership benefits, an active blog, and other resources. Future goals for the website include establishing a platform for professional development resources and webinars. We hope that this website will serve as a platform to further engage our division members.

In addition, we have been working with the AAPA EC to begin developing a referral board. The purpose of the referral board is to establish a platform for practitioners to post information about their practice, including their areas of expertise, languages, licensure, etc. Once established, the referral board will be a complimentary benefit to DoP members only. The DoP EC has agreed to spearhead this project, and to oversee the referral board. In return, the AAPA will share revenue from the board with the DoP. Thus, we believe that this referral board will offer a much-desired benefit to DoP members and will also help to generate additional revenue to fund DoP activities in the future. At this time, a general template for the site has been developed, and we hope to finalize the board for piloting amongst DoP members in the next year.

Finally, the DoP was actively engaged in the 2018 AAPA Convention through several activities, including a social hour prior to the convention, a lunch meeting to update the DoP membership on the activities over the past year, a mentor-mentee session presentation on "Establishing a Clinical Career/Private Practice", and a business meeting. Overall, the meetings were well attended and allowed the DoP EC to share the progress made by the division and engage in dialogue with its membership in establishing future goals and projects.



This was only the second year that AAPA has had someone formally in this position, so there continued to be a learning curve in terms of defining the CoR Chair's role with the divisions and among EC members. Coordinating conference calls across multiple time zones continued to be difficult this past year, so email was again the most reliable form of communication among division representatives. In fact, most representatives indicated email was a preferred mode of communication due to scheduling challenges.

In my role as CoR Chair, I was instrumental in securing funding for division leaders to attend the 2017 annual convention in Las Vegas, NV. The EC ultimately decided to provide \$160 of support (equivalent to the cost of early bird registration for professional members) to division leaders who had not otherwise received financial support from the agency to attend convention (i.e., through serving as a student volunteer, serving as a convention committee member, or having been accepted to the Graduate Student Leadership Institute).

Though we were unable to have a pre-conference CoR meeting ahead of the 2017 AAPA Convention, the EC is still committed to organizing a division leaders retreat in conjunction with the next EC retreat, hopefully in winter/spring 2019. It is my hope that having a few days or a weekend devoted to team building and strategic planning for the organization with division leaders and EC members together will allow divisions to more quickly come to a consensus on issues related to financial structure of divisions as related to the larger organization as well as develop a plan around greater collaboration among divisions and improved integration of divisions within the larger organization.

The next person in the CoR Chair role should work with division leaders and the EC to clarify a more consistent process of how to involve the division representatives in policy or procedural issues that may require a vote by the EC as well as define expectations related to the sharing of potentially sensitive information that the EC is not yet able to share with the membership at large.



Chair: Ahmed Alif, LMSW

It has been an honor serving as the Chair for Division on Student for the past two years. This role has taught me to be true to myself in terms of being a radical thinker and tackling complicated issues promoted by the current administration such as the Muslim ban.

One of the central goal was to advocate for the students and address their concerns and wants without creating bureaucratic barriers. This included self-awareness of our own personal agendas and regular check-ins within the DoS executive committee members. Our own struggles were a reflection of the challenges facing other students across the U.S. As a result, our outreach had the highest increase in all of DoS history- 423 active members, 1,282 social media presence, and \$6,035 in funding reserves!

We have also enhanced access to resources by increasing the number of awards per category. The incentives went from \$100 to \$200 per award. DoS also engaged in promoting voices of our valued members and maintained transparency through surveys sent out every 6-month to monitor quality assurance.

We collaborated and modeled other radical entities and their approach in terms of having the voices of our marginalized students heard. This included fund-raising for organizations that were actively resisting policies that are negatively influencing the lives of vulnerable population such as undocumented immigrants, Muslim Americans and Black Americans. We raised funding for organizations such as the National Asian American Pacific Islander Mental Health Associations (NAAPIMHA), Chinese-American Family Alliance for Mental Health (CAFAMH), Bangladeshi American Women’s Development Initiative (BAWDi), and Chhaya. As a representative for DoS, I created pro-bono services for undocumented and DACA recipients to receive free legal and mental health services via Asian American Legal Education Defense Fund. We also initiated and promoted several programs such as the mentor-mentee program in collaboration with other divisions (e.g. participation in diversity month), member spotlight serious, AAPA and APA convention get-togethers and much more.

