

ASIAN AMERICAN PSYCHOLOGICAL ASSOCIATION 2008 ANNUAL CONVENTION

August 13, 2008 University of Massachusetts Boston Boston, MA

"Interdisciplinary Approaches to Resisting Ethnocentrism, Racism and Intersecting Oppressions: Practice, Research, Theory, and Community Interventions"

Co-Sponsored by the University of Massachusetts Boston, South Cove Community Health Center and the Asian Mental Health Clinic of Cambridge Health Alliance

Conference Committee:

Conference Co-Chairs: Doris Chang & Grace Kim, Program Chairs: Verna Fabella Hicks & Jocelyn Buhain Session Chairs: Joyce Chu & Jennie Park-Taylor Poster Chairs: Sara Cho Kim & Shihoko Hijioka Banquet Coordinators: Sue Lambe & Catherine Bitney Volunteer Coordinators: Patricia Lee & Matthew Lee Booksale Chairs: Stephanie Pituc & Minsun Lee Mentor-Mentee Program Chair: Annie Gupta Award Committee Chair: Fred Leong Registration Chairs: Vali Kahn & Jonathan Kaplan AAPA Vice-President: Karen Suyemoto

For information on conference call for proposals, turn to page 24 or click on <u>AAPA Convention</u>.

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President's Message Alvin Alvarez



Where are you from? Who are you?

Many of us have heard these questions before. I know I have. It's part of our collective experience of being seen as the "other".

However, most recently these questions weren't directed at me personally. This time they were directed at all of us as an Association, and it revealed to me the primary reason why one of our major goals suffered a setback this December 2007.

For the last several years, AAPA has joined hands with our sister organizations, the Association of Black Psychologists, the National Latino/a Psychological Association, the Society of Indian Psychologists and Division 45 of APA to create permanent voting seats in APA's Council of Representatives – the primary governing body of APA. It was our collective hope that these seats would provide us with a platform to advocate for all of our communities.

But the same misinformation, lack of knowledge and

at times stereotypes that challenge us as individuals, continue to challenge us as an organization. As a result, we were 177 votes short of securing these seats.

This February, APA's Council voted once again to place this issue before its membership for another vote and in November 2008, we will try this again. So, I am reminded of a lesson from one of my mentors, Joe White. Amazingly he once told me that his generation had it easier. No small statement from one of the pioneers of Black psychology! His generation, he observed, only had to change the laws whereas our generation has to change people's hearts and minds.

It is not enough for us to simply create a ballot to be voted upon. Whenever we talk about race, gender, sexual orientation – about any topic that is politically charged - we must also talk about the role of education, we must talk about challenging how we are perceived, we must talk about giving our Association a greater voice in the psychological community. And ultimately, we must vote in favor of this issue in November.



I was making a presentation on Asian/Asian American values and talked about the "rule of three" in the Japanese American community. I laughingly said that Japanese Americans always leave dinner

parties at non-Japanese households hungry. The reason why is that when offered more food, we are supposed to refuse a second helping. In Japanese/ Japanese American households, the hosts are supposed to offer once again, and again, we are supposed to refuse. The hosts are then supposed to insist a third time, and the recipients (if they are hungry) are then supposed to say, "Oh, I shouldn't but your food is so delicious. Thank you very much for such delicious food." If you are not hungry and refuse a third time, the hosts will know that you are really full and will not insist anymore (however, they

Accepting Compliments, Part 1 Jeffery Scott Mio

will probably make up a take-out plate or container for you to take home, and you are supposed to return the plate/container with something you prepared). However, in non-Japanese households, the hosts will say after the first refusal, "Okay, well just let me know if you get hungry." It is impolite to ask for more food, so the Japanese/Japanese American guest will end up being hungry at the end of the evening.

This "rule of three" applies to compliments. If someone were to compliment you on something, you were supposed to make excuses why it was not good. Your guest is then supposed to compliment you three times. Each time, you are supposed to refuse the compliment. After the third compliment, you are supposed to accept the compliment by saying that your guest is so kind to say this.

More about the "rule of three" in the next newsletter.

New and Early Career Professionals Task Force Traditional vs. Online Teaching



Szu Hui Lee

At a time of high technological advancement, teaching has been taken to new heights. Universities are now incorporating high tech teaching tools into the traditional classroom experience and there has been a boom in online courses. While I cannot speak to online learning as I have never taught or taken a course online, I will share my love for the classroom experience and reservations about how that can be preserved and replicated in another format of learning.

I taught introductory psychology for three years. For me, the best thing about teaching was the fact that it was not a one-directional, "me teach and you learn" experience. Instead, the value was the mutual learning that took place. The best lectures were when

students engaged in heated debates about a particular topic, when we processed in-class exercises, and when students challenged me to think about something in a different way. The use of the Internet, other media sources, and props made the classroom learning experience even more colorful. Most of all, the relationships and connections in the classroom made learning safe and fun. While I've appreciated the incorporation of technological tools to enhance my teaching and maximize the classroom experience, I would never want technological tools to come between my students and I. I want to see, to hear, and to have the presence of my students. I want them to sense my passion for teaching and for psychology. I truly believe we learn best from being in each other's spaces and allowing others into ours. In my opinion, the classroom is a great forum for that to take place and I hope the learning experience will always be preserved no matter of what other forums may come to be. \gg



Tigerson M. Young

You have successfully logged on !!

As a new professional, finding my niche has been an interesting adventure. While working full-time as a clinician, I also needed a part-time job for practical reasons, such as paying off my student loans!! With some luck, I bumped into an online teaching opportunity. According to a study by the U.S. Department of Education in 2002, about 56% of all regionally accredited colleges and universities offered distance

education. The number is bound to be increasing, too.

One of the biggest criticisms for online learning in the virtual classroom is the "lost" interactions that learners and instructors have in a traditional classroom. In reality, the interaction in a virtual classroom can be just as exciting and lively. For example, I randomly sampled a few 10-minute blocks from different Research Methods classes that I had been teaching throughout the past two years. The average exchange frequency I had within these 10-minute blocks was about 27.5, and the average exchange frequency learners had within these blocks was about 40.5. In other words, every exchange I gave, I received 1.5 exchanges back from my learners!

Obviously, online learning is not for everyone. It takes self-discipline and motivation. An online learner has to be committed to her education in order to learn successfully like any traditional learners. Therefore, it is no surprise to find out that the learning outcomes from online learners have often been equivalent, if not exceeded the outcomes of traditional learners. Also, one size does not fit all. Some learners learn best in a traditional setting, but some learn best in an online setting. Instead of completely dismissing online education, perhaps we can re-think the possibility of this new medium as just a different teaching tool.



Finding a professional niche in psychology Wendy Sun and Tony Wu

Dr. Wendy Sun is a clinical psychologist at a child clinic in Los Angeles; she also has a private practice in addition to teaching at Alliant International University. Her expertise includes infant mental health, DIR model, home-based intervention, Interaction Guidance model, as well as multicultural issues related to early intervention, and family systems in impoverished communities. Dr. Tony Wu is a licensed psychologist and nationally certified school



psychologist who specializes in program evaluation and supervision; he has taught at Cal State Long Beach and UC Riverside.

So, what do Drs. Wendy Sun and Tony Wu have in common besides being passionate about the practice and teaching of psychology? Both of them have discovered a professional "niche" that best fits their individual interests and career goals.

When students enter graduate school, the assumption is that they will become successful upon graduation. Nonetheless, the process and outcome of securing internship and post-doctoral training, as well as establishing a career require additional data (Rodolfa, Ko, & Petersen, 2004; Turner et. al., 2005). While scores of psychologists are successful, many graduates have uncovered that it is a challenge to secure and maintain a "happy" career in psychology. This state of affairs may be complicated by the oversupply of mental health professionals, though data has indicated otherwise (Peterson & Rodolfa, 2000).

Plante (1996) observed that the uncertainty and pessimism regarding employment, managed care, and burnout are shared by a considerable number of psychologists and trainees. However, we propose that finding a professional "niche" is a prospective solution to these concerns. We believe that a successful and long-lasting career in psychology needs thoughtful planning from the beginning. For that reason, trainees and students ought to explore different options in their pre-licensed years through exposure to various research, teaching, and clinical opportunities. \gg

The Adoptee Mentor Program (AMP) is a non-profit organization in San Francisco focused on providing mentorship for international adoptees. If you are a graduate student interested in conducting research on international adoptees, please contact Juli Fraga, Psy.D. (drjulifraga@gmail.com), or Elayne Chou, Ph.D. (<u>elaynechou@comcast.net</u>) about research opportunities currently available.

DoW Regional Group Meetings

The DoW – Bay Area regional group held a gathering on January 27 at the home of **Elayne Chou**, **Ph.D**., in Oakland, CA. The next meeting for the Bay Area group will be in March to attend the Asian American Film Festival. Also, please let us know if there are other events you are interested in!

DoW POSITIONS OPENING IN 2008

The Division on Women is seeking nominations and self-nominations for three positions that will be open beginning in mid-August 2008: **Treasurer/Membership Officer, Secretary/Historian, and Co-Chair.** Positions are staggered two-year terms beginning and ending in August. Elections will be held during the annual AAPA convention in Boston, MA, on Wednesday, August 13, but candidates do<u>not</u> need to be present at the convention meeting to be elected. Please visit the AAPA website for further details www.aapaonline.org.



DOW Report Elayne Chou & Juli Fraga

SOME THOUGHTS ON RENEWAL & NEW BEGINNINGS

Happy New Year & Happy Lunar New Year to everyone!

