



## President's Message

*Gordon Hall*



Were you at the wonderful AAPA Convention we had on the beautiful campus of the University of San Diego in August? With more than 300 participants, this was probably the largest convention in AAPA history. Our keynote panel of Cecilia Chung, Yen Le Espiritu, and Huma Ahmed-Ghosh was thought-provoking and offered an excellent context for our theme of "Expanding Our Horizons: The Next Decade in AAPI Psychology." Throughout the day our colleagues presented high quality symposia and posters. There also were many opportunities for mentoring and meeting new and old friends. A fitting conclusion to the Convention was an opportunity to honor the accomplishments of our colleagues, including Karen Lau, Catherine Hsieh, Su Yeong Kim, Doris Chang, Christine Yeh, Bryan Kim, and David Takeuchi at the AAPA

Awards Banquet, which included tasty Indian cuisine and bhangra dancing. Our first President, Derald Wing Sue, also honored/roasted the recent retirement of his brother, Stanley Sue. Among the many people who I am grateful to, I want to thank Vice President Sumie Okazaki, Conference Co-Chairs Anneliese Singh and Richelle Concepcion, Program Co-Chairs Richard Shin and Yuying Tsong and 16 other conference committee co-chairs, and the many student volunteers for making this one of our most successful conventions ever.

New to this year's Convention were the AAPA Basketball Game and AAPA Jeopardy. We had a good turnout of faculty/professional and student basketball players, and well as an enthusiastic audience. The students won, 63-56, on the strength of Helen Ku's 19 points (including a 3-pointer from beyond half court!) and the tough defense of Gloria (G-dub) Wong. After missing at least ten 3-point shots, I finally hit what has been referred to as a "rainbow 3-pointer" to end the game (never mind that I was the sixth faculty/professional player on the court and that time had expired). In addition to being a fun social event, the game raised over \$700 based on player performance (e.g., points scored/moves by particular players) for student travel awards. A big thank you to Nolan Zane and Tai Chang for organizing the game and Quentin Kawahara for securing access to the facility! The faculty/professionals turned the tables on the students in the AAPA Jeopardy Game on the strength of Rich Lee's encyclopedic knowledge of everything AAPI. Several people accused me of rigging the game for the faculty/professionals with questions such as "who burned down a psychology clinic when they left a hotpot plugged in overnight?" Nevertheless, the large audience had fun and the student contestants received free AAPA memberships. A big thank you to AAPA Executive Committee student member Steph Pituc and her co-chair Nicole Rider for organizing the Jeopardy game!

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If you are not involved in AAPA I encourage you to get involved. If you are involved, I encourage you to get others involved. My major presidential initiative is to expand our horizons by increasing our membership. Although AAPA's membership increased this past year by nearly 100 members, many former members' dues are not up to date. One way to get involved in AAPA is to pay your dues at [aapaonline.org](http://aapaonline.org)! The new website will remind you to pay your dues. Membership Officer Meifen Wei is also developing a survey to determine

why former members have not kept their dues up to date. Please encourage your friends and colleagues to join AAPA. First-year dues for new members at any stage of their career are only \$50. If you feel uncomfortable asking others to join, then sponsor a new member. At next year's Convention, I will present another \$500 award to the AAPA member who has recruited the most new members. Yuki Okubo won the award this year. Other ways to get involved include participating on the listserv, submitting contributions to the AAPA newsletter, submitting your work for presentation at the 2011 Convention or for the *Asian American Journal of Psychology*, or volunteering to serve on the planning committee for next year's convention in Washington, DC. For those who are practitioners, we are planning a workshop with continuing education credits for next year's Convention. If you missed our Convention this year, you won't want to miss it again!

## **Beaches, Dinners and Friends: Thoughts and Reflections on the AAPA 2010 Convention**

*Kai Kok "Zeb" Lim*



Time flies, and it has already been awhile since I visited San Diego for the annual AAPA convention. Here, I am going to reflect and remark on my personal experience at the convention. My hope is that you will see how remarkable something as little as a daylong convention had a huge impact on my personal and professional journey towards a Ph.D. in Counseling Psychology. May it inspire you to attend an AAPA convention in the future, if you have not had a chance to attend. On the other hand, if you had trouble connecting, please remember that building a network takes time.

My memorable experience begins the afternoon before AAPA convention. I spent the afternoon walking along Coronado Beach with Cherry Lee and Phillip Dang. We talked about mindfulness and debated about giftedness, two of my favorite subject matter. In addition, we joked how we were not mindfully walking because we walked way further than we had anticipated!

Later that evening, I had the chance to attend the 1<sup>st</sup> AAPA Basketball Fundraising game where the professionals compete against the student team. There was much fun and laughter as each team tried to outdo the other. The student team won in case you did not know that. As I was recruited to videotape the session, I grumbled to myself, "It's not nice to be too well-known because I get called on to help out too much!" While that may be partially true, I am also honored to participate actively in the game. At least, I feel useful now since I can't play basketball!

There were lots of "Hello" and "How are you doing?" during the open breakfast hour. I said to Dr. Kirstyn Chun, staff psychologist at California State University – Long Beach, "It's always nice to see you again, and you always have a great fashion sense!" For me, it is nice to see her again because I always thought of my first AAPA banquet back in 2007 at San Francisco where she asked me if I knew about Division 44, Society for the Psychological Study of Lesbian, Gay, Bisexual, and Transgender Issues and invited me to attend the division's Committee on Racial Ethnic Diversity (CoRED) meeting. In short, she made me felt welcome, especially someone who is a triple minority (Asian International Student who is LGBT-identified in America).

Fast-forward again, now to the AAPA – Division of Students (DoS) business and social meeting during lunch-time. As the host who was running late to the meeting, I made a small joke to the group when I arrived, "At least we are running on Asian Standard Time I said," some laughter, phew, good start I guess. What stood out to me was that there were over 30 students that came to the meeting, to celebrate the four DoS award winners, and to usher in the new DoS board. There was lots of fun with the two icebreaker games that we played and

more so being the photographer capturing the many Kodak moments, which you can find at the AAPA – Division of Student fan page on Facebook!