The only advise I have for the upcoming EC is to be true to yourself and fight the oppressive entities through personal means and utilization of DoS tools. Take it one day at a time in order to effectively create change collectively. If there was one to describe my experience, it would be "Alhamdulillah" (Thank 'God' or anyone you look up to).

Assistant Chair: Christina Lam

As Assistant Chair, I collaborated with other EC members to ensure that the student community’s needs were met. I worked with other EC members to create new DoS student award descriptions and categories. I created a Qualtrics survey to address student concerns and to implement the suggestions of the student body into DoS. I helped plan the DoS lunch for the 2018 convention and social. Lastly, I have been involved in actively recruiting student members to apply for positions in the EC board.



Secretary/Historian: Shangyun Zhou

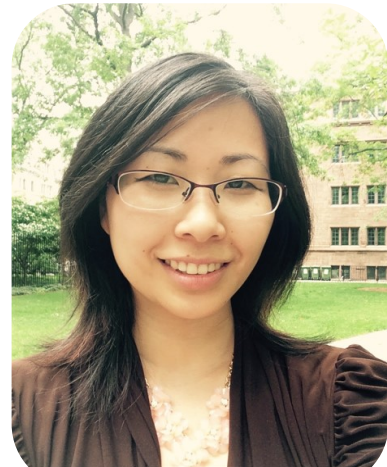


It has been a great honor serving as the Secretary/Historian for Division for Students for the past term. It's been rewarding and inspiring working with fellow Executive Board members, getting to know their aspirations and feeling our shared passion to advocate for students of diverse backgrounds. As the Secretary/Historian, I've been responsible for documentation of our daily functioning, while participating in other tasks as assigned to facilitate different agendas of DoS activities. Especially, I am proud to be a part of the fundraising event in the 2017 AAPA conference. The event has connected AAPA with several local agencies who have been servicing individuals with various mental health conditions and with various backgrounds. One of those (the Chinese-American Family Alliance for Mental Health) is where I have been volunteering for more than 2 years, and it's also the place that ignited my will to become an advocate for the community. It's a sweet and humble feeling to be able to give back not only to the public communities but also professional organizations that are working so hard behind the scenes.

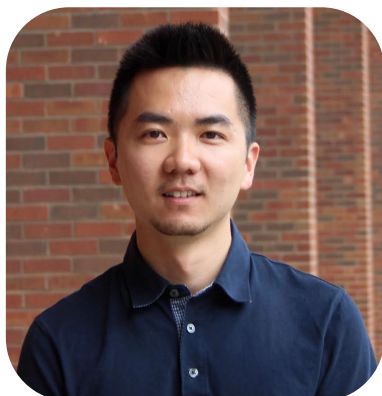
I have strong faith in our next Executive Board, and I can't wait to hear from all the interesting events organized by DoS in the following years - this time not as an EC member, but a student participant :)

Treasurer: Thanh Nguyen

I am proud to be part of a division that generously gives back to students and the larger AAPI community. This year, DoS was able to allocate more money (\$200) this year to our four-category Student Awards. We also funded/hosted social gatherings for students to meet up in New York, Kalamazoo, and Washington DC. Moreover, money from our fundraising effort allowed us to support local nonprofits that serves the AAPI community; e.g., our donation enabled the Bangladeshi American Women's Development Initiative to be members of the NJ Alliance on Immigration so that they can continue to support Bangladeshi families who are facing the immigration crisis. It has been a pleasure for me to have served as Treasurer for DoS the past two years. I am confident that DoS will be able to reach out to even more students in the coming years. I am also optimistic that DoS will continue to make positive impact both within the AAPA student community, as well as local AAPI communities.



Publicity Coordinator: Xiang Zhou



I serve as the publicity coordinator for AAPA DoS for the last two years. My responsibility as the publicity coordinator includes managing and updating our social media account (i.e., Facebook) as well as coordinating social events and facilitating communications among AAPA DoS members. I was excited to see the presence of AAPA DoS members at the first stand-alone AAPA convention in Las Vegas in 2017 and continued participation of DoS members in the broader AAPA organization. The DoS social events at the AAPA conventions and across the U.S., including New York, Kalamazoo, and Washington DC, also brought more DoS members together for professional networking. It is a privilege for me to work with so many talented individuals in the AAPI community and develop my own leadership to serve the AAPI community.