The lengthening days at this time of year bring hope and energy to our lives. As practitioners, we see a renewed energy at this time of year from clients who have set new goals and intentions for themselves. There is a palpable vibrancy that is present when clients are renewed in their determination to work on making that career change they've been thinking about, taking that risk they've been anxious about in their relationship or committing to the hard work of grieving a loss. Their courage and dedication to renewal inspires and energizes us.

As women, we often find ourselves juggling many responsibilities and obligations. We have multiple roles we play every day – professional, parent, partner, etc. – and we often give so much energy to these roles that we may neglect our present and future selves. The new year can be a handy reminder to set intentions and goals for ourselves for the year ahead.

We invite each of you to take a moment this week to do something for your own renewal and rejuvenation. We trust you know what that would be for you! But if you'd like to try something new, the following exercises (one from each of us) are offered as a jump-start for what will hopefully be a year of many more opportunities for renewal. We hope this year is filled with nurturing and positive energy for all of you.

Renewal Exercise from Elayne

Pick one aspect of yourself – physical, mental, emotional, or spiritual – to rejuvenate.

Let go of any setbacks that have existed in the past with this aspect of self.

Do your favorite relaxation exercise.

Close your eyes and allow a vision to form of the transformation you want.

Savor the image.

Enjoy your year!

Renewal Exercise from Juli

If you are feeling inspired to engage in an experiential exercise, I have found the activity below inspirational and fun. I created this workshop while I was in graduate school. You can do the activity alone, or invite some friends and people from your community to join you.

Materials Needed:

• Small Clay Flower Pot

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- Markers or paint
- Soil
- Small packet of seeds
- Water

Purpose of the exercise:

- As you begin, think about a personal goal or inner quality that you want to nurture this year.
- Visualize how this will "look" for you and paint or draw this mental visualization onto the outside of the flower pot. You can also add your own affirmations or words, whatever works for you!
- After the paint/markers dry, fill the pot with soil and plant your seeds.
- As your flower/plant grows let it be a visual reminder of the constant change and growth that takes place in each of us.

CALL FOR AWARD SUBMISSIONS

The Division on Women (DoW) encourages submissions for the annual *Division on Women Award* and the *Alice F. Chang Student Scholar Award*.

The *Division on Women Award* celebrates and highlights work on Asian American women's issues. The award of \$300.00 is presented at the annual AAPA convention. Interested individuals need to: 1) send in his/her vita to the DoW Co-Chairs, (see complete information below), 2) highlight his/her specific contributions toward API women's issues, 3) prepare a symposium, or present on a topic related to API women's issues as part of a symposium during the AAPA conference and 4) upon receiving the award, write an article on his/her presentation for the Fall issue of the Division on Women newsletter.

The *Alice F. Chang Student Scholar Award* of \$100.00 is also presented at the annual AAPA convention. This award is given to a student who presents at the poster session during the AAPA conference. A strong preference will be given to students who present on women's issues. This is our

way of encouraging more students to conduct research on issues regarding API women's mental health. Upon receiving the award, the recipient is to write an article on his/her presentation for the Fall issue of the Division on Women newsletter. Please follow the AAPA Call for Proposals guidelines. Proposals are to be submitted to both DoW Co-Chairs at addresses listed below.

For more information on these awards or if you would like a consultation about your ideas, please feel free to contact DoW Co-Chairs, Juli Fraga (drjulifraga@gmail.com) and Elayne Chou (elaynechou@comcast.net).

Contact Information for Submission of Award Materials:

Juli Fraga, Psy.D. 601 Montgomery Street, Suite 1019 San Francisco, CA 94111

Elayne Chou, Ph.D. 1708 Shattuck Avenue, Suite 2 Berkeley, CA 94709

Special Open Call for Submissions on Supervision: Ethnic minority perspectives Training and Education in Professional Psychology (TEPP)

TEPP invites submissions for a special section on supervision highlighting the perspectives of ethnic minority supervisors. As the fields of counseling/ clinical/school psychology have become more diverse, opportunities for therapists in training to be supervised by a psychologist of color are greater than ever before. The diversity in supervisor/supervisee dyads is also furthered by the continuing trend of higher ethnic minority enrollment in psychology graduate programs.

TEPP seeks to address a gap in the literature on supervision by inviting manuscripts that include, but are not limited to: ethnic minority supervisor process and supervision strategies; reflections on critical incidents in supervision involving a supervisor of color; discussions of how race, ethnicity, and their intersections with other aspects of personhood such as sexual orientation, gender, and religion impact supervision; and mentoring or advocacy around race or racism within the context of supervision. Similarly, what is the experience of ethnic minority professional psychologists working within predominantly White institutions and how does this affect supervision? What reflections do supervisors of color have about their own development as supervisors working with racial majority and minority trainees?

We are seeking manuscripts approximately 20 pages in length, not including references. Manuscripts should follow the guidelines for publishing manuscripts in TEPP and be submitted through the TEPP portal at <u>www.apa.org/journals/TEP</u>; please reference the special section in your cover letter. Submissions must be original and not previously published. All TEPP submissions will be blind peer reviewed, and, therefore, acceptance is not guaranteed. Revisions are usually required. We are hoping to have all manuscripts for this special section submitted by August 15, 2008.

Please contact the action editors for this special section, Dr. Susana M. Lowe (<u>slowe@argosy.edu</u>) or Dr. Claytie Davis III (<u>claytie@uhs.berkeley.edu</u>), if you have any questions.

An Asian American Psychologist and Spirituality Reverend Darcy S. F. Ing



My ethnic background is Hakka Chinese-Okinawan from Hawaii and I have lived on the mainland U.S. for 30 years. Being from Hawaii gave me a very different perspective on being Asian American, since I came from a place where Asians and Pacific Islanders were a majority. Hawaii never experienced the internment camps of World War II, and has been influenced by many cultures to form its own unique milieu. Contrary to stereotypes about Asians, I tended to learn more stereotypes about Caucasians. Moving to the mainland gave me my first taste of being different and moving to the East Coast for eight years gave me a strong sense of what other Asian

Americans commonly experienced.

Today, as an Asian American living on the West Coast of the mainland United States, I sometimes feel caught between the expectations of both cultures. But for me, an added difference is my other life path in faith and spirituality.

I was raised a United Methodist; my maternal grandfather was Shinto and my paternal grandmother is Buddhist. My family tends to be ecumenical in their beliefs. I experimented with Wicca and read some books on Judaism in my early adulthood. Presently I am an ordained lay minister with Johrei Fellowship (www.johreifoundation.org). I have all of the privileges and responsibilities of any salaried minister, only without the salary.

My job at the Center for Ministry involves psychological evaluations of ministers prior to ordination. I am often assigned Asian immigrant clients to assess. After the administration of psychological tests, I interview and discuss issues of faith practice, interpersonal skills, conflict resolution skills, ability to articulate strengths/ weaknesses, etc. Important issues for me to consider in the context of the evaluation is the impact of acculturation, cultural and ethnic differences, and how they impact the individual and his/her ministry. It makes me wonder how these candidates would have been viewed by other psychologists.

While APA now has Division 36 (Psychology of Religion), I hear less discussion of diversity around issues of faith than I hear about those around culture and ethnicity. Yet in Chinatown all over the country, Buddhist temples exist alongside bilingual Christian churches. Missionaries have long been active in China and in North American Chinatowns to win new converts. Some Asian Americans consider themselves Christian but also retain traditional Asian values – values based on Buddhism, Taoism, Confucianism or Hinduism. In short, many Asians are affected by their religious background.

Religious background may influence how Asians share information with outsiders. Physicians must inquire about the use of traditional healing practices in addition to Western medicine. Psychologists must be aware that Asian clients may be reluctant to talk about feelings. Asians are more likely to consult with family or community—including a minister or priest---than with a psychologist who might not understand either Asian or Christian experiences. Few psychologists, however, are aware of resources for Asians of faith, or even how to approach such issues in the context of psychotherapy.

Likewise, a minister, rabbi, or priest may not be aware of Asian cross-cultural issues. At an American Association of Pastoral Counseling convention, I remember noticing how much the crowd was largely white, male, older, and Christian. Their roster had very few ethnic names or non-Christian faiths listed. In a huge ballroom with hundreds of pastoral counselors/psychologists, I counted about seven people of color. Even APA's Division 36 is primarily focused on Christian and Western values, with few studies being done on other populations, including non-white ones.

Over the years, I have begun to appreciate my unique experience and see it as an opportunity for the field to

(Continued from page 7)

expand. I hope that someday there will be more psychologists who have some knowledge of faith background and how they interact with Asian cultural values.

Many Asians are nonreligious, unlike most Americans. However, those that are religious are often very devout, whether monolingual or bilingual. Many are very involved with church life, and their faith community is a very strong part of their support system, especially if there's a lack of extended family nearby. Faith professionals regardless of ethnicity seek to help their members, and yet are not always skilled in discerning what issues may be beyond their level of competence.

My own ministerial peers occasionally ask opinion on different issues. I have sometimes referred out for pastoral counseling or spiritual direction, or had to define multiple relationship issues for them. Some seminaries train ministers in pastoral counseling, but others do not. Many do not have much of an idea of what psychologists do, or how to work together with them.

In short, psychological training and consultation is needed in the faith community, including the Asian American faith community. Likewise, psychologists, including Asian American ones, should increase awareness of clients' potential religious issues. It is my hope that graduate programs in psychology make an effort to train future colleagues in knowledge of some major faith paths, just as they try to maintain training in cultural awareness.