After lunch, I chaired and presented a symposium on Gifted and Talented Asian Americans. I was proud to be stepping up the presenter’s ladder (from poster to roundtable to a symposium now!). I suppose the bigger moment for me was the opportunity to help my fellow friends and colleagues co-present in the symposium with me and help them be more confident with their presentation. Plus, it is always nice for me as a professional to advance my work with the gifted and talented population. Drs. Lynn Bufka and Stephen Chou came up to us (Jenny Wu, Stephen Loke and I) later to congratulate us on a job well done and also to emphasize the importance of talking about the gifted and talented Asian Americans, a group that I think is over-looked when we look at the deficit model of being the Model Minority. What about those who do fit the Model Minority stereotype??? They need support too!

Fast forward again, it’s the AAPA Jeopardy Game time. The student team (Annie Gupta, Lauren Berger, Phillip Dang, and I) didn’t do too well... The games were rigged I joked, how would we know what the past-AAPA presidents habits and quirks are? I guess we could have clinched it with the final question, “What is the Asian country that was a British colony and now is under military control?” I had a feeling that it was Myanmar...but I didn’t speak out (Sorry Annie!) It was a long day... I was the newsletter photographer; host for DoS business and social meeting; chair and presenter at my symposium on gifted Asian American; and played human connector that helps link new students, old students and professionals alike... so I deserve a break! Note to self: Learn to say NO to have more things on my plate next year!

Post-AAPA convention, on a Friday evening, on behalf of DoS, I hosted our first social dinner. It was well attended with around 16 DoS members and DoS board members. Again, the pictures are on Facebook. From the initial pre-dinner meeting at the Division 45 social hour, to the actual event, which was dinner at a Thai restaurant in Gaslamp District, to chilling at a local bar and ending the night at the San Diego Marriot Hotel poolside, it was a blast! There was lots of bonding, and professional networking I assure you, and some fun times with some AAPA professionals who joined us at the bar. Good time indeed!

In summary, it was a great convention, before, during, and after the AAPA convention! Now, this is my fourth convention attendance in a row, and I still vividly recall being lost and overwhelmed at my first convention. This was on top of feeling like an outsider because I didn’t know anyone. So, for those who are new, keep coming to the conventions and start writing for the awesome newsletter, and in due time, you will enjoy AAPA as much as I did!

### **AAPA Listserv**

To signup for the AAPA listserv, send an email to

[majordomo@sfsu.edu](mailto:majordomo@sfsu.edu).

In the body of the email type (minus the quotes) “subscribe aapa”

To send a message to the entire listserv email your contribution to [aapa@sfsu.edu](mailto:aapa@sfsu.edu).

### **University of Washington**

Postdoctoral Fellowship  
Alcohol Research

The fellowship will provide training for individuals who wish to pursue a career in alcohol research, with an emphasis on the etiology and prevention of problem drinking and alcohol dependence. For more information please see our website:

<http://depts.washington.edu/cshrb/newweb/postdoc.html>

## A Summary of AAPI Concerns at PWIs

*G. Nicole Rider, Jocelyn Buhain, Michelle Wang*



The Asian American Psychological Association annual conference is an event that many participants schedule to attend far in advance. Students and professionals have several different reasons for attending each year whether it is to disseminate research findings, meet new individuals in the field, or socialize with old friends. For some, it is an opportunity to exchange ideas and find support where they otherwise may have limited accessibility to resources (e.g., they work or attend school in predominantly White institutions).

Most research on AAPI individuals is conducted in cities with large AAPI communities (Nguyen, Huynh, & Lonergan-Garwick, 2007); therefore, information about individuals from small AAPI communities is

sparse. Despite efforts to increase ethnic diversity on university campuses, AAPIs remain underrepresented (Niemann & Dovidio, 1998; Turner, Gonzalez, & Wood, 2008). Since AAPIs are frequently stereotyped as model minorities (Lee, 1994; Young & Takeichi, 1998), their unique issues are often disregarded by faculty, staff, and administrators. Many AAPI students report feeling devalued, unimportant, and isolated which complicates their college adjustment (Gonzalez, 2002; Museus, 2008). AAPI students often report their lived experiences are excluded in curricula, and this lack of representation has been suggested as a barrier to educational success and future aspirations (Maramba, 2008).

For the 2010 conference, five graduate students and professionals from predominantly White universities across the United States collaborated on a project to advocate for Asian American/Pacific Islander (AAPI) concerns in underrepresented institutions. Our goal was to create an interactive forum that would provide a unique opportunity for dialogue to address issues facing AAPI students and professionals, encourage support, and create allies. The presenters recognized that the conference was one of the few places that this unique opportunity could be made available.

The format of our presentation included a formal presentation and interactive discussion. Since almost all attendees were graduate students, the professionals only touched on their sections, as it did not reflect the needs of most individuals in the room. The graduate student presenters discussed research-based and personal challenges, including absence of ethnic student organizations, mentors, advisors, or role models. Next, our faculty presenter discussed mentoring and the inclusion of AAPI issues into curricula and pedagogical concerns. Finally, counseling center psychologists highlighted outreach efforts that could be utilized to connect with AAPIs and increase awareness about AAPI issues on campus. One of our presenters was able to join us via Skype since she was unable to be physically present.

A large percentage of our session included a discussion around one particular question – What are challenges you have faced or experienced in your institution? Many attendees agreed that they felt they were expected to be the “spokesperson” for all AAPIs and felt pressured to educate their classmates about their experiences. Though students perceived themselves as a “spokesperson,” many felt the classroom was lacking the safety and support needed to share these experiences. Participants reported negative and invalidating responses, including other classmates rolling their eyes, making comments of disbelief, or making statements such as

“We are going back to this again...” Though many of the participants shared these experiences, it was also the consensus that they rarely felt they could express their frustration or anger about feeling invalidated. One attendee said, “I don’t have room to be upset about what happened because I have to console others.” Many others in the room expressed similar sentiments and agreed that they are often put in the position of having to console “white guilt,” leaving them little space to process their own emotions. As a result of this dilemma, many students remain silent due to not wishing to evoke negative reactions or be perceived as the “token Asian.”