Membership Coordinator: Laurence Chan



It has been my honor and joy to serve as the Asian American Psychological Association's Division on Students (DoS) Membership Coordinator for the past two years. In my time holding this position, I have worked closely with members on my executive council, convention coordinators, and organizations committed to serving the AAPI umbrella in fulfilling ways. I am proud to state that through efforts of overseeing and promoting API material on social media platforms including Facebook and Google Groups, we saw positive responses from our members who were excited for updates and resources. In helping coordinate DoS our annual DoS meet-and-greet at the convention, plus social events outside of it, we recruited new members. I also helped create surveys to understand the needs of our members and sought to create programming that met those needs. Finally, I served with other executive council members in designing a tee-shirt design contest and fundraiser event to successfully donate profits to a wonderful non-profit organization.

I wish the next executive council the best of luck. I hope to serve as a resource if ever necessary and I also know this will be a capable group. It is truly wonderful to have served for such a meaningful organization. I view the Asian American Psychological Association as my professional home and to have contributed something small to its mission - it is quite humbling.

Thank you.

Expansion Coordinator: Sunny Ho

As an expansion coordinator, I serve as a liaison between the larger AAPA Executive Committee (EC) and DoS. Over the past year, I have brought voices from Division on Students to the larger AAPA, and vice versa. I have attended regular calls with the division liaison of the AAPA EC. AAPA provides financial support and resources to student members, such as AAPA conference travel funds and funds for social events at regional conferences throughout the year. We greatly appreciate the support we have received from AAPA and AAPA really cares about students in the first place. In addition, AAPA supports students' professional development by acknowledging students' accomplishments at AAPA annual banquet. On behalf of DoS, we thank you so much for everything the larger AAPA has provided!

I am also so glad to meet fellow graduate students at regional conferences, such as Great Lakes Counseling Psychology Conference and Division 45 Biennial Conference. We have hosted different social events for students to connect and support each other across the country and I am proud to work with a very supportive and caring executive board. I have grown a lot over the past two years of serving as an expansion coordinator and I am confident that DoS will grow even stronger with the new leadership because AAPA is such a loving family to me overall!





Annual Report

The Division on Students (DoS) of the Asian American Psychological Association (AAPA) continues to pursue its mission of promoting student professional development, community, and advocacy from 2017 to 2018. Our focuses of expanding membership and improving membership services are front and center throughout all our initiatives this year. The DoS Board proudly reports that we have made significant progress along these objectives. We would also like to share our thoughts on some challenges we have faced this year.

Membership Expansion. It has been an open secret that DoS makes up more than half of the membership of AAPA. With the growth of student membership outpacing that of professional members, DoS now constitutes 60% of the AAPA membership according to the latest newsletter. *This is the result of the amazing presence of having 423 of our own members!* This truly highlights the importance of our Division within the overall Association. The same progress is also reflected in our social media presence—our Facebook followers have increased from 1,085 to 1,282 this year.

The Next DoS EC

Mentor-Mentee Program. We brought back our peer mentorship program on internship application from last year and paired applicants with experienced mentor from his/her field of interest for a mock interview session and one-to-one discussion. We have begun our mentor-mentee pairing program since November 2016 to assist students to make connections with senior psychologists to foster their professional and career development. It also helps create a professional network for students. We have successfully matched 5 mentor-mentee pairs over the past year.

Strengthening Connections with Other Divisions. There has been a renewed and ongoing dialogue between active Divisions of AAPA, including Divisions on Students, South Asian Americans, Filipino Americans, LGBTQ, and on Practice. Representatives from each Division has also re-established the Committee of Representatives (CoR), according the AAPA bylaws to ensure divisional communication and representation.

Membership Engagement. We have developed the Member Spotlight Series via social media, where we feature one DoS member every few months. The Spotlight Series hopes to serve as a way for members to know one another a little more personally and professionally. These quick bios/interviews will ask some general questions and feature students' headshot, if desired. Please email DoS Membership Coordinator Laurence Chan at lrnchan@gmail.com for more information.

AAPA Convention. We hosted a tee-shirt design contest for the AAPA convention in Las Vegas. The contest design complemented the theme- "Rise in Solidarity." The winner had their convention registration waived, internet celebrity status, a small token of \$100 appreciation by our executive board, and their design printed on 100 tee-shirts. These tee-shirts were then sold during the convention to fundraise money for four non-profit organizations: National Asian American Pacific Islander Mental Health Associations (NAAPIMHA), Chinese-American Family Alliance for Mental Health (CAFAMH), Bangladeshi American Women's Development Initiative (BAWDi), and Chhaya. The profits made from the fundraising was divided into four. Specifically, \$88.62 were donated to each non-profits.