Comments can be sent to: info@compassionatespirit.org (www.compassionatespirit.org) &



Asian women's health and relationship matters are seldom discussed until they become dangerous or troublesome creating a strong need for education in these areas. For female Asian international students

this dialogue is especially crucial. According to Yu-Wei Wang, assistant professor in Psychology at Southern Illinois University, Carbondale (SIUC) when such difficulties occur, these students face multiple barriers in obtaining adequate support.

Issues such as domestic violence, unplanned pregnancies, and other health concerns often put female Asian international students into a doublebind. Some are afraid to let people know about such issues, because of the cultural stigma attached to it. Many hesitate to go to student health centers because they fear what doctors, nurses, or other "university people" may think of them.

Communities of international students can be much smaller, allowing for gossip to spread quickly.

Asian Women's Health Anjuli Amin

Considering the taboo nature of such topics, students may then be afraid to speak to their friends. The stigma attached to receiving mental health services within Asian communities often eliminates the option of receiving support in this form. If they cannot trust their friends as well as on-campus health and counseling centers, they are left with very few possibilities.

Christy Hamilton, coordinator of the Sexual Health, Relationship Violence & Sexual Assault Program at SIUC's Wellness center, echoes this concern. A worry for Hamilton is how to reach out to those her program has limited contact with.

Both Wang and Hamilton emphasize a need for culturally sensitive support and agree that psychoeducation is necessary. Learning about the process and benefits of receiving support in the form of counseling can be an important tool for these students. Additionally, it is important to acknowledge that a one-time intervention will not provide a solution. There should be continuity in efforts made by the institutions which invite and host international students. \approx

Asian Indian Diaspora Neha Navsaria



Existing research on the acculturative processes of Asian Americans often carry the assumptions that acculturation is unidimensional, linear and associated with a number of risk factors. Problems that

surface from these assumptions relate to the failure to capture behaviors and values simultaneously, the lack of understanding of the impact of multiple migratory pathways and diasporic contexts and limited knowledge on how acculturation can promote positive functioning. To address these issues, the purpose of this study was to 1) examine patterns of acculturation and resiliency and 2) understand the cultural sources of resiliency for the Asian Indian diaspora.

Asian Indian participants (N=190) were recruited based on country of residence (US or UK) and parental country of origin (India or East Africa) and administered the Acculturation Scale for Asian Indians (Parekh, 2000), a multidimensional measure and a resiliency questionnaire. Research questions posed in this study asked whether acculturation and resiliency were different based on country of residence or parental country of origin. Acculturation was impacted by country of residence (US participants were more traditional than UK participants), but not by parental country of origin. Resiliency was not impacted by either factor. Furthermore, analyses indicated that religious beliefs, interracial attitudes, and preparation of foods were significantly associated with higher levels of resiliency.

The findings raise interesting issues regarding acculturation and resiliency for Asian Indians. The differences in the concentration of Asian Indians in the US versus the UK suggest that the US Asian Indians might find a need to strongly adhere to their cultural identity to retain their identity and preserve their culture. Different environments and immigration pathways may also influence the extent to which an individual uses culture to promote positive functioning. For specific questions about this research please contact navsaria.psych@mac.com.

Non-Tenure Track Assistant Professor of Psychology, Kent State University, (Position # 999212): The Department of Psychology announces a full-time non-tenure track position for the 2008-2009 academic year to teach four undergraduate courses per semester, including General Psychology. The initial appointment is for 1 year, with length of appointment negotiable. Preference will be given to candidates who can provide evidence of excellence in undergraduate teaching and who have a Ph.D. in psychology or who will have completed their degree by Fall 2008. Area of specialization is open. The Department of Psychology houses graduate programs in Clinical and Experimental Psychology, a Psychological Clinic, an Applied Psychology Center, and an AAALAC accredited animal research facility.

Application deadline: Review of applications will begin February 15, 2008 and will continue until the position is filled. Please submit curriculum vitae, a letter of application, statement of teaching philosophy, summaries of teaching evaluations, and at least three letters of recommendation to:

Chair, NTT Search Committee Department of Psychology Kent State University P.O. Box 5190 Kent, OH 44242-0001

Kent State University is an Affirmative Action/Equal Opportunity Employer.

In Memoriam Jeffrey S. Tanaka 1958-1992

The Jeffrey S. Tanaka Memorial Dissertation Award

in Psychology is designated in his memory. He emphasized the important role of culture and ethnicity in the scientific understanding of behavior. Dr. Tanaka was a respected and loved professor at the University of Illinois. He was actively involved in APA, where he was a Fellow of the Division of Evaluation, Measurement, and Statistics, and Member of the Divisions of Personality and Social Psychology, the Society for the Psychological Study of Ethnic Minority Issues, and the chair-elect of the Committee on Ethnic Minority Affairs.

Past recipients of the Jeffrey S. Tanaka Memorial Dissertation Award (provided by Dennis R. Bourne, Jr.):

- 2007 **Derek Griner, PhD** Brigham Young University
- 2006 Maryam Kia-Keating, PhD Boston University
 Janna L. Kim, PhD - University of Michigan (honorable mention)
- 2005 Patrick A. Wilson, PhD New York University
 Kira Hudson Banks, PhD – University of Michigan (honorable mention)
- 2004 **Tiffany Yip, PhD** New York University **Glen McCabe, PhD** – University of Manitoba (honorable mention)
- 2003 Su Yeong Kim, PhD University of California at Davis
 Do-Yeong Kim, PhD – University of Washington (honorable mention)
- 2002 Arpana G. Inman, PhD Temple University Lawrence Yang, PhD – Boston University (honorable mention)
- 2001 Eric A. Hurley, PhD Howard University Nan-Sook Park, PhD – University of South Carolina (honorable mention)
- 2000 Sybil M. Madison, PhD University of California at Berkeley
 Angela Ebreo, PhD – University of Kentucky

The photos originally presented as Jeffrey S. Tanaka were incorrect. Our apologies to Dr. Hal Fairchild who is currently a Professor of Psychology and Black Studies at Pitzer College.

- 1999 Charles V. Izzo, PhD University of Illinois, Chicago
 Tricia S. Tang, PhD – University of Vermont (honorable mention)
- 1998 Alvin N. Alvarez, PhD San Francisco State University Rowena Ng Tan, PhD (honorable mention)
- 1997 Jerine D. Gadsden, PhD California School of Professional Psychology, Los Angeles Carlton H. Oler, PhD – Oakwood College (honorable mention)
- 1996 Dao Q. Nguyen, PhD University of Cincinnati
 Rosanna M. Jones, PhD – California School of Professional Psychology, San Diego (honorable mention)
- 1995 Kathleen Bick-Mui Lung, PhD York University, Ontario, Canada, Kyunghee Han, PhD – University of Minnesota (honorable mention) Ana F. Abraído-Lanza, PhD – City University of New York (honorable mention)
- 1994 Josette G. Harris, PhD Maria Felix-Ortiz de la Garza, PhD (honorable mention)
 Melanie P. Duckworth, PhD (honorable mention)
- 1993 Nancy A. Gonzales, Ph.D –Arizona State University. ≫



Student Spotlight on Yong Park

Interviewed by Mary Tung

DoS has been active and busy with numerous projects, but none of this would have been possible

without the dedication and hard work of the chairs (Yong Park & Bianca Ho) and the EC team. I would therefore, like to take this opportunity in introducing Yong Park. Yong is in the Psychology Program at the University of California, Santa Barbara. His research interests are in Asian relationship norms, family conflict, interpersonal psychotherapy, and career counseling.

Who has had the most impact on your professional development and why? Dr. Jeanett Castellanos, my undergraduate mentor. She was the first person outside my family to have faith in my academic abilities and encouraged me to pursue graduate school in counseling psychology. She introduced me to the "five pillars" of academic success: relevant/practical experiences, research, teaching, community service, and professional affiliations; and shared with me the story of the

Arpana "Annie" Gupta "freedom train," which speaks of a mentorship tradition that is passed down from one generation to another with the purpose of helping students become

Student's Column

aware of their personal power and instilling in them the value of social responsibility.

Challenges encountered in graduate learning: The day to day endurance tests: late nights, early mornings, 12 hour work days, and a never-ending list of deadlines. Although challenging, I think the busyness of graduate school has helped me develop a strong work ethic.

Most rewarding experience as a graduate student: My work with a talented and bright group of undergraduate researchers.

Ideal career/life in 5 years: Sunbathing on the beach, sipping piña coladas, and taking a dip in the ocean...just kidding. This is my fantasy in 50 years when I retire! In five years, I hope to secure an academic position in a counseling psychology program.

Three words that others would use to describe you: Reliable, hardworking, and simple. What is an interesting thing about yourself that no one really knows about? I won a spelling bee in fourth grade. My proudest moment and it's all been downhill since...just kidding! ≫

Submit Nominations For Dissertation Award

APA's Committee on Ethnic Minority Affairs (CEMA) seeks nominations for the 2008 Jeffrey S. Tanaka Memorial Dissertation Award in Psychology, which recognizes outstanding dissertations in psychology that increase understanding of the psychological issues and concerns facing persons or communities of color. CEMA welcomes applications from individuals who filed their dissertations in 2006 or 2007, on research involving one or more of the following areas: enhancing the psychological understanding of ethnic-minority populations or concerns; improving psychological service delivery systems to ethnic minorities; developing new concepts or theories relevant to ethnic-minority populations; and creating methodological paradigms that promote effective research and understanding of the values, beliefs, behaviors, and needs of ethnic-minority communities. The winner receives \$500 and a \$300 travel award sponsored by APA's Science Directorate, and will be invited to briefly present her or his dissertation at the APA's 2008 Annual Convention, Aug. 14-17, in Boston.