Conversely, there were two students in the room who reported that they attend an institution supportive of their needs as members of the AAPI community. These students have faculty who advocate for them and are sensitive to their needs. Their schools also have organizations for racially diverse student groups, who meet regularly to support each other by attending to one another’s concerns. These two students reported that having these organizations helped with their adjustment in school and created a sense of community so they did not feel as alienated.

During the final portion of our session, we had a brief discussion about support systems. Interestingly, the most commonly talked about form of support was the popular internet blog, “Angry Asian Man”! Students felt it was a great blog site to read and learn about AAPI issues, feel connected with a community at large, and get a laugh at times. The second most common response was more related to helping the AAPI community by disseminating the information provided in this session as well as the conference as a whole. Participants thought it was particularly important for attendees and non-attendees to have a place to review information from the conference. This is our attempt at fulfilling this suggestion and to offer support to others who may feel isolated or have other struggles in their home communities.

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*The Asian American Psychologist* is published three times annually and provides a forum to inform members of news and events. Visit our website at <https://aapaonline.org>

## Section V

For many Asian Pacific Islander American (APIA) women, feminism is often an unnamed and unexplored territory. What is feminism? How is it present and integrated in the lives of APIA women psychologists? Since the inception of the section in August 2008, Section V of Division 35 of the American Psychological Association has been committed to supporting and promoting awareness of the diverse voices of APIA women who identify as feminists. We have accomplished a great deal due to the guidance and support of the many APIA women who have been ensuring women's voices were at the table over the years. Our Executive Committee group represents a community of women who are passionate about APIA women's issues and bring this energy and compassion into their personal and professional interactions.

We would like to take this opportunity to share some of our accomplishments over the past year. At the 2010 APA convention, we sponsored two sessions as part of Division 35, 1) *Integrative Case Conceptualization – Asian Pacific Islander American Women*, and 2) *South Asian Women through Multiple Lens – Health, School, and Religion and Culture*. In addition, Section 5 was represented by Edna Esnil on a symposium panel, *Psychological Practice Guidelines and Diverse Groups of Women and Girls*. Catherine Hsieh and Dhara Thakar, our student representatives, took the lead and submitted a conference session that was presented at the Asian American Psychological Association entitled, *Making Connections in the Next Decade: Strengthening Networks of Asian Pacific American Women Psychologists*. The interactive session was very well-attended and was a great opportunity for APIA women to dialogue about their personal and professional identities as well as to network with each other. Our section also collaborated with the Division of Women (DoW) within the Asian American Psychological Association to host a joint event in the Division 35's hospitality suite during the APA convention. We hope to make this collaborative project an annual event. Khanh Dinh, our newsletter editor, put together our first newsletter which was successfully used for recruitment purposes as well as made available on our section's website. As our membership continues to grow, we created a listserv for our members to facilitate communication and collaboration amongst us. We want to ensure that members feel connected to one another, and can easily share and disseminate relevant information as well as work together on current and new initiatives relevant to APIA women.

There is much to anticipate for the future of Section V. Though there is a lot of work to do ahead of us, we are excited about moving forward and growing together as we explore APIA feminism and related areas of diversity and social justice. During our recent business meeting at APA in San Diego, the EC group expressed interests in finding unique ways to engage the Asian American feminist psychology community. Several creative ideas were shared including poetry, photography, art projects as well as documenting Asian American feminist narratives. We want to continue to find creative ways to reach out to current members as well as potential members regarding mentorship and networking. We also hope to partner with other sections of Division 35 as well as with DoW of AAPA on future programming and projects. As we look forward to 2011 and beyond, our goal is to bring to the forefront and center the voices, experiences, and wisdom of APIA women. We hope you will join us in this endeavor and in strengthening the mission of Section V. For more information on Section V, please visit our home page: <http://www.apa.org/divisions/div35/Sections/5/section5.html>.

Renewing your AAPA membership is easy, just click on this link:  
[AAPA website.](#)

## 2010 Education Leadership Conference

*Paul S. Wang*



As an AAPA representative in attending the Educational Leadership Conference (ELC), I traveled to Washington DC in September 2010 to attend a 4 day leadership advocacy conference. I visited Capitol Hill to ask Senators and House Representatives to “provide \$7 million in the House FY 2011 Labor-Health & Human Services-Education Appropriation bill for the Graduate Psychology Education (GPE) Program within the Allied Health and Other Disciplines budget activity of the Health and Resources and Services Administration”.

The ELC is APA’s major education advocacy event hosted by the APA’s Education Directorate. The advocacy goals of the APA’s Education Directorate are to increase federal support for psychology education and training and expand the role of psychology in education. The theme of this year’s ELC was *Psychology and Lifelong Learning*. Symposiums and interactive sessions were presented on issues related to the scientific foundations of adult learning; training students for a career of lifelong learning; technology that promotes lifelong learning; psychology’s role in enhancing lifelong learning; and lifelong learning for researchers, practitioners and faculty/teachers. The major theme of all the presentations was on finding the most effective ways to foster lifelong learning skills.



Paul Wang & Norman Anderson, Ph.D., APA Chief Executive Officer and Executive Vice President, & Carol Goodheart, EdD, APA President

The second part of the conferences entailed dividing participants into five discussion groups. The discussion groups were 1) Working with Cross Professional Teams in Educational and Other Settings, 2) How to Work with the Media (And Use Media to Promote Your Work), 3) Promoting Professional Development Opportunities for Teaching Faculty, 4), Professional Development for Practitioners: Critical Issues in Continuing Education and Lifelong Learning, and 5) Specialties, Specialization, and Specialists in Professional Psychology and the Role of Lifelong Learning. I participated in the discussion groups on issues related to Media and Professional Development for Practitioners.

During the media discussion group, Ms. Kim Mills, the Associate Executive Director of Public and Member Communication for the APA, addressed tips for promoting our work in the media (e.g., how to reach out to the media, what to do when being asked for an interview, ways to present professionally in the media and how to get your message across, etc.). During the discussion, I advocated for the need to increase awareness of Asian American Psychology in media. I contributed to the discussion related to diversity and provided psycho-education regarding issues pertinent to the Asian American communities.