Events during AAPA Convention 2018

AAPA DoS 2018 Awards. The Board also continues to support and recognize exceptional student members within AAPA with annual DoS Awards for Graduate Research, Undergraduate Research, Leadership, Clinical Practice, and Social Justice/Activism. The recipients will be formally announced through the DoS listserv and Facebook page during the AAPA convention in San Francisco this August. Please stay tuned for the call of applications for the awards listed in the table on the next page.

Fundraiser Events. This year, we are creating a raffle-styled fundraiser. All convention attendees will be able to purchase raffle tickets to win one of several gifts. These gifts will be themed for self-care, graduate student survival, and more. Proceeds will be given to a charity associated with AAPI mental health voted on by DoS executive board members.

Funding Update. We received AAPA dues for member \$3,472.00, total funds as of current is \$6, 035.04. We are going to use the funds to support students' professional development and recognize students' distinguished performance in research, leadership skills, and community practices

Participation in Diversity Month. DoS has joined the greater AAPA to promote diversity holidays in the nation. DoS had participated in diversity month promotion on Facebook. We had posted news and relevant articles and information regarding diversity and mental health issues pertaining to AAPI population in April 2018.

Democracy. DoS highly values members’ voices and maintains our transparency within AAPA. DoS sends out surveys to participants every 6 months. Participants provide feedback for DoS to improve it’s communication with participants. Some of the issues that are addressed range from peer-mentoring to social gatherings. Survey reports are available upon request.

DoS Meetups. DoS held several meet up events in New York, Kalamazoo, MI (during 2018 Annual Great Lake Conference), and Washington D.C (during APA convention). More meetups are expected to be held during the AAPA Conference 2018 in San Francisco. These events

allow create opportunities for new recruitment, and serve as a safe space for many students to support one another professionally and emotionally, particularly within the current political climate. Their opinions/concerns are communicated with the EC members and addressed in a professional manner. Free snacks and drinks are provided at the events.

If you have any questions or concerns at any point of time, please don’t hesitate to contact DoS Chair, Ahmed Alif at aa3205@columbia.edu or DoS Expansion Coordinator, Sunny Ho at yuchaksunnyho@uiowa.edu. Your feedback and suggestions are greatly appreciated!

Current State of Asian American Psychological Association, Division on Students

Active Members: 432
 Available Funds: \$6,035.04
 Facebook® Followers: 1,285

Award Categories	Fund- ed by	Number of Awards	Amount
<p style="text-align: center;">Leadership Award:</p> <p>This will be awarded to the student who demonstrates excellent experiences in guiding, coaching, influencing, recruiting, retaining and/or enhancing the training of Asian American students on/off campus, and/or the student who shows excellent experiences in Asian American students’ program/ organization development & leadership.</p>	DoS	1	\$200
<p style="text-align: center;">Research Awards:</p> <p>There will be 2 research awards given, <i>one to an undergraduate and one to a graduate student</i> who demonstrates outstanding research that will enhance the psychological and social understanding of Asian American issues; who develops a program that improves the psychological service-delivery to Asian American groups; who has developed original concepts/theories relevant to Asian Americans, and/or the student who has developed methodological paradigms that promote effective research and understanding of Asian American communities.</p>		2 (i.e., 1 for undergrad, and 1 for grad)	\$200 per award
<p style="text-align: center;">Clinical Practice Award:</p> <p>This will be awarded to the student who demonstrates notable experience and commitment in clinical work with clients from marginalized and underserved minority backgrounds/ communities (e.g., Asian American, LGBTQIA, etc.)</p>		1	\$200
<p style="text-align: center;">Social Justice/Activism Awards:</p> <p>There will be 2 awards given to students who demonstrate extensive experiences and commitment in working with an Asian American community, preferably an underserved population, to promote the mental health, psychological understanding, activism, and advocacy. Examples of this may include—but is not limited to—mobilization of sit-ins/strikes, boycotts, public demonstration (or voicing) against social injustices, and/or advocating for immigrant communities via non-profit organizations.</p>		2	\$200 per award

Elected Officers:

Co-Chairs: Christine Catipon, PsyD and Krista Chronister, PhD

Chair-Elect: To be elected during fall 2018

Financial Chair: Michelle Madore, PhD

Student Representative: Lainie Posecion, PhD succeeded by Gabriel Corpus, MA

Appointed Officers:

Mentorship Coordinator: Krystel Salandanan, PsyD

Communications Coordinator: Claire Reclosado-Baclay, PhD

Membership Coordinator: Heidi Tuason, PhD succeeded by Lainie Posecion, PhD



The DoFA is in its seventh year of being an official AAPA division. During the 2017-2018 year, we welcomed new DoFA Executive Committee (EC) members, Gabriel Corpus and Krystel Salandanan. Our new team has worked diligently to represent DoFA at all AAPA meetings and events and has continued the diligent work of previous EC members, including increasing visibility and financial stability, networking with other Filipino American organizations and associations, and increasing membership numbers and engagement). We are most proud to report that we hosted an extremely successful 2018 DoFA biennial national conference at San Francisco, CA in January 2018.