Deadline for submission of abstracts is April 1. Provide five copies of an abstract (no more than 1,000 words). The dissertation title should appear on all five copies of abstracts submitted; however, only one abstract should identify the author, and also provide the author's mailing address and telephone number. All submissions should be sent to the Office of Ethnic Minority Affairs at the APA address. For additional information, including selection criteria, visit <u>http://www.apa.org/pi/oema/2cema_call_js_tanaka_mda_%202008.pdf</u> or call (202) 336-6029.

International Graduate Student Kai Kok "Zeb" Lim



It may be hard to imagine living away from home in a foreign country for an extended period, but that is the situation for most international students pursuing their graduate degree in psychology in the

United States. In addition to the demand of learning degree-related material, international students often grapple with learning that material in English (a second language for most) and struggle with paying for school and living expenses.

But while it is easy to look at the obvious drawbacks of studying abroad, the benefits of being an international student are many. Besides learning independence while living in a foreign country, international students learn to be resilient in facing the challenges and hardship that they encounter. Nothing raises one's self-efficacy faster than the experience of overcoming life's hurdles without extensive family support in a different part of the world. In addition, international students gain the opportunity to enhance their English skills in its natural environment alongside new friends in a new culture. One cannot gain these unique and invaluable experiences easily in one's own country.

To all my fellow international students, I encourage you to keep up the work of pursuing your graduate degree in psychology. Remember, you are making your family, your friends, and your country proud. And, it is an accomplishment with which you too can take pride. The skills that you learn today will benefit the field, the society and the world, whether you choose to remain in your new adopted country or back in your own country.

Do not forget, the ability to deal with life challenges adaptively and flexibly is a great asset when facing the psychology world and beyond.



Finance Report Amy Cheng

As the new Finance Officer, I am happy to report the continued excellent fiscal health of our organization! As of September 15, 2007, we have \$52,366.71 in savings and \$20,527.31 in checking, for a total of \$72,873.49 in our account.

There are many individuals who have made donations in the past year and I want to acknowledge all of you. Thank you so much for your generosity and support of this organization.

I would like to encourage members to consider making a tax-deductible donation to AAPA. We are a nonprofit organization run completely by dedicated volunteers whom you elect. We strive to offer quality programming and opportunities for mentoring and networking. We also keep registration costs as low as possible to help us cover our expenses for hosting our annual convention. Any profits we generate are applied towards student awards or programming needs.

Donations of any amount are always greatly appreciated and are tax-deductible! We accept donations in the

following categories: AAPA General Fund, Dissertation Grant, Best Poster Award, Student Travel Award, and Division on Women Fund. If you have any questions about these funds or would like more information on how the money is used in each fund, please do not hesitate to contact me at <u>dr.amycheng@gmail.com</u>.

I am looking forward to my upcoming years of working for AAPA. Please feel free to send me an email regarding any questions, concerns, or suggestions. \approx

1	ACCOUNT	Amount
, ,	Checking	\$ 20,527.31
	Savings	\$ 52,366.71
	TOTAL	\$ 72,873.49

Psychology- A Pseudo Science Thuong Truong



The study of psychology has been developed, practiced, and accepted by the western world for the past century; yet to the eastern world, it is still a relatively new subject. Despite the helpful services that the field has offered, the

University of Chicago's National Opinion Research Center and five other federal agencies reported that in 2002, only four percent of psychology Ph.D. recipients were Asian Americans. With the many psychosocial problems Asian Americans face in today's society, I sometimes wonder why Asian parents aren't more supportive of their children's decision in wanting to pursue the dream of helping others through psychological means. Why is it that the field of medicine is considered prestigious to Asian American parents and not the field of psychology when both fields analogously offer valuable treatments? I can personally offer several reasons as to why this is so, granted that not all Asian American parents fit into this stereotype.

In my experiences, most Asian American parents usually correlate the gratification of a career with monetary gain. Thus, being uneducated about the different careers in psychology, parents usually think that their children will be financially unstable, oblivious to the actuality that psychologists do make a reasonable salary that's above the national average. In addition, Asian American parents aren't exposed to the field enough to know about the different types of work and therapeutic approaches in this career; thus, they still view psychology as a pseudo-science, refusing to acknowledge the need for psychotherapy in Asian communities. Furthermore, Asian American parents have the misconception that psychology is a dangerous field to get into. They fear that their children will only work with the demented in an insane asylum. To remedy these fears and misconceptions, it is important to provide more exposure and education to Asian communities. \gg



A huge thank you to those AAPA members who have already renewed their memberships for 2008, and welcome to new members who have joined our organization for the first time this year. I am still looking forward to

processing the renewals of many of you who have not gotten around to renewing your membership! Remember, it's the Year of the Rat, so *Renew with AAPA Today*!

Here is a summary of membership totals for 2007. As of December 31, 2007, AAPA's membership consisted of 627 individuals and organizations. This includes 8 emeritus professors/retirees, 14 lifetime members, 250 professional members (245 national, 5 international), 54 early career members, 300 students (294 national, 6 international), and 1 organization.

Let's keep AAPA growing and working for you. Please contact me with any questions and comments

Membership Report Mikaru Shichi Lasher

regarding membership, including renewal and address changes, at my email address: <u>mshichi@comcast.net</u>

Membership	12/31/07
Emeritus/Retirees	8
Lifetime Members	14
Professional	250
In U.S.	245
Outside U.S.	7
Early Career	54
Student	300
In U.S.	294
Outside U.S.	6
Organization	1
TOTAL	627



The Community Fellows Program at Claremont Graduate University through the Eyes of an International Student Rupanwita Gupta and Tony Wu

"[The community fellow] brings fresh ideas and sensible perspective to the clinic and the larger community; I especially enjoy the process of discussing theoretical and applied aspects of psychology and education." Dr. Tony Wu



The Community Fellows program at Claremont Graduate University (CGU) has facilitated an ongoing partnership with the Los Angeles Child Guidance Clinic (LACGC). The Fellowship enables CGU doctoral students work opportunities with community organizations whereby their research skills could be applied in settings beyond academia. As a Fellow since 2006, working under the guidance of Dr. Tony Wu, evaluation specialist and licensed psychologist, the following describes my fellowship experiences.

The vulnerable clientele of LACGC highlights the challenges staff and those assessing their services face. The Clinic has allowed research and evaluation activities including data analysis, qualitative interviewing, technical report writing and manuscript preparation in order to improve service delivery methods. I began to understand the scope of my work in order to prioritize the Clinic and its clients' needs – a focus starkly contrasting with

academic research that is relatively unfamiliar to Ph.D. students. The ability to acknowledge both perspectives and exercise each when deemed appropriate, will be indispensable in my future professional work in an academic or non-profit realm.

My perspective is additionally informed as an international student from India. As attested by many a student from distant shores, the challenges of balancing schoolwork and a livelihood are matched only by those of securing basic employment. In this scenario, possibilities of employment beyond the confines of one's university are slim and constrained by legalities. As my work continues at LACGC, while being essentially employed by CGU, I can appreciate the partnership even more. In essence it provides the ideal collaboration between LACGC and a Fellow. Ultimately both parties have benefited from this association.

APA's CEMA Seeks Two New Members

The Committee on Ethnic Minority Affairs (CEMA) is seeking nominations for two new members to begin threeyear terms on Jan. 1, 2009. The committee functions as a catalyst for action on ethnic-minority issues and concerns by interacting with and making recommendations to the various components of APA's governing structure, membership, and other groups. Committee members plan, develop and coordinate activities related to advocacy and promoting an understanding of the cultures and psychological well-being of ethnic-minority populations, monitoring and assessing institutional barriers to equal access to psychological services and research, and ensuring equitable ethnic/racial representation in the psychology profession. To fulfill its mandate for ethnic representation and its commitment to gender equity, the two vacant slates are for an African-American male and a Latino male psychologist. CEMA also welcomes nominations from candidates who possess knowledge and expertise of other diverse populations (such as, disability, early career, national origin, sexual orientation, etc.).

CEMA members must participate in no less than two committee meetings a year. No more than two meetings will be convened at APA headquarters in Washington, D.C. Members also work on CEMA priorities when necessary between meetings. If possible, CEMA members attend the APA Annual Convention at their own expense to participate in CEMA convention programming. Nomination materials should include the nominee's qualifications (including a statement of relevant experience), a curriculum vita and a letter of interest. Selfnominations are encouraged. Nominations and supporting materials should be sent no later than Sept. 5, to the APA Office of Ethnic Minority Affairs at the APA address.

> Dennis R. Bourne, Jr. | Program Officer Research & Special Projects American Psychological Association Office of Ethnic Minority Affairs email: dbourne@apa.org phone: 202-336-6029 fax: 202-336-6040

Division Student Awards



The Division of Students (DoS) is very pleased to announce the very first Division Student Awards. These are different from the awards offered through AAPA for travel and dissertations. THREE awards (*Leadership, Research, and Service*) will be given this year at the Boston conference in the form of a dollar amount along with an award certificate.