In the discussion group on Professional Development, Dr. Nadine Kaslow, President of American Board of Professional Psychology, facilitated the discussion on critical issues related to continue education and lifelong learning (e.g., diversity and ethics, how to use practice to inform research, self-assessment and planning, etc.).

Dr. Kaslow also shared two models of self-assessment and presented on ways to create CE models that are individually tailored to ones learning styles and needs. Discussion on ways to promote lifelong learning included recommendations such as preparing for and giving presentations, peer group supervision, case discussions and consultation, and so forth. In the discussion, I emphasized the continued shortage of diversity training and education in both graduating training and continue education. I addressed the complexity of cultural diversity and advocated for further advancements in ethnic minority psychology.



Paul & Melba Vasquez, Ph.D., APA President Elect

In preparing for the hill visit, training was provided on advocacy (e.g., the legislative process and how to write a legislative letter) and this year's legislative request was reviewed. This year's request was to ask for the support of House level of \$7 million for the GPE Program for FY 2011. GPE is a program that supports interdisciplinary training of graduate psychology students while providing mental and behavioral health services to underserve populations (older adults, children, chronically mentally ill persons, minority persons, victims of abuse and trauma including veterans and unemployed person) in rural and urban communities. During the hill visit, in addition to advocating for funding to support the three main population that APA declared as underserved (i.e., Veterans, un-



Paul Wang & Judy Chu, Ph.D., Congresswomen, & Frank Worrell, Ph.D., UC Berkley Associate Dean of Academic Affairs.

employed/underemployed, and geriatrics), I also pointed out the insufficient funding to support the training of Asian American psychologists. I shared that with the increase in funding, community mental health sites such as Asian Pacific Family Center, RAMS, and South Cove can potentially increase the number of psychology interns in receiving culturally specific trainings.

As an early career Psychologist, it was an honor to represent AAPA in attending this year's ELC. I was able to contribute by raising issues pertinent to Asian American Psychology and advocate for increasing racial and diversity perspectives in education and training. It is my hope that we can continue to collaborate with APA to reemphasize our needs and further the advancements of Asian American Psychology.

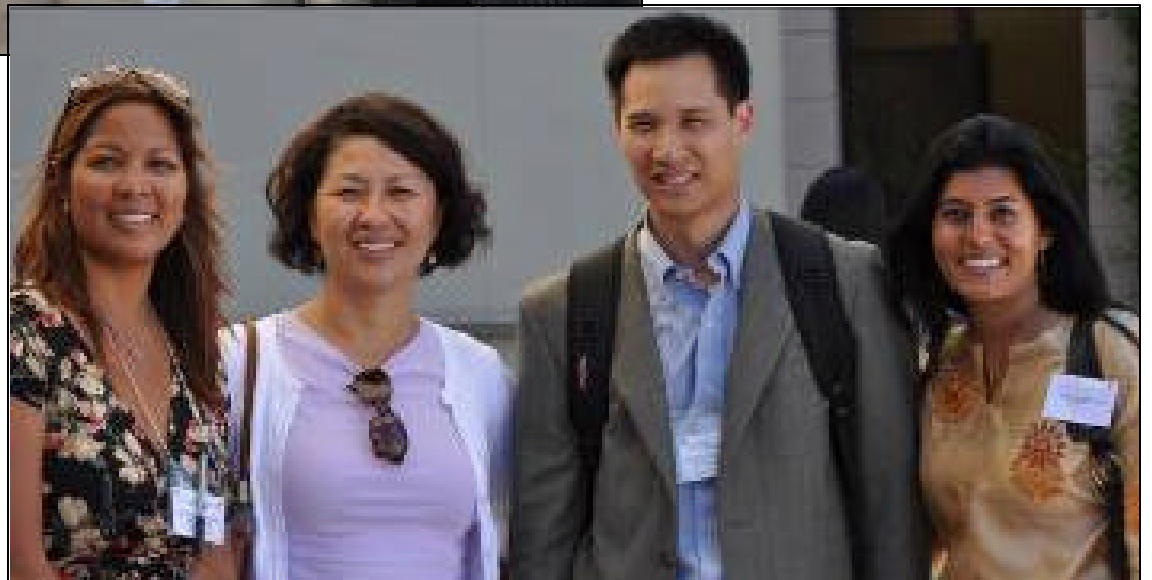


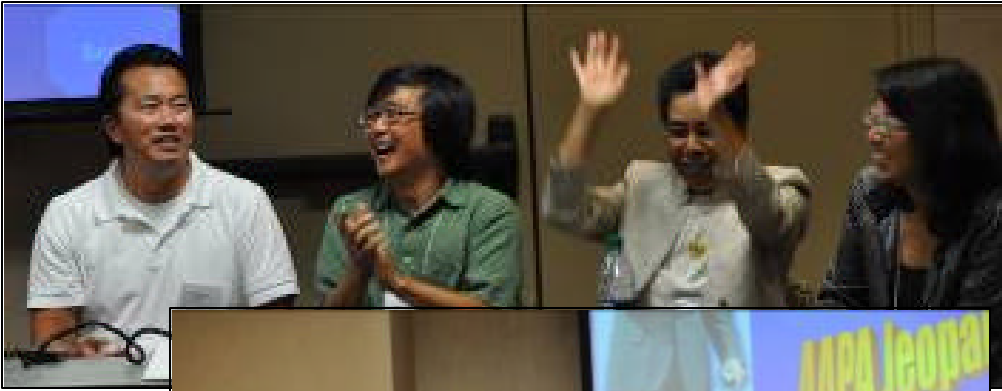
Paul Wang & Cynthia Belar, Ph.D., ABPP, Executive Director of APA's Education Directorate