Goals Completed in 2017—2018

1. Welcomed new Executive Committee members and sustained board structure and governance
 2. Planned and hosted the 2018 DoFA conference in San Francisco during January
 3. Significantly and exponentially increased financial standing and stability
 4. Expanded membership to 134 dues-paying members
 5. Improved DoFA visibility through increased social media participation, revision and printing of new DoFA organization and membership informational brochures, and printing and national distribution of DoFA conference flyers
 6. Attended and presented at AAPA, APA, NMCS, and other national conventions (please see the next page for sample list of DoFA members' accomplishments and outreach)
-

Specific Components

1. **Welcomed new Executive Committee (EC) members and sustained board structure and governance.**
 - Regular conference calls (i.e., every 1-2 months)
 - Revised DoFA by-laws and began DoFA EC and election process. New EC members will be elected and appointed during fall 2018.
 - Appointed a new mentorship coordinator and membership coordinator as well as elected a new student representative.
2. **Planned and hosted the 2018 DOFA Conference**
 - Doubled attendance compared to first the first DoFA national conference 2016
 - Held more workshops in breakout sessions compared to previous conference
 - Incorporated more presenters from outside of San Francisco and covered more areas of discipline for researchers, academics, and clinicians
 - Significant presence of graduate students and more mentoring made available

3. Significantly and exponentially increased financial standing and security

- DoFO currently banks with US Bank. Although the account was previously being managed by the bank for free, they have started charging a \$25 monthly fee. Our current DoFA balance is \$10,062.63. Funds are from the following sources: conference attendance fees, donations, and the APA award.
- Future consideration for monetary gains include reinstating of scholarships due to funding and creation of collaborative efforts between Filipinx clinicians in the US and the Philippines, in addition to holding the next DoFA Conference in Los Angeles, CA

4. Expanded membership

- We currently have 134 dues-paying DoFA members. This number is a significant increase from our membership count in last year's annual report, which was 41 individuals. Annual dues are \$15 for all professional members, \$10 for early career professionals, and \$6 for students.
- The DoFA listserv and FaceBook page has fostered communication among DoFA members, including the support for conducting psychological research on Filipino Americans.

5. Contributed to Filipino American psychological research and practice, and the general Filipino American community

- Developed and distributed a scholarship for Filipino American students interested in or studying psychology
- Dr. Christine Catipon and Dr. Christine Ricohermoso-Shiaw presented at the annual 2016 SCPASA (Southern California Pilipinx American Student Association) conference at UCLA about Filipinx-identity development and provided mentorship for Pilipinx-American undergraduate students in Southern California
- Dr. Christine Catipon presented on an annual professional panel at UC Irvine in May 2018 for Filipinos in Social Sciences
- DoFA EC members Dr. Christine Catipon, Dr. Michelle Madore, and Lainie Posecion have been invited to speak at a symposium titled "Want to organize an AAPI conference in your community? Lessons learned the inaugural Filipino American, South Asian, and Chinese American Mental Health Conferences of 2016-2017," for the 2017 AAPA conference in Las Vegas, NV
- DoFA members were strongly represented as presenters at this year's and last year's AAPA and APA conferences for Filipino mental health awareness
- Considering name change of the division to Division on Filipinx Americans to more inclusive
- Gabriel Corpus presented on a panel at the AAPA 2017 convention in Vegas alongside Dr. Kevin Nadal, Dr. Jeannie Manese, and Alyssa Hufana to describe the developmental experiences of Filipinx psychologists.