The following are the criteria for the awards:

<u>Eligibility</u>:

- AAPA students can either nominate themselves or be nominated by a fellow member.
- They need to be enrolled full time in good standing at an accredited university
- Preference will be given to those who have demonstrated experiences in working with Asian American populations

Application:

- Cover letter addressing the relevance of their experience to the award that they intend to apply for.
- 2-page curriculum vitae
- 1 Reference letter e-mailed directly to the DoS Awards Committee
- DEADLINE for all applications is **May 15th, 2008**.
- All application materials and supporting documents need to be e-mailed to Arpana "Annie" Gupta (<u>agupta4@utk.edu</u>), Yong Park (<u>ypark@education.ucsb.edu</u>) and Bianca Ho (<u>bianca.sw.ho@gmail.com</u>).

Leadership Award: This will be awarded to the student who demonstrates excellent experiences in guiding, coaching, influencing, recruiting, retaining and/or enhancing the training of Asian American students on/off campus, and/or the student who shows excellent experiences in Asian American students' program/ organization development and leadership in order to enhance the voice of Asian American students on/off campus.

Research Award: This will be awarded to the student who demonstrates outstanding research that will enhance the psychological and social understanding of Asian American issues; who develops a program that improves the psychological service-delivery to Asian American groups; who has developed original concepts/ theories relevant to Asian Americans, and/or the student who has developed methodological paradigms that promote effective research and understanding of Asian American communities.

**N.B. The research award also encourages undergraduate research projects or any type of student initiated research. Graduate thesis or dissertations are excluded for this award. Applicants should also submit their research proposal or completed project along with the application materials described above.

Service Award: This award is for the student who demonstrates extensive experiences and commitment in working with an Asian American community, preferably an underserved population, to promote the mental health and psychological understanding of that group.

As we considered that AAPA is approaching its 35th year, we realized that we ourselves have benefited from AAPA as our professional home for over a decade. In that time, AAPA has grown in multiple ways. AAPA is currently at a transition point: We have almost doubled our membership in the last 3 years and our scope of influence has expanded with greater visibility and impact in the field, with members' work influencing treatment, education/training, research, and policy/advocacy. As President and Vice-President, our initiatives would include: (a) leadership development (developing further pipelines of leadership so that AAPA involvement is rooted within stable, organized and informed positions), (b) community collaborations (continuing conference initiatives aimed at community connections), and (c) strengthening the financial foundation of the organization (developing proposals for fundraising). These areas for initiatives are especially important as AAPA's leadership and influence gain prominence on a national level (e.g. APA Council Seat and ongoing collaborations with other Ethnic Minority Associations).

Together we bring a breadth of skills to the AAPA Presidency and Vice Presidency. Karen has been Vice President of the Association for the past 3 years (2005-2008), a member of the Board of Directors (2001-2003), co-chair of three AAPA conventions (2003, 2006, 2007), program chair for the 2002 convention, a consultant to the AAPA Board of Directors committee on establishing divisions within AAPA (1998-1999), and one of the first co-chairs of the AAPA Division on Women (1996-1998). She is an Associate Professor in Psychology and Asian American Studies at the University of Massachusetts, Boston and has published on issues related to Asian American and multiracial identities and treatment, training for culturally sensitive therapy with Asian Americans, and feminist leadership.

Nita has served as co-chair for the Division on Women (2001-2003), coordinated AAPA/DoW Southern California regional meetings, led initiatives for AAPA EC Division Representation, and served on AAPA National and Southern California Regional Convention Planning Committees. In 2002, she co-founded the South Asian Psychological Networking Association (SAPNA), a listserv and website founded to connect individuals interested in South Asian American mental health concerns. Currently, she is serving on the AAPA Division Committee and the Governance Task Force for the Division of South Asian Americans. She has also served in clinical, research, teaching and student services positions at the University of California, Irvine Counseling Center and Department of Psychiatry and Human Behavior. She also served at California State University, Long Beach where she provided clinical services to Asian Americans, taught Asian American Psychology, published and presented on topics related to Asian American mental health.

We believe our longstanding involvement with AAPA has given us the skills to contribute to the future needs of AAPA. Both of us believe in maintaining stability, yet embracing change for growth. In our shared vision of AAPA, we want to see AAPA grow stronger, gain in membership, increase its budget and visibility, develop future leaders, and expand its local and national presence in the field of psychology.

Renewing your AAPA membership is easy, just click on this link: AAPA website.

Dr. Neera Puri has a new addition to her family! Baby Raj was born 01/14/08, 20 inches, 6 lbs., 12 oz. Congratulations to the Puri family: Neera, Anuj and baby Shan!

Dr. Darcy Ing has opened a virtual life coaching practice. Darcy, an ordained lay minister with Johrei Fellowship and a licensed psychologist, has opened a virtual life coaching practice. Through technology, she can work with people around the country at their convenience. Using positive psychology, her approach emphasizes people's unique strengths and virtues, empowering them to flourish through self-knowledge, inspiration and personal discovery. More information can be found at <u>www.compassionatespirit.org</u>.

AAPA Nominations

As AAPA steps forward to select its first Representative to the American Psychological Association's Council of Representatives, it is also a step towards advocacy, a step towards coalition-building, and ultimately, a step towards change. In taking this step, I believe it is our opportunity to join hands with other communities of color and our allies in giving voice to our respective communities. Thus, my candidacy for Council Representative represents my belief that AAPA can and should strive to shape the dialogue, agendas, and policies that affect both ourselves and the communities we serve.

In giving voice to our communities, I believe that I bring a potent combination of experience and commitment to the Association and Asian American communities in general. My candidacy for Council Representative capitalizes on my experience as President of AAPA (2005-2008), Vice President of AAPA (2001-2003), a member of the Board of Directors (1999-2001), and a co-chair of three national conventions (2000-2003). Moreover, as AAPA's current Observer to the Council of Representatives for the last three years, I also believe that the continuity in my experience and the coalitions I have formed will enable me to be a more effective advocate on behalf of the Association. To complement my service as Observer, I have also been a member of APA's Committee on Ethnic Minority Affairs, which has deepened my understanding of and ability to negotiate APA governance. In effect, my candidacy reflects my hope of continuing to serve the Association as well as the integration of my commitment to advocacy and my leadership experience within AAPA and APA.

AAPA Nominations	Secretary-Historian Jonathan Kaplan
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As a member of AAPA for the past 14 years, I'm excited about the opportunity to serve this wonderful organization. While in graduate school at UCLA, I conducted research at the National Research Center on Asian American Health and co-taught a course on Asian American Psychology. Since graduation, I have focused on clinical work with an emphasis on college counselling. At various institutions, I've had the privilege of helping Asian and Asian American students address issues of racism, ethnic identity, and cultural differences. As part of this work, I have been immersed in "practicing what we preach"—drawing from theory and research to provide informed psychotherapy. Naturally, this work has not been easy as I confront my own biases and address issues of privilege (you knew I was White from my name, right?). It also has not been particularly "high profile" as most of what I do takes place in a private office.

In running for this position, I hope to represent the clinical perspective within AAPA and contribute more substantively as an ally of the organization. In particular, I'd like to expand our on-line offerings with more clinically useful resources. Frankly, as a non-Asian American, I have never felt that it was "my place" to be part of the AAPA leadership, but I realize that it is a decision for our membership. Therefore, I encourage you to vote in the election this year and consider ways in which you too can contribute to AAPA (if you're not already!). Thank you.

AAPA Executive Committee Mid-Year Meeting

The DoW would like to express *heartfelt thanks* to **Darcy Ing, Psy.D.**, for representing the DoW at the AAPA Executive Committee (EC) Mid-Year Meeting in San Francisco in January. The meeting was quite productive and included discussion on the work of the Division Committee. The committee recommended, and the EC approved: 1) a formal definition of divisions in AAPA, 2) creation of a Council of Representatives, and 3) convention programming allocation for divisions. More details about these changes will be forthcoming

AAPA Nominations

Board Member Kwong-Liem Karl Kwan

Greetings! My name is Kwong-Liem Karl Kwan. I am a Chinese immigrant originally from Hong Kong. I now have lived in the U.S. longer than anywhere else on earth. I am a product of Midwest education (Illinois State University, University of Nebraska-Lincoln), and have been employed by Midwest institutions (Purdue University, University of Missouri at Columbia). My specialty area is Counseling Psychology. Since my graduate years, my research seeks to address questions related to Asian Americans' ethnic identity, racial identity, and the role race, culture, and nationality plays when applying psychological tests not developed for and normed with Asians in and outside the U.S. Being trained also as a practitioner, I try to scratch my therapist itch by teaching counseling skills and practicum courses.

I have been a member of AAPA since ... I don't remember the exact year. I do remember my students received the Best Poster Presentation Award at the 1998 AAPA convention. Over the years, my involvement has mostly been in AAPA's annual conventions – as a student mentor, proposal reviewer, poster judge, program co-chair, and conference co-chair. I am honored to be nominated as a Board Member. If elected to this position, I want to continue (a) AAPA's ongoing advocacy mission, and (b) to build and strengthen connections with other ethnic communities as well as other psychological associations. Being a part of the AAPA community means to participate and give back. The time is now.

AAPA Nominations	Board Member Szu Hui Lee
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I am honored to accept the nomination for 2008-2010 AAPA Board Member. It is amazing to reflect on how much I have grown within AAPA. From a first year graduate student star struck at my first conference, to becoming a Student Representative (2004-2006) coordinating mentor-mentee luncheons, to being part of the Division of Women and Early Career Task Force, to now being considered for a Board Member...what a journey this has been! Thanks to the foundation of AAPA and the great mentors I've gained through AAPA, I'm now building the career of my dreams. AAPA has been instrumental in my professional and personal development. Like many others, I believe it is important to give back to the same community that has given me so much.