# Photo Highlights From The AAPA Convention 2010







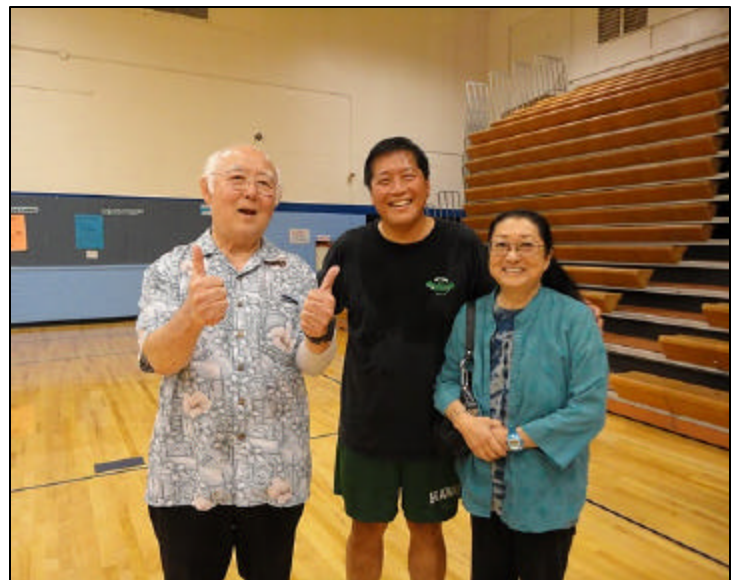
## Faculty vs. Student Jeopardy



## Discussion on Microaggression



# Basketball



# Division of Students



# AAPA-Division of Student Fall 2010 Update

Kai Kok "Zeb" Lim



Greetings AAPA students! My name is Zeb Lim, AAPA-DoS Chair for 2010-2012. On behalf of AAPA-DoS Board of 2010-2012, I am here to summarize and update you about AAPA-DoS events and happenings that may be relevant to you.

The new AAPA-DoS board officially came on board on August 31<sup>st</sup>, 2010; however, we have been active in getting the ball rolling in the recent AAPA/APA 2010 convention. We ran the DoS business meeting and social meeting during lunchtime, and hosted our first ever DoS dinner social during APA. If you missed out, don't worry, we look forward to organizing more get-togethers in the future.

AAPA-DoS is on Facebook now! We have a fan page titled *Asian American Psychological Association – Division of Student*. As of the current writing of this column, we have 44 fans. I know, we could do better, and that's why we need your help to get the word out to your friends and colleagues, and invite them to be a fan of the AAPA-DoS fan page! Membership is not required to being a fan of the AAPA-DoS fan page. However, you will find there are many benefits to be a member of AAPA, such as discounts on the annual convention registration, receipt of the *Asian American Journal of Psychology (AAJP)* and belonging to the national Asian American psychology organization that advances the study and practice of psychology with Asians and Asian Americans.

Being a fan of our Facebook page allows you to receive up to date updates about our events, and also allow you to check out the many great pictures taken during the AAPA convention, especially the business/social meeting and the social dinner that we organized. You can also check out the photos from the Division 35/45 Social Dance where a number of AAPA-DoS members attended. Our presence is definitely not limited to the official AAPA convention hours. We want to provide an almost seamless personal and professional networking experience, from the day before AAPA convention begins to the last day of APA convention, and maybe even beyond if possible.

If you missed our AAPA-DoS social dinner, look forward towards the National Multicultural Conference and Summit (NMCS) 2011 conference in Seattle, Washington, where we hope to organize another social dinner to allow AAPA-DoS members to get together and connect with one another. Part of the challenges of organizing the social dinner is getting our members to attend. I know, as a shy and introverted person (which nobody seems to believe me it seems!), it is scary and downright phobic to meet up with a bunch of other people who seem to have known one another for decades. Let me assure you that once you get over your initial fear of moving out of your comfort zone, you will find that there are others who are just like you (scared and too shy to meet others, or at least me), and have a great time. After all, you are attending dinners with a group of psychologists-in-training. Where else can you find a group of warm and empathetic people? So, get over your fear and join us for future dinners!

There are plans afoot to offer more student-related programming and to get our members involved beyond our annual business/social meeting and the social dinner. For now, I will have to keep it a secret because I do not want to disappoint you if it does not work out as planned. But, we do want to hear from you about what we can do to better support your academic studies, your social networking with other Asian and Asian American psychology students, and your mentoring relationship with advanced psychology students. Don't forget, AAPA-DoS offers annual student awards in the areas of 1) Graduate Research, 2) Undergraduate Research, 3) Leadership, and 4) Service, which are awarded during our business meeting at AAPA convention. We encourage you to apply next year!

At the end of the day, on behalf of the AAPA-DoS Board of 2010-2012, I want to emphasize that the many fun things that we have done during AAPA/APA convention have been done with support from you! It would be great to have all these great events, but it would have been for naught if nobody showed up right? So, thank you so much for showing up for our events in recent months! Also, I want to thank the past DoS Board of 2008 - 2010 for making a graceful exit and allowing the new DoS Board to display our talent and enthusiasm for a new 2-year term. Finally, a great thank you to the new board for coming on board with the events planned and doing their part in ensuring it ran smoothly. To a new AAPA-DoS 2-year term, may many more great things happen!

# Finance Report

*Krista M. Chronister*



I am pleased to provide the Executive Committee with a brief summer quarter report of our accounts. As of October 1, 2010 we have \$22,028.28 in our checking account and \$45,568.38 in our savings account, for a total of \$67,596.66. Our primary expenditures during the summer

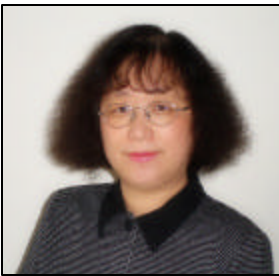
quarter were associated with the AAPA convention and our primary income sources were associated with the AAPA convention and membership dues. Membership dues income from

June 1 to October 1, 2010 is \$4,370.00. Details about convention expenses and income are provided in the Convention Report.

ACCOUNT	Amount
Checking	\$22,028.28
Savings	\$45,568.38
<b>TOTAL</b>	<b>\$67,596.66</b>

# Membership Report

*Meifen Wei*



I am writing this report as the new Membership Officer for AAPA. I thank AAPA's President, Gordon Hall, for inviting me to serve in this position and to have this opportunity to serve you.