6. Improved visibility through social media

- DoFA uses social media to continue to increase visibility and membership support
- Social media outlets include:
 - ◊ AAPA website
 - ◊ Facebook group and page
 - ◊ DoFA Twitter account
 - ◊ DoFA LinkedIn account
 - ◊ DoFA Instagram account
 - ◊ Plans for Wikipage for DoFA to be created in the next year

7. Planning for AAPA, APA, and other national conventions

- The AAPA and APA convention time in 2017 were used to increase visibility of DoFA, increase DoFA membership, and impart education about the health needs of Filipino Americans.
- DoFA held a successful meet and greet lunch hour at the 2017 and 2018 AAPA conferences with 18 people in attendance.
- Planning is underway for the 2020 DoFA conference.
- Planning is underway for more DoFA representation and presentations in the 2020 FANHS national conference.
- Planning is underway for collaborative presentations and having DoFA members travel to the Philippines for conferences and conventions to address Filipinx mental health.

Elected Officers:

Chair: Alicia del Prado
Chair-Elect: Cirleen DeBlaere
Communications/Membership Chair: Max Tokarsky
Treasurer: Danielle Godon-Decoteau
Student Representatives: Annabelle Atkin, Keiko M. McCullough

Appointed Officer:

Secretary/Historian: Amy Kobus



Co-founders Cirleen DeBlaere and Alicia del Prado submitted a petition to establish an AAPA division on Asian Americans with Multiple Heritages in the summer of 2016. The general membership of AAPA voted and approved the existence of DoAAMH. From January – July 2017, a task force of Anjuli Amin, Cirleen DeBlaere, Alicia del Prado, and Nadine Nakamura formed and worked together to construct the DoAAMH Handbook, including its mission, aims, and governance. The mission of DoAAMH is to promote the empowerment, visibility, and well-being of Asian and Pacific Islander Americans (APIAs) with multiple heritages through greater understanding of the social, cultural, emotional, political, and personal factors that impact the psychology and experiences of APIAs with multiple heritages. APIAs with multiple heritages include APIAs that are multiracial, multiethnic, members of multiracial APIA families, and transracial adoptees. In October 2017, DoAAMH had their inaugural meeting at the AAPA Convention in Las Vegas. Seventeen members were in attendance. Elections for the inaugural DoAAMH Executive Committee were held in October/November of 2017. DoAAMH had its second in-person meeting at AAPA's Convention in San Francisco in August. DoAAMH's current membership is at 41 members, with 26 student-level members and 15 professional-level members.

During the 2017-2018 year, DoAAMH has focused on growing its membership and establishing relationships among its members. DoAAMH has also been working toward its aims of:

- Providing a validating and inclusive space for APIAs of multiple heritages and their allies, with a particular emphasis on mentoring and supporting student members
- Developing and disseminating psychological products (e.g., theory, research, clinical and counseling interventions, consultation modules) that enhance the understanding of the psychology of APIAs with multiple heritages and inform culturally-affirming policies, practices, and research with this population
- Advocating for the interests and representation of APIAs with multiple heritages at local, state, national, and international levels.

Goals completed in 2017-2018:

- Elected inaugural executive committee
- Expanded membership
- Created a DoAAMH Facebook page and Facebook closed group to promote communication among members and disseminate information to the public
- Presented at conferences and forums on topics relevant for APIAs with Multiple Heritages

1. Maintenance of financial standings.

Our current balance of membership dues is unknown and will be computed in November 2018 by the AAPA EC's financial officer. Currently, DoAAMH is keeping its funds with the larger AAPA account.

2. Expansion of membership.

We currently have 41 due-paying DoAAMH members. This number is an increase from our membership count in October 2017 at the AAPA Convention in Las Vegas, which was 12 individuals. Annual dues are \$10 per member.

3. Presentations and Dissemination of Research

- Danielle Godon-Decoteau spoke on a panel, "Our Identities: Cultivating Resilience in Our Lives" at the 9th Annual Asian American Mental Health Forum at the University of Massachusetts, Boston. Danielle discussed how her research has affected her own personal growth and identity as an Asian American adoptee.
- Emily Hunt presented, " 'But I'm not like other Asians, I'm white too!': Impacts of internalized racism in Asian-White individuals on racial identity development and family dynamics" at the 2018 AAPA's Convention in San Francisco
- Annabelle Atkin, Abigail Gabriel, Keiko M. McCullough, and Alicia del Prado presented, "Conducting and Understanding Research with Multiracial Individuals and Families" at the 2018 AAPA's Convention in San Francisco

4. Growth of visibility through social media.

The DoAAMH uses social media to continue to increase visibility and membership support. These efforts include:

- DoAAMH listserv
- DoAAMH website via AAPA website
- Sharing information about DoAAMH on AAPA listserv
- DoAAMH Facebook Page
- DoAAMH Facebook Closed Group

5. Plans for the future.

DoAAMH is working on multiple projects for the 2018-2019 year including:

Social media campaign to celebrate the visibility, empowerment, and pride of AAPAs with multiple heritages (to take place in June 2019)

Survey to assess the current needs of its membership and direct future DoAAMH endeavors

Facebook Project: Sharing the DoAAMH message about intersections and identity (first phase to be launched in December 2018)

Elected Officers:

Chair: Gagan “Mia” Khera, PhD.