Fostering the growth of members and a sense of community among members have always been my aims. As Student Representative, I initiated the establishment of the Division of Students to increase visibility of student members and to provide students with support and resources throughout graduate school. Wanting members to connect between conferences, I spearheaded a project to purchase an online forum software. Since the launch of forums, groups such as Division of Students and Division of Women have utilized the space to connect with their divisional members. Furthermore, an online mentoring project and a special topics discussion series emerged. As a Board Member, I will support the initiatives of the Executive Committee and take my aims of fostering membership growth and sense of community to new heights. Thank you for your consideration.

> *The Asian American Psychologist*, AAPA's official newsletter, is received by members as part of their membership benefits. The newsletter is published three times annually and provides a forum to inform members of news and events. <u>http://www.aapaonline.org/pubs/newsletter.shtml</u>

AAPA Nominations

It is truly an honor to be nominated for membership on the Board of the Asian American Psychological Association. One of the primary reasons I became a counseling psychologist was to increase the representation of Asian Americans in psychology. Throughout my many years of education in psychology, I only had one Asian American professor. There is clearly a tremendous need for Asian American scholars in psychology that can serve as models and mentors for future generations. Although I have not been actively engaged in professional associations at the national level, I have supported Asian American student, faculty, and staff organizations at universities. For the past three years, I have been involved in Asian Students In America (ASIA) and I have been the coordinator of the Asian American Initiative within our Multicultural Empowerment Network at Syracuse University. For the past two years, I have served on the planning committee for our Asian Pacific American Heritage Month. I am also a member of Syracuse University's first Asian American faculty and staff affinity group. Participating in these groups have provided opportunities for me to lend support to various Asian American communities on campus. If I am approved to be a member of the Board of AAPA, my primary goals would be to: 1) increase collaboration with other multicultural psychological associations; 2) continue to provide support and connectedness among Asian American psychologists; 3) promote the field of psychology as a viable career option for Asian Americans and; 4) recruit future Asian American scholars.

AAPA Nominations

Board Member – Student Representative Stephanie Pituc

Since my first involvement as a masters student, AAPA has provided me with opportunities to grow professionally, make long-lasting connections, and truly have a voice in the community. AAPA has enriched my interests in advancing Asian American psychology, specifically around issues of racism, discrimination, and social justice. For example, I participated in the AAPA online forum on Racism and Discrimination and was a member of the Task Force on Social Justice, Advocacy, and Public Policy. I have also been able to connect with mentors who share my research interests.

Over the last four years, I have had the opportunity to serve the student community both formally and informally. Last year, I began a two-year term as AAPA Convention Book Drive Co-Chair, which benefits students through travel scholarships. My enthusiasm for student involvement and development spans all stages of education and disciplines. As a masters student, my experiences were so meaningful that I submitted an article to the AAPA newsletter calling for greater outreach to and involvement of masters-level students and practitioners. It is my goal as Student Representative to the Executive Committee to assure that the needs of all students are met through dialogue and survey research. I hope to strengthen some of the connections which make AAPA so extraordinary: between students, with faculty/professionals, and the community.

AAPA is not just a professional organization; it is a community invested in its members and the Asian American community-at-large. I am honored to be nominated to give back to this community as part of the EC.

In 1972, the Association of Asian American Psychologists (AAAP) was founded. As with other ethnic organizations in psychology such as the Association of Black Psychologists and Psychologists for La Raza, it was concerned that the interests and psychological wellbeing of Asians (e.g. Chinese, Japanese, Korean, Pilipinos, Samoans, and Vietnamese) in the United States and of Pacific Island Americans were not being served.

DoSAA Nominations

Hello, my name is Lina Patel and I am an Asian Indian female psychologist hoping to represent you as your DoSAA chair-elect. Having focused most of my time learning and exploring the many facets of multiculturalism through formal and informal training as well as life experiences, I am now ready to begin leading and working towards change on a grander scale, which is one of the primary reasons for my desire to run for this position. Although I have not previously held a seat within AAPA leadership, I have had many experiences helping to guide others and facilitate administrative changes in the various places that I have worked and volunteered. As your chair-elect, I hope to bring in new ideas and innovative plans, while at the same time learning from my seniors in preparation for becoming the co-chair the following year.

My dedication to the Asian community has largely been through my work within the multicultural world as a treatment provider for children, adolescents, and their families. I have committed myself to offering the best treatment possible, as well as educating others on best practices when working with Asian American populations.

My goal as prospective chair-elect is not to take on a position of hierarchical power. Instead, I would like to be a representative voice for the many innovative thoughts, ideas, opinions, and beliefs of DoSAA members, so that we can move forward in making changes for the betterment of our community.

DoSAA Nominations Secretary Ian E. Wickramasekera II

It gives me great pleasure to seek the honor of serving as Secretary for the Division of South Asian Americans (DoSAA) within the AAPA. I feel a strong sense of motivation to help DoSAA grow and develop as an organization that can be of service to the South Asian American community and the community at large as well. I come from a background in psychology in which my love of health psychology has also been integrated with my love of diversity. I am a Health Psychologist and Educator for the Jesse Brown VA Medical Center and the University of IL Medical School. Previously I taught for 3.5 years at the Adler School of Professional Psychology where I am still on the adjunct faculty. I served as faculty sponsor for a Desi student group at Adler which we named "Massala" to help students appreciate and draw upon their Desi background as they developed as therapists. It was also my great pleasure to be involved with diversity training programs at the Alder School of Professional Psychology and to use my leadership skills to help set Adler's diversity related policies in training and recruitment efforts. I have a good working knowledge of how to be an effective secretary for a national organization. I previously served as the Secretary for the Society of Psychological Hypnosis (Division 30 of the APA) for three years until being elected as President after serving out my term. I look forward to meeting you and trust that we will all enjoy coming together to make DoSAA a great society that can be of service to the South Asian American Community.

DoSAA Nominations	Treasurer Ulash Thakore-Dunlap
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I am very excited about the possibilities presented by the formation of AAPA's Division on South Asian Americans (DoSAA), and I hope to receive your vote to act as DoSAA's Treasurer so that I can share my experience, enthusiasm, passion, and excellent administrative skills with the organization.

Born in London to immigrant parents, I moved to the U.S. several years ago, where I obtained a Masters in Counseling, with an emphasis in Marriage Family Therapy. I have served on the Board of Directors for a non-profit multicultural organization, and currently provide mental health services to South Asian teens and their families, working for a large mental health agency that serves a predominately Asian American population. To help increase visibility, representation and voices of South Asians, I also regularly present on the topic of counseling and working with South Asian Youth at conferences, schools, and organizations.

I am eager to work with the DoSAA team and its members to build a vision, and achieve our goals. I am personally interested in the global mental health services needs of Asian Americans, and would like to work with DoSAA to collaborate with international psychology associations on ways to improve understanding of these needs.

I also hope to further my skills and experience through increasing DoSAA's visibility within AAPA and other organizations, such as American Counseling Association.

With your help and support, I hope we can meet our goals together! <u>ulash_thakore1@hotmail.com</u>

My name is Shamin Ladhani and I am soliciting your support for the Chair of the Division on South Asian Americans (DoSAA). For the past few months, I have been serving as the chair of the DoSAA governance task force and have been influential in shaping the development of this division. My work and interest in the South Asian community has been lifelong but developed as a graduate student and has continued to be of utmost importance into my professional career. I have presented yearly at APA and AAPA on issues that affect South Asians as this has been a relatively understudied group in the literature until recently. I have also been an advocate for mental health services in this community.

I have strong leadership skills and have served on many committees and task forces in my short career. I currently serve as the Chair and Division representative for the Committee on Early Career Psychologists and on the Board of Convention Affair's Central Programming Work Group. I also serve on the Membership Committee for Division 45 (Society for the Psychological Study of Ethnic Minority Affairs) and was a past student representative for Division 45. The skills that I have obtained through serving in APA governance will be an asset in the development of this new division.

For DoSAA's first year as a division, I hope to create a strong foundation that the organization can build upon for years to come. I plan to work on a strategic plan, mission and governance structure for this first year to lay the groundwork for the division's continued successes. I am enthusiastic about being part of the development of this much needed new division and continuing to contribute to the South Asian community.

DoSAA Nominations	Co-Chair Neha Navasaria
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One way in which I can translate my passion for work with South Asians is through the position of Co-chair on the first ever (!) DoSAA board. I have an existing relationship with AAPA that is characterized by service to (Task force for Social Justice and Activism, DoSAA development task force, Poster reviewer and Co-chair for student volunteers for 2005 and 2006 AAPA Conventions) as well as support from the organization (AAPA Travel and Dissertation Award). My commitment to Asian American issues outside of AAPA has been evidenced by: increasing diversity programming within the APA Pediatric Psychology Division, presenting issues related to South Asians and culturally competent practice at numerous national conferences and publishing a book section that highlights a model of therapy specific to Asian Indian women.

Ideas I envision for DoSAA are: 1) possible liaisons with other South Asian groups with similar interests such as SAPHA and CHAI, 2) having a clearinghouse for members to share their research results to increase awareness of members' work and 3) developing a DoSAA membership directory. However, I strongly feel that before any agenda is implemented, it is important to first get a flavor of the membership of DoSAA. It is not productive to have a board whose visions are not representative of the members. Who are we within AAPA? What unique talents, interests and questions do our members bring? These questions can be answered through a needs assessment of members.