This year, we are able to register online to renew our 2011

membership directly through our new website ([www.aapaonline.org](http://www.aapaonline.org)). (Special thanks to our former Membership Officers [Miki Lasher and Debra Kawahara] and former President [Karen Suyemoto] for their efforts and dedications to make this happen.) We are currently in the final stage of testing the system. When our online registration system is ready for use, I will send out an email concerning 2011 membership renewal.

For 2010, we have a total membership of 310 individuals and organizations. Please see the table below for a breakdown of number by membership category.

This year, our AAPA President, Gordon Hall, will continue his commitment to give \$500.00 to the person who recruits the most members to AAPA by the August 2011 convention. It could be YOU! **Please help us recruit new members to join our AAPA community.**

### New!!! Benefits of being a current member:

You have access to the "Members Only" part of the AAPA website. There are some of the awesome features of our new site:

1. Posting your syllabi and reviewing members' syllabi
2. Searching for members or referrals

3. Voting
4. Modifying your personal account at anytime

In addition, you will receive the **Asian American Journal of Psychology (AAJP) for free (starting from Jan 2011, only current members will receive AAJP)**, the AAPA newsletter, discounted conference registration, and opportunities for networking with experts in the field of Asian American psychology.

Thanks for your support! I hope that AAPA will continue to grow in the future! Please renew your membership online at [www.aapaonline.org](http://www.aapaonline.org) after you receive an email from me that it is ready for use or print the 2011 AAPA Membership Application Form.

If you have any questions regarding membership, please contact me (Meifen Wei, [wei@iastate.edu](mailto:wei@iastate.edu), 515- 294-7534). If you wish to change your contact information (e.g., address, email address, or phone number), please contact me so we can continue to keep in touch with you.

Membership	2010
Emeritus/Retirees	4
Lifetime Members	17
Professional	117
Early Career	26
Student	145
Organization	1
<b>TOTAL</b>	<b>310</b>

## Announcements

### Volunteer needed for Bay Area DoW Coordinator



San Francisco Bay Area DoW meetings present an opportunity for members of both sexes to network with other professionals, discuss unique issues and challenges affecting Asian women, obtain valuable job and internship leads, prepare for APA/AAPA conventions, consult on clinical matters, and provide support and connect to Asian women mental health professionals across the Bay Area.

For over twelve years, the Bay Area DoW has been coordinated by Darcy Ing from her home in Alameda. During her tenure, DoW members met at members' homes for films and potlucks, enjoyed tasty dim sum lunches in Bay Area restaurants, saw Asian-themed films, discussed clinical issues affecting Asian women, and attended exhibits at the Asian Art Museum. During one special meeting, we enjoyed a walking tour of San Jose's historic Japantown, one of the last three remaining Japantowns in the U.S. We also toured Angel Island, where we learned about the history of Chinese immigration on the West Coast.

In the summer of 2010, Darcy accepted a position with Counseling & Spiritual Care Center of Hawaii ([www.cscch.org](http://www.cscch.org)) and relocated to Oahu to be with her family. Bay Area DoW members would like to express their appreciation for Darcy's years of dedicated service to Asian American women's issues and to maintaining their connections to each other for so many years.

We are now seeking a volunteer to help coordinate future Bay Area DoW meetings. Please contact Natacha Foo Kune or Agnes Fong if you would like to help. Darcy has also volunteered to act as a consultant for the new coordinator and has names of several folks who are also willing to help provide support.

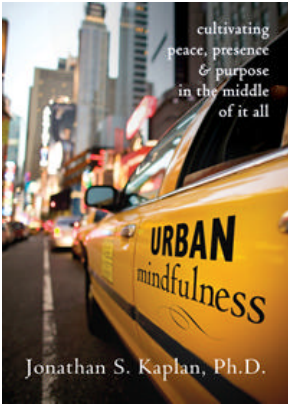
### CALL FOR PAPERS

Special Issue on the Secondary Analysis of the  
National Latino Asian American Study (NLAAS) Dataset  
for the

*Asian American Journal of Psychology*

For many decades, there was a dearth of community-based epidemiological studies of mental health problems among Asian Americans despite the NIMH Epidemiological Catchment Area (ECA) program of study from 1980-1985. The field was restricted to clinical case studies and treated prevalence studies (i.e., clinic and hospital visit data) to gauge the nature and extent of mental health problems within the Asian American communities. The NIMH funding of the National Latino Asian American Study (NLAAS) was a pioneering step in correcting that situation. The National Latino and Asian American Study (NLAAS) is "a nationally representative community household survey that estimates the prevalence of mental disorders and rates of mental health service utilization by Latinos and Asian Americans in the United States" (<http://www.icpsr.umich.edu/CPES/background.html>). It also contains variables that allow for the comparison of "social position, environmental context, and psychosocial factors with the prevalence of psychiatric disorders and utilization rates of mental health services". This is a call for papers for a special issue of the *Asian American Journal of Psychology* that will be devoted to empirical studies based on the NLAAS dataset. The purpose of this special issue is to highlight and showcase the empirical research that has been generated by the release of the NLAAS for secondary analysis and to promote more research using that dataset. This special issue will include empirical articles that are based on analysis of the Asian American data within the NLAAS dataset. Studies using comparative data from other datasets within the CPES with those from the NLAAS dataset will also be permitted. Manuscripts will need to be submitted through the AAJP web portal ([http://www.jbo.com/jbo3/submissions/dsp\\_jbo.cfm?journal\\_code=aap](http://www.jbo.com/jbo3/submissions/dsp_jbo.cfm?journal_code=aap)) by December 1st, 2010 and will undergo the usual peer review process. A cover letter indicating that the submitted ms is for the NLAAS special issue should also be included with the submission. Questions regarding this special issue may be directed to Editor of AAJP by email.