Co-Chair: Chandni Shah, PhD

Chair-Elect: Devika Srivastava

Treasurer: Anil Lalwani

Secretary/Historian: Achu Johnson Alexander, M.A.

Membership/Nominations Chair: Monika Parikh, Ph.D.

Student Representative: Ankita Krishnan, M.S.

Communications Chair: Nida Mirza, Psy.D.

Senior Advisory Council (non-voting members): Shamin Ladhani, Psy.D., Neha Navsaria, Ph.D., Lina Patel, Psy.D., Ulash Dunlap, MS, LMFT, Kusha Murarka, Psy.D., Anjali Amin, Ph.D., Rahul Sharma, Psy.D., Puni Kalra, Ph.D., Hina Pant, Ph.D



The DoSAA Executive Committee (EC) completed its 10th term in 2017-2018. Founded in 2006, with the first EC board coming into their role in 2008-09. During this time, the DoSAA EC, with two new officers joining, continued its efforts to increase the Division's national visibility while refining its infrastructure to execute that process. We had some internal restructuring, with the chair and co-chair positions being filled by the previous treasurer and communications chairs, this aided in less of a transition year for the EC.

The first task following October's conference was to plan for a national DoSAA conference as well as continue to be present via socials, the listserve, and our fellowship program. As Chair, Mia's goals for the year were: Visibility (newsletter, website, social media), Resource (how can we continue to be a resource for others- website, factsheets), Community (Social gatherings, active list-serve and Facebook, mentoring program), Engaged/Advocate (how and can we partner with other organizations to hold conferences on South Asian mental health), and lastly Historical (how do we document and recognize our history as an organization).

Based on feedback from attendees at APA and AAPA, along with input from DoSAA members, and goals of the current Chair, Mia Khera, we concentrated our efforts on the following areas:

1. Visibility (newsletter, website, social media): We sent out monthly Newsbytes, a change from our quarterly newsletters, we have active Twitter and Social Media accounts in the past year under the direction of our new Communications Chair. We also highlighted a member each month on our listserve via a google platform.
2. Resource (how can we continue to be a resource for others- website, factsheets): We awarded our annual student award to Himadhari Sharma. As part of the resource initiative, 2 fellows gathered information for our website, 1) a list of organizations serving South Asians in various states in the US 2) chapters, readings and fact sheets that other organizations have that we might link to our website. At this time, August 2018, we are in the process of figuring out how to put this information

on our website.

3. Community (Social gatherings, active list-serve and Facebook, mentoring program): A) Continuing the Fellowship Program, for DoSAA student members: One of our most significant accomplishments this year was to grow the fellowship program for DoSAA graduate and undergraduate student members so that they can receive mentoring around specific topics related to South Asian mental health. We had 2 Fellows last year, and this year we had 11! We were able to match all 11 by sending out a second request to former EC members to serve as mentors. Each Fellow was asked to take on a "project" either helping with gathering information for the website or helping with some tasks related to the national conference. All mentors and Fellows were encouraged to speak twice a month. A end of the program evaluation survey will be sent out at the end of August to assess the success of the program as well as areas of growth. B) Expanding DoSAA gatherings to more cities: Continuing with this initiative (started two years ago), we continued to hold DoSAA gatherings in Houston, the Bay Area, and Washington D.C. C) We held our annual social hour at APA this year, as well as our lunch time social/meeting at AAPA.
4. Engaged/Advocate (how and can we partner with other organizations to hold conferences on South Asian mental health): DoSAA EC members presented at AAPA and APA; the DoSAA EC is also organizing the first ever DoSAA national conference to be held in NYC in September. We had over 30 submissions for the 1 day conference.
5. Historical (how do we document and recognize our history as an organization).

Additional goals completed in 2017-2018:

1. Strengthening and sustaining board member structure and governance
2. Maintenance of financial standing
3. Continuation of membership and listserv
4. Continuation of outreach efforts
5. Presenting and recruiting at AAPA, APA and other national conventions
6. Offering annual DoSAA Student Award
7. Having a clear vision around communicating our presence and expanding our reach.