I hope you consider me in being part of the new South Asian energy within AAPA. Thank you!

Hello, my name is Nima Patel! The formation of DoSAA is exciting and I am eager to serve in a role that helps to pave the way for South Asian Americans (SAAs) within the field of psychology. It is important to me that DoSAA begins with a strong foundation and I believe that I possess the skills and abilities necessary to be a successful Co-chair. If elected, I will emphasize the importance of supporting those involved with DoSAA while increasing membership. The first few years of the division will likely be spent forming our identity, refining our mission statement and enhancing our bylaws, and I am prepared to help lead these efforts.

My level of commitment and enthusiasm toward the advancement of Asian Americans in the field of psychology are surpassed only by my hope for our future. I am passionate about issues that affect SAAs and have been dedicated to research and community work with Asian Americans since my undergraduate years at UC Irvine. In my current position as a Staff Psychologist at the University of Illinois Counseling Center, I serve as the co-chair for Asian American outreach. Additionally, I have published and presented on topics related to the SAA community and I will encourage DoSAA members to do the same by providing formal opportunities to support SAA research, clinical work and programming.

The time has come for South Asian Americans to begin a division within AAPA and I hope to continue my role beyond serving on the DoSAA Governance Task Force.

DoSAA Nominations	Communications Chair
	Razia Kosi

I would like to run for the position of Communications Chair for Do SAA within the AAPA. I learned about DoSAA at the AAPA conference last year and was quite interested in working with South Asian mental health professionals both on a national level and within the support structure created by the AAPA. I'm a recent member to the AAPA, but I've been a member of the National Association of Social Workers (NASW) for over thirteen years. With the NASW, I was actively involved in the Committee on Diversity and Multicultural Affairs and held the Co-Chair position for Training and Workshops. I am interested in contributing to a professional organization that supports the issues and interests of the South Asian mental health community. As the founder of Counselors Helping (South) Asians/ Inc. (CHAI), I have had an interest in breaking the stigma associated with mental health in the Asian community and in increasing cultural proficiency among mental health professionals working with the South Asian community in the United States. My skills in locating resources and collaborating with both community and professional partners will be useful in the position of Communications Chair.

Goal Statement: As the Communications Chair, I will increase the level of interest and importance of South Asian mental health by publicizing and sharing information about DoSAA and the AAPA on South Asian and mental health listserves, as well as other communication sources.

DoSAA Nominations	Student Representative Anisha Nathwani
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I am a first year doctoral student in Clinical-Community psychology at the University of La Verne, CA. Although I am in the early stages of my training and have not held any APA offices, my dedication and commitment to South Asian American mental health issues has always been strong. I currently am part of a research team, supervised by Dr. Chris Liang, examining the relationships between racism, coping, and subjective well being in South Asian American women. We will be presenting a poster on our findings at the 116th Annual Convention of A.P.A. in Boston. I completed my undergraduate training in Psychology at

(Continued from page 22)

Pomona College, CA where I wrote my thesis on the differences in the manifestation of depression between South Asians, South Asian Americans and European Americans, and the disparities in health seeking behavior among the populations. I worked at a school for the mentally handicapped in Mumbai, India where I provided individual counseling in English, Hindi, and Marathi. If I were elected to be student representative, I would like to (1) boost student involvement and interest in South Asian American issues, (2) strengthen mentoring opportunities for South Asian American graduate students, and (3) serve as a link between professionals and students to assure that the student perspective is heard.

Student Representative Anjuli Amin

When I stumbled upon the field of psychology, I was embraced by individuals who embodied the spirit of helping and giving back to one's community. Holding the office of student representative will allow me the opportunity to continue in the spirit of helping others. Through involvement with various student organizations, my developing interests, and research on issues affecting South Asian individuals, I have been exposed to many of the topics that we as a community face within the realm of mind and body. As the current student representative for my own graduate program, I have experience with the responsibilities that come with serving one's peers. Additionally, my growing involvement within APA's division 17 and 45 has given me many chances to connect with other professionals and students and learn about the inner workings of similar organizations.

A structure is only as strong as its foundation, and being student representative would allow me to undertake the groundwork necessary to make this happen. If allowed the opportunity to do so, I will act to become a voice for South Asian students across the mental health sector and to establish a strong network among them. Realizing the importance of working with the field as a whole, I also hope to develop partnerships with other student organizations. Lastly, I would like to take this chance to consider the spirits of my peers and instill diligence, sincerity, and responsibility within this position.

DoSAA Nominations Student Representative Devika Srivastava

I am running for the student representative position in DoSAA for two reasons: to bring a united perspective of South Asian students in the field of psychology and to address unique South Asian mental health issues and concerns within the psychological community. My goal as student representative for DoSAA will be to voice student issues and needs in DoSAA. I also aim to broaden the student perspective by extending student membership in the division. Additionally, I will enhance communication between student members through peer discussions, with topics such as training, culturally-sensitive instruments, and research. Though I have not held any prior AAPA positions, I am very eager for the opportunity to represent my peers and work with DoSAA and AAPA. As a South Asian American, I find these organizations extremely valuable to the growth of our community as they help bring insight to multicultural competence in psychology. In the past, I have worked with Asian American women in battered women shelters and participated in program development involving second generation individuals and families. My research and clinical focus, as well as personal interests, center upon Asian Americans, especially women, violence and culture, and second-generation Asian Americans. My area of concentration, with its focus on Asian Americans like the constituents of DoSAA, along with goals of building consensus among South Asian psychology students, and an eagerness to represent students and liaison between DoSAA and AAPA members make me uniquely qualified to serve as your representative.

CALL FOR PROPOSALS: (1) INTERACTIVE SESSIONS; (2) SYMPOSIA; (3) POSTER SESSION *"Interdisciplinary Approaches to Resisting Ethnocentrism, Racism and Intersecting Oppressions: Practice, Research, Theory, and Community Interventions"*

The Asian American Psychological Association (AAPA) invites submissions of proposals for the AAPA 2008 Annual Convention to be held at the University of Massachusetts Boston on Wednesday, August 13th, 2008.

In recent years, our country has witnessed a disturbing surge in the number of overtly discriminatory acts against people of color. In spite of the fact that ethnic minorities are now the demographic majority in many parts of this country, the sociocultural context of racial bias, exclusion, and violence continues to profoundly shape the experiences of people of color and the communities in which they live. Research, practice, and advocacy efforts aimed at resisting racism, ethnocentrism, and intersecting oppressions for individuals, families, communities, and institutions are particularly encouraged. Special attention will be given to proposals that involve interdisciplinary or community collaborations.

Proposals may address, but are not limited to, the following topics within Asian American psychology:

- Interdisciplinary models for understanding the cultural, psychological, economic, and political effects of racism and ethnocentrism, including interactions with other systemic oppressions (e.g. gender, disability, sexual orientation, social class, etc.)
- Individual and collective strategies for resisting racism (and internalized racism), colorism, and ethnocentrism
- Challenging stereotypic depictions of APIs in literature, film, television, and news media
- Racial socialization, racial identity development, and adaptation within API families and communities
- Increasing therapists' awareness about racism, ethnocentrism and intersecting oppressions
- Overcoming racism, microaggressions, and ethnocentric practice in the therapist-client relationships
- Therapeutic strategies for addressing race and experiences of racism and oppression with clients of color
- Addressing interethnic biases that challenge alliance-building across diverse API ethnic communities
- Empowering APIs through activism and political organizing
- The role of White allies in the fight against racism and ethnocentrism

Who may submit

AAPA members at all levels of training (professional, graduate level, and undergraduate level), including nonpsychologists, interested in psychological issues affecting Asian Americans are encouraged to submit proposals. Undergraduate proposals are encouraged. Non-AAPA members at all levels may also submit proposals.

To reinforce the convention's theme on interdisciplinary collaborations, we also encourage submissions from non-psychologists, including members of related mental health professions (e.g. nursing, social work, education) as well as members of other professions and fields that are not primarily psychological in nature

(i.e., sociologists, anthropologists, journalists, clergy, artists, writers). Because resisting racism and ethnocentrism are challenges present for all people of color, we particularly encourage submissions from members of the Association of Black Psychologists (ABPsi), Society of Indian Psychologists (SIP), or the National Latina/o Psychological Association (NLPA).

All presenters are required to officially register for the convention.

Types of Submissions

Deadline for all submissions is March 24, 2008.

SESSIONS

<u>Interactive Sessions</u> (60 minutes) provide an environment for focused discussions and interactions. In a typical session, a facilitator(s) introduces the topic and sets up a context for subsequent discussions and interactions among participants. Send proposals via email (cover sheet and proposal as separate RTF or MS Word Attachments) to **Joyce Chu** at <u>jchu@pgsp.edu</u>.

<u>Symposia</u> (60 minutes) are forums where multiple presentations around a common theme are addressed. A typical symposium will include presentations from various presenters. An invited expert discussant may provide feedback. Send proposals via email (cover sheet and proposal as separate RTF or MS Word Attachments) to **Joyce Chu** at <u>ichu@pgsp.edu</u>.

If applicable, please submit interactive sessions or symposia proposals concurrently for poster session consideration. Do not submit a separate poster proposal for a session that you would also like to be considered as a poster. Instead, clearly indicate on the cover sheet under "A: Type of Program" that you would like your session proposal to <u>also</u> be considered for a poster presentation.

No individual paper proposals are accepted. Single research papers should be submitted as posters.