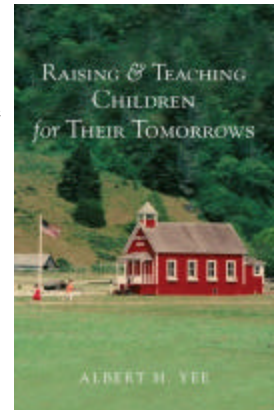




Dr. Jonathan S. Kaplan, former Secretary/Historian of AAPA, is excited to announce the release of his first book, Urban Mindfulness: Cultivating Peace, Presence, and Purpose in the Middle of It All. Based on his experiences as a clinical psychologist in New York, it provides tips and reflections on the practice of mindfulness—nonjudgmental awareness of the present moment—based on common experiences of living and working in the city. In addition to chapters on subway meditation and mindful texting, he writes about becoming aware of our assumptions and biases when we meet people who are different from ourselves racially, ethnically, and culturally. For more information, please visit [UrbanMindfulness.org](http://UrbanMindfulness.org), [NewHarbinger.com](http://NewHarbinger.com), or [jonathanskaplan.com](http://jonathanskaplan.com). If you buy the book (available through Amazon and Barnes & Noble), he promises to sign it when he sees you at the next AAPA conference.

Albert H. Yee's new book entitled "Raising & Teaching Children for their Tomorrow" should be released in October. The book will be published by Tate Publishing. "Raising & Teaching Children for their Tomorrow" is a social-psychologically and historically based and makes use of social and educational statistics in support of the book's recommendations.

Albert H. Yee, AAPA President, 1979-1982



**October 15-16, 2010**

**The Institute for the Study and Promotion of Race and Culture 2010 Diversity Challenge: Race and Culture in Teaching, Training, and Supervision.**

Each year the Institute for the Study and Promotion of Race and Culture addresses a racial or cultural issue that could benefit from a pragmatic, scholarly, or grassroots focus through its Diversity Challenge conference. The theme of the 2010 conference focuses on the impact of race and culture in the domains of teaching, training, and supervision. The two-day conference held at Boston College includes panel discussion/symposia, workshops, structured discussions, a poster session, and individual presentations by invited experts and selected guests including educators, administrators, researchers, mental health professionals, and community organizations. This year's invited speakers include Drs. Barry Chung, Nancy Boyd-Franklin, Kevin Nadal, Jean Wu, and Anderson J. Franklin. General information about the conference including pre-registration is available on the website, [www.bc.edu/isprc](http://www.bc.edu/isprc). Special student and group rates are available.

Please do not hesitate to contact me with any questions or concerns.

Thank you!

Cynthia E. Chen, MA  
Doctoral Candidate  
Counseling Psychology  
Lynch School of Education  
Boston College

Helen Hsu has accepted a new position as Clinical Supervisor with Youth and Family Services (YFS), a management role in the Human Services division of City of Fremont. This year YFS is training 25 Master's and Doctoral level interns and trainees who are providing culturally competent clinical services at 21 public school campuses. YFS also features an infant toddler program, services at the Fremont police department, Parent Project parent education program, truancy intervention program, and clinic-based services. The City of Fremont is extremely diverse and interns who speak Punjabi, Spanish, Mandarin, ASL, or Farsi, or who have a strong interest in children and families are encouraged to apply for next Fall!

### **Biracial adults of Chinese and White European backgrounds needed for multicultural research**

- Are you 18 years of age or older?
- Are you biracial with a Chinese or Chinese American parent and a White European parent?
- Were you born in the U.S.?
- Would you like to take part in a raffle for 10 *Amazon gift cards of \$35*?

I am a graduate student in clinical psychology and I am currently conducting a study on ethnic identity. For more information and to participate in the study, please visit <https://www.psychdata.com>

Thank you.

Meilin Mehri, M.A.  
Doctoral Candidate  
The Wright Institute  
Berkeley, CA

### **Hello AAPA!**

The Division of South Asian Americans (DoSAA) has had a fabulous year and is looking forward to another year of growth with our newly elected Executive Committee for 2010-2011:

*Chair:* Lina Patel

*Co-chair:* Ulash Dunlap

*Chair-Elect:* Kusha Gujrati

*Treasurer:* Razia Kosi

*Historian/Secretary:* Sheetal Shah

*Membership/Nominations/Elections Chair:* Nima Patel

*Communications Chair:* Natasha Thapar Olmos

*Student Representative:* Monique Shah Kulkarni

*Senior Advisory Council:* Shamin Ladhani, Neha Navsaria

DoSAA continued its growth and development this year as it strives to advocate for, outreach to, and support South Asian mental health issues. We began to build more community this year at the APA conference by hosting a networking and brainstorming luncheon, bringing together members and new faces to discuss ideas for further developing DoSAA's identity as a professional division and participating in activities during the upcoming year. These include developing our website, creating and circulating a membership directory, and continuing our involvement in the South Asian community at large. Our division also sponsored its second conference symposium at AAPA; this year's was titled "Creative and Culturally Responsive Outreach with South Asian Populations".

This AAPA conference also marked the beginning of an annual award for students dedicated to contributing to the field of South Asian mental health. Two graduate students, Manveen Dhindsa and Dhara Thakar, received DoSAA's inaugural student awards and their research was featured in our recent newsletter. Manveen's study examined rates of abuse among South Asian and White males in relation to cultural values such as honor and face, and Dhara's project involved consultation and program development with staff at a community based treatment center in Bhavnagar, Gujarat.

DoSAA has also been aware of several events during the past year that have impacted South Asian individuals and communities. These include responding to the Fort Hood attacks, the publishing of a controversial article in TIME magazine about Indians in Edison, NJ, and the current controversy over the building of a mosque near Ground Zero. Our division has been active in disseminating information about these events and in some cases, issuing responses on behalf of the division.

We look forward to another year as part of AAPA and as a home for those involved in South Asian mental health! To become a member please contact our Membership Chair, Nima Patel, at [nimapatel@hotmail.com](mailto:nimapatel@hotmail.com).