SPECIFIC COMPONENTS:**1. Strengthening and sustaining board member structure and governance.***Process:*

- Monthly conference calls conducted by the Chair, assisted by Co-Chair.
- Ongoing involvement of all EC members in DoSAA activities/projects.
- Review of by-laws and description of officer responsibilities. This year, we made additions to our bylaws (via membership vote in July) to finalize the mission statement that was written/changed 2 years ago

2. Maintenance of financial standing - Treasurer's Financial Report

- The current DoSAA balance as of August 31, 2018 is \$3667.21.21 with last received dues from AAPA through 8/19/2017. It is important to note that costs DoSAA has incurred for the conference are currently being paid by an EC member who will then get reimbursed, thus DoSAA has approx \$2100 in outstanding bills.

3. Continuation of membership and listserv – Membership Report

We have 155 members; 92 of the members are student members, 62 are professional members, and 1 is Retiree / Emeritus; This number increased from 112 in 2017 to 155 in 2018. Annual dues are \$10 regardless of membership type.

- DoSAA, through social media continues to increase visibility and membership support. Other marketing efforts include:
 - ◊ Monthly NewsBytes- this was a new effort launched this year
 - ◊ DoSAA Listserv, LinkedIn and Twitter
 - ◊ AAPA website
 - ◊ Sharing information about DoSAA on Division 45, AAPA and SAPNA
 - ◊ listservs, as well as Facebook pages
 - ◊ DoSAA Facebook Pages (Organization page and Closed Members page)
 - ◊ DoSAA social events at AAPA and APA conferences
 - ◊ DoSAA membership flyers
 - ◊ Consultation and networking in cities or geographic areas in which members reside
- Process:

We have continued our efforts towards engaging our membership and connecting with new members. Drs. Monica Parikh and Nida Mirza from the EC engage in email communication with new members soon after they join so as to increase member participation and provide information/support.

The EC has also continued to focus on our Facebook pages as a way to market DoSAA and disseminate information to members and the South Asian community at large. Subscribers appear to appreciate our regular postings about important topics (e.g., gatherings, hate crimes, protests, diversity, microaggressions, South Asian mental health relevant blog posts), as well as highlighting achievements of professionals whose work are aligned

with DoSAA's mission. Our Newsbyte is a new format and was distributed nearly monthly and is sent out via the listserv and through AAPA's listserv to make us more visible. Membership numbers continue to be a focus of DoSAA, and have steadily increased over the past year. Our membership has nearly doubled in 2 years.

4. Continuation of outreach efforts

EC Members have written articles and been interviewed for local and national counseling or psychological associations, conducted presentations and workshops, and out-reached to other organizations in order to bring more visibility to DoSAA and issues concerning the South Asian American community. DoSAA has been making an increased effort to connect with other divisions within APA, such as Division 45 and Division 17, as well as working with elder members in the field of psychology to increase our presence within the community.

Our listserv has seen steady increase in activity during the 2017-2018 year. We have seen members share their research interests and clinical interests and use the listserv as a means of connection and support.

5. Presenting and recruiting at AAPA, APA and other national conventions.

The AAPA and APA convention time were used to promote DoSAA and to create activities that have a direct impact on the internal structure of DoSAA. DoSAA also hosted its annual networking social with Division 45 at the APA convention.

- Process
- Continuing the trend from year, we continued our efforts to collaborate with our members to present at the AAPA annual convention. It was understood that the EC must continue to place an emphasis on increasing and enhancing membership, as it can impact the infrastructure of DoSAA. It was also decided that fundraising activities would be directed towards DoSAA membership (i.e. student award) and towards support of external organizations. DoSAA EC members have been active in being present at other conventions including the American Psychological Association (APA), with plans for EC members to attend the National Multicultural Conference and Summit (NMCS) in an effort to recruit a diverse group of mental health professionals

6. Offering annual DoSAA Student Award

DoSAA's annual award for students dedicated to exceptional contributions to the field of mental health, psychology, and the South Asian community was given again this year in addition to a monetary prize. Himadhari Sharma was awarded the award in San Francisco at the AAPA convention.

7. Having a clear vision & plan as to how to communicate DoSAA's vision and objectives, and expand its reach.

The EC is planning to hold its first ever national conference in September, we know that it already has increased our visibility, as we had over 35 submissions. Devika has spent countless hours organizing this event.