POSTERS

<u>Posters</u> are conceptual and/or empirical reports presented in the form of a poster. In a poster session, multiple posters are displayed to disseminate information and elicit interactions with participants. Send proposals via email (cover sheet and proposal as separate RTF or MS Word Attachments) to **Sara Cho Kim** at <u>sarakim@wisc.edu</u>.

AAPA Conference Related Awards and Application Process

<u>Student Travel Awards</u>. AAPA offers some travel awards for student presenters. AAPA student presenters who have paid dues for 2007 and 2009 are eligible to apply. Priority will be given to the first authors, students who have not received the award before, and students traveling longer distances to the convention. *Following the acceptance of your proposal*, students should send application materials to the AAPA Awards Chair: **Fred Leong** at <u>fleong@utk.edu</u>. Please see the AAPA website for further information: http://www.aapaonline.org/conventions/conventions.shtml</u>.

Division on Women (DoW) Awards. The DoW offers two awards:

The Division on Women Award is given to a presenter of a session related to psychological issues of Asian and Pacific Islander women to celebrate and highlight work on Asian American women's issues. *Following the acceptance of your proposal*, applicants interested in the DoW Award should send application materials to

the DoW co-chairs: **Juli Fraga** at <u>drjulifraga@gmail.com</u> or **Elayne Chou** at <u>elaynechou@comcast.net</u>. For more information see AAPA website: <u>www.aapaonline.org</u>.

The Alice F. Chang Student Scholar Award is given to the best poster presentation related to the mental health of Asian and Pacific Islander women. All accepted and presented posters submitted by students as the first author are considered for this award. The best poster will be judged and awarded at the convention.

Number of accepted proposals allowed

There is no limit to the number of submitted proposals per individual. However, individuals can only be the first author and presenter of ONE proposal. In the event that multiple submissions are accepted, submitters will be asked to choose ONE proposal to be presented at the conference. Exempted from this rule are presenters who are invited speakers and discussants in symposia.

Audiovisual Equipment

<u>Following the acceptance of your proposal</u>, presenters will be asked to indicate their needs for audiovisual equipments. AAPA will provide flip charts, over-head projectors, and will try our best to provide LCD projectors for power point presentations. However, please be aware that we <u>cannot guarantee</u> LCD projectors available for all presenters.

Guidelines for proposals

- The deadline for all proposal submission is **March 24, 2008**.
- All proposals should include:
 - a <u>separate</u> cover sheet (see below) with all required information provided
 - an Abstract (50 to 100 words) with no author names, and
 - a Program Summary (500 to 700 words) with no author names.
- For submissions to interactive sessions and symposia, submit only ONE program summary that integrates the multiple presentations within the proposed session but also clearly indicates the titles and contents of each presentation within the symposia.
- The proposal title should be clearly indicated on the top of the Abstract and Program Summary.
- Proposals will be sent for anonymous reviews. As such, the Abstract and Program Summary should NOT
 include identifying information of the authors and/or presenters.
- The cover sheet and the proposal should be sent as two separate MS Word or RTF email attachments.
- Submitters will be notified by email upon receipt of their proposal.
- Submission outcomes will be sent by email on or before April 28, 2008.

CALL FOR PROPOSALS

ASIAN AMERICAN PSYCHOLOGICAL ASSOCIATION 2008 ANNUAL CONVENTION August 13, 2008 UMASS-Boston

http://www.aapaonline.org/conventions/conventions.shtml

PROPOSAL COVER SHEET

The cover sheet below should accompany each submission, indicating the type of program (format). If you are submitting an interactive session or symposia that you would also like to have considered as a poster, please clearly indicate that on the form. A separate cover sheet must be completed for each proposal submitted.

A. Type of Program and Title (10 words or fewer)	
Interactive session. Title:	
Author Names in Order:	
Would you like this interactive session to also be reviewed as a poster?YesNo	
Symposium. Title:	
Paper 1 title:	
Paper 1 Author Names in Order:	
Would you like Paper #1 to also be reviewed as a poster?YesNo	
Paper 2 title:	
Paper 2 Author Names in Order:	
Would you like Paper #2 to also be reviewed as a poster?YesNo	
Paper 3 title:	
Paper 3 Author Names in Order:	
Would you like Paper #3 to also be reviewed as a poster?YesNo	
Poster Title	
Poster. Title:Author Names and Order:	
B. Main presenter and contact person information (name, degree, position, affiliation, email, phone address).	e, fax,
Name: Degree: Member/Affiliate of	Cove
Position: Affiliation:	
Email:	
Phone:Fax:Fax:	
Address:	
C. Co-presenters' names, degrees, positions, and affiliations	
Name: Degree:	
Member/Affiliate of AAPA AAAS ABPsi SIP NLPA Cambridge Hospital South	
Position: Affiliation:	
Name: Degree: Member/Affiliate of	
Position: Affiliation:	
Name: Degree:	
Member/Affiliate of 🛛 AAPA 🛛 AAAS 🖾 ABPsi 🖾 SIP 🖾 NLPA 🗔 Cambridge Hospital 🗔 South	Cove
Position: Affiliation:	

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2008 AAT A Member sinp Appreation		
Please check: New Member Renewing	g Member 🛛 Renewing, Student to Early Career Professional	
Name:	E-mail:	
	Fax:	
Highest degree earned:	Year degree was earned:	
Institution from which this degree was earned:		
Ethnicity: Lan	guage capability (other than English):	
Research/Practice Interest (5-6 words):		
Area in psychology (e.g., clinical, I/O, etc):		
I permit AAPA to release my contact information (name, address, email) and/or research interests:	
To professional organizations?	YESNO	
In AAPA member directories (e.g., print of	or on the website)?YESNO	
To prospective employers?	YESNO	
Professional & Retiree/Emeritus Members: Please complete these items: Institutional/Organizational affiliation (current/previous):		
Position title (current/previous):		
If retired/emeritus Year retired	Approximate year first joined AAPA	
<i>Student Members: Please complete these items:</i> School:	Degree objective: Expected graduation date:	
Please Note : In general, membership in AAPA runs from January 1 to December 31 yearly, regardless of when membership dues are received. However, dues received after September will be applied to the following year's membership. Checks not honored by your financial institution will be subject to a \$25.00 fee.		

Dues & Donations		Amount	Enclosed
A. Lifetime Membership		\$750.00	\$
B. General Membership $(1, 2, 3 \text{ yrs})^{T}$	Professional Member	\$35 \$70 \$105	\$
(must have been a member for at least 5 years)	Retiree/Emeritus	\$17.50 \$35 \$52.50	\$
(2 year maximum in this status)	Early Career Professional ²	\$12 \$24	\$
	Student Member	\$12 \$24 \$36	\$
C. Division on Women Membership ²	Lifetime Member	\$275	\$
	Professional Member	\$15	\$
	Student Member	\$6.00	\$
D. Donations ³	General fund	\$25 \$35 \$50	\$
	Dissertation Grant	\$25 \$35 \$50	\$
	Best Poster Award	\$25 \$35 \$50	\$
	Student Travel Award	\$25 \$35 \$50	\$
	AAPA Division on Women	\$25 \$35 \$50	\$
TOTAL AMOUNT ENCLOSED			\$

1. You may pay dues for more than 3 full calendar years by writing in the appropriate dues amount in the enclosed column.

2. You must be a member of AAPA to join DoW.

3. AAPA is a tax-exempt organization under IRS code section 501c (3) and all donations to AAPA are tax deductible. As a nonprofit, AAPA and its Division on Women accepts donations to help finance activities. Please consider donating.

Please make check out to <u>AAPA</u> and send this form with your payment to: Asian American Psychological Association, 5025 North Central Avenue, PMB #527, Phoenix, AZ 85012 To pay by credit card please complete the online membership form at the AAPA website.



Asian American Psychological Association (602) 230-4257

www.aapaonline.org

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ASIAN AMERICAN PSYCHOLOGIST Advertising Policy

Asian American Psychologist, the official newsletter of the Asian American Psychological Association (AAPA), is published 3 times yearly (Fall, Spring, Summer) and distributed to over 500 members of AAPA. For information on specific publication dates and advertising submission deadlines for upcoming issues, please contact the advertising editor. AAPA is a federally recognized non-profit organization.

Advertising Rates and Typesetting

Typical display advertising rates are based on column length (see below). Each advertising column is approximately 2 & 1/4 inches wide. There are 3 columns per newsletter page. The advertising rates are: 3-inch column ad = 60.006-inch column ad = 90.009-inch column ad = 120.00

Requests for alternative typesetting for an ad can most often be accommodated at no extra cost. The rate billed will be based on the page area covered that corresponds to the advertising rates shown above.

Submission of Ads

It is recommended that text-only ads be submitted via email in RTF, ASCII,or MS Word formats to the advertising editor (see below). Ads can also be submitted on 3.5 inch diskette (IBM format) or via camera-ready copy. If special graphics are desired to appear in the ad, submission of camera-ready copy which conforms to the ad sizes described above is required. The name and complete mailing address of the person or institution to be billed must accompany the submission of the ad.

Submit ads by regular mail or email to: Romina A. Romero 9245 Sky Park Ct., Ste. 225 San Diego, CA 92123 or rromero@projects.sdsu.edu.

Billing

A billing statement will be sent after an ad is successfully submitted. It is the policy of AAPA that in the event there is a delay in the publication of the newsletter such that your application deadline is missed, you will not be charged or we will fully refund your payment. Payment must be a check or money order made payable to "AAPA" (we cannot process credit card payments).

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