## 2011 AAPA Membership Application

**Please check one:**  New Member  Renewing  Renewing, but new category (e.g., Student to Early Career)

**If you were referred by an AAPA member, please list person:** \_\_\_\_\_

### A. All Members — Please complete the following:

Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

Mailing Address: \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Phone: \_\_\_\_\_ Gender: \_\_\_\_\_

Highest degree earned: \_\_\_\_\_ Year degree earned: \_\_\_\_\_

Institution from which this degree was earned: \_\_\_\_\_

Ethnicity: \_\_\_\_\_ Languages (other than English) \_\_\_\_\_

Research/Practice Interests (5-6 words):  
\_\_\_\_\_

Areas in psychology in which you received or will receive your degree (e.g., clinical, I/O, social, etc)  
\_\_\_\_\_

I permit AAPA to release my contact information (name, address, email) and/or research interests:

To professional organizations? \_\_\_\_\_ YES \_\_\_\_\_ NO

In AAPA member directories (e.g., print or on the website)? \_\_\_\_\_ YES \_\_\_\_\_ NO

To prospective employers? \_\_\_\_\_ YES \_\_\_\_\_ NO

### B. Professional & Retiree/Emeritus Members — Please complete these items:

Institutional/Organizational affiliation (if employed, current; if retired, previous and year retired):  
\_\_\_\_\_

Position Title (current/previous):  
\_\_\_\_\_

### C. Student Members only — Please complete these items:

School where you are enrolled: \_\_\_\_\_

Degree objective (e.g., Ph.D., Psy.D., MA., M.S.W.) : \_\_\_\_\_ Expected graduation date: \_\_\_\_\_

**Please Note:** Membership in AAPA runs January 1 – December 31 yearly, regardless of when membership dues are received. However, dues received after September 30 will be applied to the following year's membership. You can register online (for new or renewed membership) at our website, [www.aapaonline.org](http://www.aapaonline.org). If you wish to mail in your membership application form and payment to our central office (see address below), please allow 6-8 weeks for processing. Checks not honored by your financial institution will be subject to a \$25.00 fee.

Please make your check payable to AAPA and send this entire form with your payment to:  
Asian American Psychological Association  
5025 North Central Avenue, PMB #527  
Phoenix, AZ 85012

## Description of Membership Statuses

**Professional Members** - Persons with a master's or doctorate degree in psychology, mental health, health, or related fields and/or professionals whose work and interests are consistent with the purposes of the Association.

**Early Career members** - Professional members who are within 2 years of receiving their terminal degree and who hold positions as post-doctoral interns, post-doctoral fellows, assistant professors, or comparable level positions. Members can remain in this status for a maximum of two years.

**Retiree/Emeritus members** - Professional members who are retired from their positions. These persons must have been a member of AAPA for at least 5 years before paying dues at this level. Retiree/emergitus members pay dues at one-half the rate as professional members.

**Student members** - Undergraduate or graduate students in psychology, counseling, mental health, or related fields. *Student members of AAPA also automatically become members of the Division on Students with no additional fee.* Six dollars in dues support the Student Division, while the remaining monies support AAPA.

**Associate Organization members** - Include, but are not limited to, organizations interested in the purposes and objectives of the Association.

DUES & DONATIONS		AMOUNT	ENCLOSED
A. General Membership (1year)	Professional Member	\$70.00	\$
	New Professional Member (1 <sup>st</sup> year)	\$50.00	\$
	Retiree/Emeritus Member	\$20.00	\$
	Early Career Professional Member	\$50.00	\$
	Student Member	\$35.00	\$
	Associate Organization Member	\$70.00	\$
B. Division on Women <sup>1</sup>	Professional Member	\$15.00	\$
	Student Member	\$6.00	\$
C. Division on South Asian Americans <sup>1</sup>	Professional Member	\$15.00	\$
	Early Career Professional	\$10.00	\$
	Student Member	\$6.00	\$
D. Donations <sup>2</sup>	General Fund	\$25    \$35    \$50	\$
	Dissertation Grant	\$25    \$35    \$50	\$
	Best Poster Award	\$25    \$35    \$50	\$
	Student Travel Award	\$25    \$35    \$50	\$
	Division on Women	\$25    \$35    \$50	\$
	Division on South Asian Americans	\$25    \$35    \$50	\$
<b>TOTAL AMOUNT ENCLOSED</b>			\$

<sup>1</sup>Membership in the Division on Women or Division on South Asian Americans is optional, but you must be a member of AAPA to join DoW or DoSAA.

<sup>2</sup>AAPA is a tax-exempt organization under IRS code section 501c (3) and all donations to AAPA are tax deductible. As a nonprofit, AAPA and its Division on Women accepts donations to help finance activities. Please consider donating.



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**ASIAN AMERICAN  
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Advertising Policy**

Asian American Psychologist, the official newsletter of the Asian American Psychological Association (AAPA), is published 3 times yearly (Fall, Spring, Summer) and distributed to over 500 members of AAPA. For information on specific publication dates and advertising submission deadlines for upcoming issues, please contact the advertising editor. AAPA is a federally recognized non-profit organization.

**Advertising Rates and Typesetting**

Typical display advertising rates are based on column length (see below). Each advertising column is approximately 2 & 1/4 inches wide. There are 3 columns per newsletter page. The advertising rates are:  
3-inch column ad = \$60.00  
6-inch column ad = \$90.00  
9-inch column ad = \$120.00

Requests for alternative typesetting for an ad can most often be accommodated at no extra cost. The rate billed will be based on the page area covered that corresponds to the advertising rates shown above.

**Submission of Ads**

It is recommended that text-only ads be submitted via email MS Word format to the advertising editor (see below). If special graphics are desired to appear in the ad, submission of camera ready copy which conforms to the ad sizes described above is required. The name and complete mailing address of the person or institution to be billed must accompany the submission of the ad.

Submit ads by email to:

[Tigerson.Young@gov.bc.ca](mailto:Tigerson.Young@gov.bc.ca)

**Billing**

A billing statement will be sent after an ad is successfully submitted. It is the policy of AAPA that in the event there is a delay in the publication of the newsletter such that your application deadline is missed, you will not be charged or we will fully refund your payment. Payment must be a check or money order made payable to "AAPA" (we cannot process credit card payments).

